

KOREAN

韩式餐盒

NOM NOM

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 4

DATE

MAIN



MAIN



SIDE



SIDE



RICE



MONDAY

19 Sep

Korean Marinated Beef
韩式酱牛肉
牛肉

Steamed Kimchi
Dumplings
泡菜蒸饺
大白菜猪肉

Spinach with Sesame
菠菜配芝麻
菠菜

Korean Side Dish
韩国小菜
上海青

Steamed Rice
白米饭

TUESDAY

20 Sep

Stir-fried Pork Belly
with Kimchi
泡菜炒五花肉
大白菜五花肉

Korean Fried Chicken Leg
韩式炸鸡腿
鸡腿

Stir-fried Choy Sum
Korean Style
韩式炒菜心

Korean Side Dish
韩国小菜
黄豆芽

Korean Bibimbap
韩式拌饭

WEDNESDAY

21 Sep

Korean Roasted Pork
韩式烤猪梅肉
猪梅肉

Stir-fried Fish Tofu with
Korean Chili Sauce
韩式辣酱炒鱼豆腐
鱼豆腐

Potato Cake
土豆饼
土豆

Korean Side Dish
韩国小菜
菜心

Steamed Rice
白米饭

THURSDAY

22 Sep

Korean Stir-fried Beef
韩式炒肥牛
肥牛卷

Korean Stir-fried
Vermicelli with Mixed
Vegetables
韩式杂菜炒粉条
洋葱红萝卜粉条

Stir-fried Shanghai Green
炒上海青
上海青

Korean Side Dish
韩国小菜
青瓜

Steamed Mixed Grains
Rice
杂粮饭

FRIDAY

23 Sep

New Orleans Grilled
Chicken Wing
新奥尔良烤鸡翅
鸡翅

Korean Jjajangmyeon
韩式炸酱面
青瓜土豆乌冬面

Korean Stir-fried
Shredded Seaweed
韩式炒海带丝
海带丝

Korean Side Dish
韩国小菜
白萝卜

Steamed Rice
白米饭