

Resolution

MONTEREY COUNTY BOARD OF EDUCATION

RESOLUTION NUMBER 22-23-02

Recognizing

NATIONAL RECOVERY MONTH

WHEREAS, each September since its inception in 1989, **National Recovery Month** is observed to educate Americans that substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live healthy and rewarding lives; and

WHEREAS, the 2022 theme for **National Recovery Month** is *Join the Voices for Recovery: Together We Are Stronger*, and conveys that it takes support from many to face the challenges of getting sober and that no one is alone in the journey to recover; and

WHEREAS, marking its 30th anniversary, **National Recovery Month** this year focuses on first responders, healthcare workers, community leaders, and advocates helping to raise awareness and support recovery; and

WHEREAS, the 2022 **National Recovery Month** observance promotes the dedication of service providers and community members who make recovery in all its forms possible, highlights new evidence-based treatment and recovery practices, and recognizes the emergence of a strong and proud recovery community; and

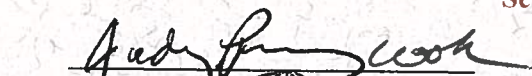
WHEREAS, during the COVID-19 pandemic, concerns about mental health and substance abuse have grown and the Monterey County Board of Education encourages community members to learn about mental and substance use disorders, recognize signs of trouble, and guide those in need to helpful support services; and

WHEREAS, there is a strong need to educate our communities on how substance use disorders affect children, families, and all community members, and that there are organizations throughout the county that provide residents of all ages with tools and support to overcome challenges, rebuild lives, strengthen families, and create lasting recovery and life-long change; and

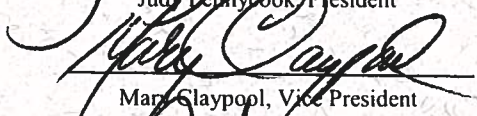
WHEREAS, the Monterey County Office of Education is dedicated to worksite wellness and is a Blue Zones Certified Approved Worksite, helping employees and family members to achieve healthy lifestyles, build positive connections, and develop purpose and a zest for life:

NOW, THEREFORE, BE IT RESOLVED, that the Monterey County Board of Education adopts Resolution Number 22-23-02 to recognize the month of September 2022 as **National Recovery Month** and invites all schools and school districts to participate in educating students and their family members about mental and substance use disorders and encourages them to advocate for and make mental health services a priority.

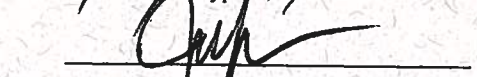
Passed and Adopted on the
Seventeenth Day of August, 2022



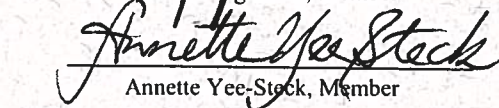
Judy Pennycook, President



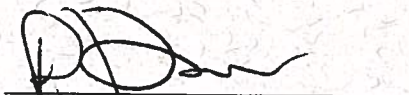
Mary Claypool, Vice President



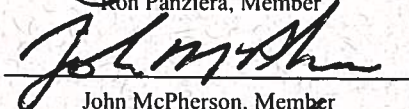
Janet Wohlgemuth, Member



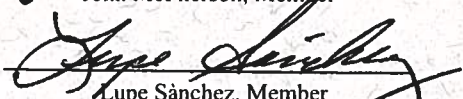
Annette Yee-Steck, Member



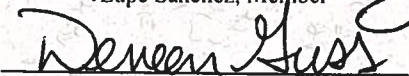
Ron Panziera, Member



John McPherson, Member



Lupe Sánchez, Member



Dr. Deneen Guss, Monterey County
Superintendent of Schools