

# EP Help on Hand

*where to go for what you need*



## **FAMILY RESOURCES PROGRAM GUIDE TO LOCAL PROGRAMS & SERVICES**

*Questions about these or other resources?*

Call the Eden Prairie Schools Family Resources Specialist at  
952-975-7030 or visit [www.edenpr.org/familyresources](http://www.edenpr.org/familyresources)



**EDEN PRAIRIE SCHOOLS**  
Family Resources Program

# Welcome to Eden Prairie!

We're so glad you're here! Eden Prairie was founded in 1858, and has since flourished into a vibrant and diverse community. As a community, Eden Prairie offers many activities, services, and resources to its residents and visitors. In order to find and access these opportunities, we have created this guide as a quick reference so you know who to call, or which website to visit, to serve your needs. Feel free to share this guide and its resources with a friend!

If you have any questions, or need extra support and resources, please reach out to the Family Resources Specialist at 952-975-7030. Our Specialist is always happy to help and provide a quick and immediate response.

*Brought to you by:*

**Eden Prairie Schools Family Resources** – *The goal of Community Education's Family Resources Program is to connect Eden Prairie students and families to resources in the community.*

**Community Engagement Impact Council (CEIC)** – *The CEIC is made up of Eden Prairie community partners that work together to support every resident and family in the area. Together, they offer the **EP Help on Hand** program to spotlight available resources within the Eden Prairie community.*

*Funding for this brochure was made possible by a Hennepin South Services Collaborative (HSSC) grant.*

See [www.edenpr.org/FamilyResources](http://www.edenpr.org/FamilyResources) for a more complete list of program and services categories.



## Information, Referrals, Connection to Services

*Macluumaadka, Gudbinta, Xiriirinta Adeegyada / Información, referencias, conexión a servicios*

- \*Eden Prairie Schools Family Resources Program.....952-975-7030 / [www.edenpr.org/familyresources](http://www.edenpr.org/familyresources)
- \*Eden Prairie Community Foundation (Resource Hub)..... [epcommunityfoundation.org/who-we-are/resource-hub/](http://epcommunityfoundation.org/who-we-are/resource-hub/)
- \*One City MN ..... 515-291-1542 / [onecityminnesota.org](http://onecityminnesota.org)
- \*People Reaching Out to People (PROP, wide range of services)..... 952-937-9120 / [www.propfood.org](http://www.propfood.org)
- Bridge to Benefits (screen for program eligibility online).....651-227-6121 / [www.bridgetobenefits.org](http://www.bridgetobenefits.org)
- Community Action Partnership (CAP-HC, wide range of services)..... 952-933-9639 / [www.caphennepin.org](http://www.caphennepin.org)
- Hennepin Co. Human Services Directory (connect to all county programs) ..... 612-348-4111 / [www.hennepin.us/residents/human-services/resource-directory](http://www.hennepin.us/residents/human-services/resource-directory)
- United Way First Call for Help (info on all MN programs)..... 211 or 651-291-0211 / [www.211unitedway.org](http://www.211unitedway.org)



## Child Care, After School Care

*Daryeelka Carruurta, Daryeelka Dugsiga Kadib / Cuidado de niños, cuidado después de la escuela*

- \*Eagle Zone Before/After School Care ..... 952-975-6940 / [www.edenpr.org/eaglezone](http://www.edenpr.org/eaglezone)
- \*EP Schools EPIC After School Enrichment and Summer Camps ..... 952-975-6940 / [www.edenpr.org/epic](http://www.edenpr.org/epic)
- \*EP Schools Little Eagles Preschool ..... 952-975-7200 / [www.edenpr.org/Preschool](http://www.edenpr.org/Preschool)
- \*PHCCP Coordinator (email to find licensed home daycare spots in EP).....[jedwardsmiller50@gmail.com](mailto:jedwardsmiller50@gmail.com)
- Care.com Website (search for all types of care) ..... [www.care.com](http://www.care.com)
- Child Care Center Website (list of centers in EP)..... [www.childcarecenter.us/minnesota/eden\\_prairie\\_mn\\_childcare](http://www.childcarecenter.us/minnesota/eden_prairie_mn_childcare)
- Greater Mpls. Crisis Nursery (emergency child care) ..... 763-591-0100 / [www.crisisnursery.org](http://www.crisisnursery.org)
- Hennepin Co. Child Care Assistance Program (financial help for child care) ..... 612-348-5937 / [www.hennepin.us/residents/human-services/child-care-assistance](http://www.hennepin.us/residents/human-services/child-care-assistance)
- Parent Aware (explore care options) ..... 888-291-9811 / [www.parentaware.org](http://www.parentaware.org)
- Think Small (Early Learning Scholarships/child care financial assistance for 3 & 4 year olds) .. 651-641-6604 / [www.thinksmall.org](http://www.thinksmall.org)



## Domestic Violence, Child Abuse, & Safety

*Rabshada Guryaha, Xadgudubka Caruurta, & Amniga / Violencia doméstica, abuso infantil y seguridad*

- \*EP Police Domestic Abuse Response Team ..... 952-949-6200 (ask for a DART Officer)  
[www.edenprairie.org/city-government/departments/police-department/crime-victim-information/domestic-abuse](http://www.edenprairie.org/city-government/departments/police-department/crime-victim-information/domestic-abuse)
- Asian Women United of MN (multi-lingual, 24/7 help) ..... 612-724-8823 / [www.awum.org](http://www.awum.org)
- Brian Coyle Center (non-emergency, Somali advocate) ..... 612-338-5282 / [www.puc-mn.org/brian-coyle](http://www.puc-mn.org/brian-coyle)
- Child Protection, Hennepin Co. (report child abuse) ..... 612-348-3552 / [www.co.hennepin.mn.us/childprotection](http://www.co.hennepin.mn.us/childprotection)
- CornerHouse (services for abused children & caregivers) ..... 612-813-8300 / [www.cornerhousemn.org](http://www.cornerhousemn.org)
- Cornerstone (24/7 local domestic violence hotline) ..... 952-884-0330 / [www.cornerstonemn.org](http://www.cornerstonemn.org)
- Day One (24/7 shelter hotline for those that have experienced domestic violence) ..... 612-348-4111 / [www.dayoneservices.org](http://www.dayoneservices.org)
- Esperanza United (bi-lingual, 24/7 help, Latina focus) ..... 651-772-1611 / [esperanzaunited.org/en/](http://esperanzaunited.org/en/)
- FamilyWise (parenting resources) ..... 612-617-0191 / [www.familywiservices.org](http://www.familywiservices.org)
- Midwest Children's Resource Center (care for abused children, 24/7 phone consultation)..... 651-220-6750 / [www.childrensmn.org/services/care-specialties-departments/midwest-childrens-resource-center](http://www.childrensmn.org/services/care-specialties-departments/midwest-childrens-resource-center)

\*=Located in Eden Prairie (EP), or services are specifically targeted for EP residents.

Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.

## Child Safety continued

MN Safe at Home Program ( <i>address confidentiality</i> ) .....	651-201-1399 / <a href="http://www.sos.state.mn.us/safe-at-home">www.sos.state.mn.us/safe-at-home</a>
SEWA - Asian Indian Family Wellness (24/7 help) .....	952-912-9100 / <a href="http://www.sewa-aifw.org">www.sewa-aifw.org</a>
Tubman (24/7 metro-wide crisis line) .....	612-825-0000 / <a href="http://www.tubman.org">www.tubman.org</a>
Women of Nations (24/7 help, Native American focus) .....	651-251-1609 / <a href="http://www.women-of-nations.org">www.women-of-nations.org</a>



## Education/Schools

*Waxbarashada/Dugsiyada / Educación/Escuelas*

*Eden Prairie School District #272 .....	952-975-7000 / <a href="http://www.edenpr.org">www.edenpr.org</a>
*Eden Prairie Community Education .....	952-975-6940 / <a href="http://www.edenpr.org/epcommunityed">www.edenpr.org/epcommunityed</a>
*Eden Prairie Schools Early Childhood & Kindergarten Screening .....	952-975-6940 / <a href="http://www.edenpr.org/ecscreening">www.edenpr.org/ecscreening</a>
*Hennepin Technical College .....	952-995-1300 / <a href="http://www.hennepintech.edu">www.hennepintech.edu</a>
*Little Eagles Preschool .....	952-975-7200 / <a href="http://www.edenpr.org/preschool">www.edenpr.org/preschool</a>
*Metro South ESL/Adult English Program ( <i>at Hennepin Tech in EP</i> ) .....	612-247-6398 / <a href="http://www.metrosouth.org">www.metrosouth.org</a>
Metro South GED & Diploma Programs ( <i>Bloomington</i> ) .....	952-681-6170 / <a href="http://www.metrosouth.org">www.metrosouth.org</a>
Normandale Community College .....	952-358-8200 / <a href="http://www.normandale.edu">www.normandale.edu</a>



## Emergency Shelter/Homelessness

*Hoyga Degdegga ah/Guri la'aanta / Refugio de emergencia/personas sin hogar*

*Eden Prairie Schools Homeless Liaison ( <i>for district families w/ housing instability</i> )....	952-975-7030 / <a href="mailto:reta_johnson@edenpr.org">reta_johnson@edenpr.org</a>
*Onward ( <i>transitional housing program for ages 18-24</i> ) .....	<a href="http://www.onwardep.org">www.onwardep.org</a>
*PROP Homelessness Prevention ( <i>short term assistance for eligible residents facing eviction</i> )..	952-937-9120 / <a href="http://www.propfood.org">www.propfood.org</a>
Community Action Partnership of Hennepin County (CAP-HC) ( <i>homeless/rapid rehousing stabilization services</i> ) ....	612-248-2350 / <a href="http://caphennepin.org/what-we-do/homeless-services.html">caphennepin.org/what-we-do/homeless-services.html</a>
Hennepin County Coordinated Entry System ( <i>help finding shelters</i> ).....	612-348-4111 / <a href="http://www.hennepin.us">www.hennepin.us</a>
Hope House ( <i>temporary housing for youth 14-19 located in Chanhassen</i> ) .....	Text 612-916-3977 / <a href="http://www.180degrees.org/hope-house.html">www.180degrees.org/hope-house.html</a>
Launch Ministry ( <i>Housing resources, emergency shelter, housing support program</i> ).....	<a href="http://launchministry.org">launchministry.org</a>
MoveFwd ( <i>housing support for those 12-24</i> ) .....	952-988-8336 / <a href="http://www.movefwdmn.org">www.movefwdmn.org</a>
Youth Service Network ( <i>app ages 10-24 to search open shelters/drop-in centers and a variety of resources</i> ) .....	<a href="http://www.ysnmn.org">www.ysnmn.org</a>

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## Employment

*Shaqaalaynta / Empleo*

- \*MN Crossroads Career Network (*sponsored by Grace Church*)..... 952-926-1884 / [www.mncrossroads.com](http://www.mncrossroads.com)
- \*PROP Employment Counseling ..... 952-746-1892 / [www.propfood.org/employment](http://www.propfood.org/employment)
- \*Wooddale Church Job Transition Support Group ..... <https://jobtransition.net/>
- Dress For Success (*clothing + holistic employment support for women*)..... [www.dressforsuccess2wincities.org](http://www.dressforsuccess2wincities.org)
- HIREd (*employment counseling, workshops, etc.*) ..... 612-808-9500 / [www.hired.org](http://www.hired.org)
- MN Unemployment Insurance (*for laid-off workers*) ..... 651-296-3644 / [www.uimn.org](http://www.uimn.org)
- MN Workforce Center, Bloomington (*employment help*)..... 952-703-7730 / <https://www.careerforcemn.com/bloomington>
- Ready for Success (*free professional clothing*)..... 612-872-1509 / [www.ppl-inc.org/readyforsuccess](http://www.ppl-inc.org/readyforsuccess)
- Small Sums (*workwear uniforms/boots/scrubs and transportation help for homeless individuals with jobs*) ..... 651-242-9441 / [www.smallsums.org](http://www.smallsums.org)



## Financial/Cash Assistance & Money Management Services

*Kaalmo lacageed / Asistencia en efectivo*

- \*City of Eden Prairie Passport to Fun (*fee assistance for Community Ctr./Parks & Rec*)..... 952-949-8320 / [www.edenprairie.org](http://www.edenprairie.org)
- \*Eden Prairie Schools Community Education Fee Assistance Program ..... 952-975-6940 / [www.edenpr.org/feeassistance](http://www.edenpr.org/feeassistance)
- \*People Reaching Out to People (PROP) Short Term Emergency and Financial Assistance ..... 952-937-9120 / [propfood.org/short-term-emergency-and-financial-assistance](http://propfood.org/short-term-emergency-and-financial-assistance)
- \*People Reaching Out to People (PROP) Additional Support Services 952-937-9120 / [propfood.org/additional-support-services](http://propfood.org/additional-support-services)
- \*Royal Credit Union (*Free financial education*) ..... [rcu.org/edenprairie](http://rcu.org/edenprairie)
- Community Action Partnership of Hennepin County (CAP-HC) Financial Assistance ..... 952-933-9639 / [www.caphennepin.org](http://www.caphennepin.org)
- Community Action Partnership of Hennepin County (CAP-HC) Financial Literacy Workshops (*Free money management classes*) ..... 952-697-1326 / [caphennepin.org/what-we-do/financial-wellness.html](http://caphennepin.org/what-we-do/financial-wellness.html)
- Hennepin County Emergency Assistance ..... 612-596-1900 / [www.hennepin.us](http://www.hennepin.us)
- Lutheran Social Services Financial Counseling & Debt Management ..... 952-697-1326 / [www.lssmn.org/Debt-Counseling](http://www.lssmn.org/Debt-Counseling)
- Minnesota Community Action Partnership - Family Assets for Independence in Minnesota (FAIM) (*3:1 matched home, education, or business savings program*) ..... 651-645-7425 / [www.minncap.org](http://www.minncap.org)
- Minnesota Family Investment Program (MFIP) or Diversionary Work Program (DWP) (*cash assistance*)..... 612-596-1300 / [www.hennepin.us/residents/human-services/cash-assistance](http://www.hennepin.us/residents/human-services/cash-assistance)
- Volunteer Lawyers Network Financial Coaching ..... 612-752-6687 / [www.vlnmn.org/financial-coaching](http://www.vlnmn.org/financial-coaching)

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## Food Supports

Taageero cunto / Apoyo alimentario

- \*Bloomington Eden Prairie Meals on Wheels (*meal delivery*) ..... 952-835-1665 / [www.bloomingtonmeals.com](http://www.bloomingtonmeals.com)
- \*Every Meal Weekend Food for Kids Program (*Free food distributed weekly to Eden Prairie Schools students through their school or a weekly pick-up program. Contact your school social worker for information*)..... 952-975-7030 / [www.edenpr.org/everymeal](http://www.edenpr.org/everymeal)
- \*Fare for All (*discount food program open to all, monthly pick-up site in Eden Prairie*)..... 763-450-3880 / [www.fareforall.org](http://www.fareforall.org)
- \*Free & Reduced School Lunch Program..... 952-975-8055 / [www.edenpr.org/experience/departments/child-nutrition](http://www.edenpr.org/experience/departments/child-nutrition)
- \*Local Free Community Meals (*Several local churches host regular community meals*) ..... contact Reta Johnson for details  
952-975-7030 / [reta\\_johnson@edenpr.org](mailto:reta_johnson@edenpr.org)
- \*PROP (*food shelf & pantry*) ..... 952-937-9120 / [www.propfood.org](http://www.propfood.org)
- Community Action Partnership of Hennepin County (CAP-HC) Food Support ..... 952-933-9639 / <https://caphennepin.org/>
- Launch Ministry (*drop-in center located in Chaska with hot meals for young adults ages 18-29*) ..... [www.launchministry.org](http://www.launchministry.org)
- Loaves & Fishes (*free, hot meals in sites across the Twin Cities*) ..... 612-377-9810 / [www.loavesandfishesmn.org](http://www.loavesandfishesmn.org)
- MN SNAP ..... 651-431-4050 / <https://mn.gov/portal/>
- Women, Infant, and Children (WIC) Program..... 612-348-6100 / [www.hennepin.us/wic](http://www.hennepin.us/wic)
- Youth Services Network ..... [www.ysnmn.org](http://www.ysnmn.org)



## Furniture, Clothing, & Other Material & Household Goods

Alaabta guriga / Artículos de uso doméstico

- \*Grace Church Clothing Closet (*free clothing distribution available twice monthly*)..... 952-224-3023 / [www.grace.church](http://www.grace.church)
- \*PROP Shop ..... 952-934-2323 / [www.propshopep.org](http://www.propshopep.org)
- Bridging (*free furniture for families in need*) ..... 952-888-1105 / [www.bridging.org](http://www.bridging.org)
- Hennepin County Free Car Seat Distribution Facilities..... [www.dps.mn.gov](http://www.dps.mn.gov)
- Launch Ministry (*clothes & personal items for 18-29 yr olds, located in Chaska*)..... [launchministry.org](http://launchministry.org)
- MoveFwd (*essential household goods, clothing for those 12-24 in need*) ..... 952-988-8336 / [www.movefwdmn.org](http://www.movefwdmn.org)
- Reach & Restore..... 952-993-1393 / [www.reachandrestore.org](http://www.reachandrestore.org)
- Ready for Success (*free professional clothing*) ..... 612-872-1509 / [www.ppl-inc.org/readyforsuccess](http://www.ppl-inc.org/readyforsuccess)
- Small Sums..... 651-242-9441 / [www.smallsums.org](http://www.smallsums.org)
- Youth Services Network ..... [www.ysnmn.org](http://www.ysnmn.org)

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# Homework Help & Tutoring

*Caawinta shaqada guriga iyo umeerinteeda / Ayuda con la tarea y tutoría*

- \*C.O.R.E. at Eden Prairie High School (25 minute blocks of time during each class period on Thursdays for students to meet with teachers) ..... [www.edenpr.org/eden-prairie-high-school/student-life/news-information/core](http://www.edenpr.org/eden-prairie-high-school/student-life/news-information/core)
  - \*Create Tutoring (free tutoring for K-6 EP students by volunteer EPHS tutors) ..... [tutor.create@gmail.com](mailto:tutor.create@gmail.com)
  - \* Eagles Homework Help and Tutoring ..... [www.edenpr.org/tutoring](http://www.edenpr.org/tutoring)
  - \*Hennepin County Library Homework Help (free daily online homework help)..... [www.hclib.org/programs/homework-help](http://www.hclib.org/programs/homework-help)
  - \*Mothers Tutoring Academy (tutoring program to support East African Immigrant families)... 651-645-1111 / [www.mtcenter.org](http://www.mtcenter.org)
  - \*Prairie Hill Church FREE High School Tutoring (math, science, english tutoring for EPHS students, Wednesdays 3:30-5:30 PM).....
- Questions? Email Tyler Magnuson at [tyler.magnuson@phfc.org](mailto:tyler.magnuson@phfc.org).

## LOCAL FEE-BASED TUTORING SERVICES

**Eden Prairie Schools does not endorse any specific tutoring company. Please speak with your student's teacher or counselor before hiring tutoring support.**

- \* Club Z! (fee-based math tutoring for elementary students) ..... 952-314-6002 / [clubztutoring.com/eden-prairie/subjects-we-tutor/math-tutoring/elementary-math-tutoring/](http://clubztutoring.com/eden-prairie/subjects-we-tutor/math-tutoring/elementary-math-tutoring/)
- \* EPIC Test Prep Classes ..... [www.edenpr.org/EPIC](http://www.edenpr.org/EPIC)
- \*Kumon (fee-based math/reading tutoring for all grade levels)..... 952-944-8031 / [www.kumon.com/EDEN-PRAIRIE-MN](http://www.kumon.com/EDEN-PRAIRIE-MN)
- \*LearningRx (fee-based brain training center for all ages)..... 952-679-7107 / [www.learningrx.com/eden-prairie](http://www.learningrx.com/eden-prairie)\*Mathnasium (fee-based math help for ages K-12th)..... 952-222-7141 / [www.mathnasium.com/edenprairie](http://www.mathnasium.com/edenprairie)
- \* Mathnasium ..... 952-500-2138 / [www.mathnasium.com](http://www.mathnasium.com)
- \*Mike Holm..... [www.mikeholmtestprep.com](http://www.mikeholmtestprep.com)
- \*O'Toole Educational Services (fee-based ACT/PSAT/SAT Test Prep) ..... [otooleeducatoralservices@gmail.com](mailto:otooleeducatoralservices@gmail.com) / [otooleeducatoralservices.com/act-preparation-testimonials/act-preparation/](http://otooleeducatoralservices.com/act-preparation-testimonials/act-preparation/)
- \*Sylvan Learning Center (fee-based individual tutoring, GED/PSAT/SAT/ACT test prep)..... 612-276-6710 / [locations.sylvanlearning.com/us/bloomington-mn/](http://locations.sylvanlearning.com/us/bloomington-mn/)
- \*Tutor Doctor (fee-based program for Eden Prairie residents to tutor students) ..... 651-447-8343 / [www.tutordocor.com/southwest-minneapolis/](http://www.tutordocor.com/southwest-minneapolis/)



# Housing

*Guriyeynta / Alojamiento*

- \*City of EP Housing & Community Services (1st time Homebuyer, Housing Rehab Loan Programs, Tenant Concerns) .... 952-949-8486 / [www.edenprairie.org/city-government/departments/community-development/housing-and-community-services](http://www.edenprairie.org/city-government/departments/community-development/housing-and-community-services)
- \* List of Eden Prairie Multi-family & Senior Housing Complexes..... [www.edenprairie.org/city-government/departments/community-development/housing-and-community-services/rental-housing-resources/multifamily-senior-housing](http://www.edenprairie.org/city-government/departments/community-development/housing-and-community-services/rental-housing-resources/multifamily-senior-housing)
- Community Action Partnership of Hennepin County (CAP-HC) (homebuyer & renter, foreclosure, homeless help) ... 952-933-9639 / [www.caphennepin.org](http://www.caphennepin.org)
- Common Bond Communities (affordable housing) ..... 651-291-1750 / [www.commonbond.org](http://www.commonbond.org)
- HOME Line (tenant advocacy and legal info) ..... 612-728-5767 / [www.homelinemn.org](http://www.homelinemn.org)
- Homes Within Reach (affordable home ownership)..... 952-401-7071 / [www.homeswithinreach.org](http://www.homeswithinreach.org)
- HousingLink (search affordable rental listings) ..... 612-522-2500 / [www.housinglink.org](http://www.housinglink.org)
- Metro HRA (local Housing Choice Voucher program) ..... 651-602-1428 / [www.metrohra.org](http://www.metrohra.org)
- Minnesota Home Ownership Center (first-time home buyer services, workshops, foreclosure prevention) ..... 651-659-9336 / [www.hocmn.org](http://www.hocmn.org)



## Immigration & Multicultural Resources

*Socdaalka & Kheyraadka dhaqamada kala duwan / Inmigración y recursos multiculturales*

*City of EP Immigrant Liaison .....	952-294-5946 / <a href="mailto:mduale@edenprairie.org">mduale@edenprairie.org</a>
*Esperanza United.....	612-243-3064 / <a href="http://esperanzaunited.org/en/immigrant-rights/">esperanzaunited.org/en/immigrant-rights/</a>
*Metro South ESL Program ( <i>free English classes in EP</i> ) .....	612-247-6398 / <a href="http://www.metrosouth.org">www.metrosouth.org</a>
Arrive Ministries ( <i>refugee service</i> ) .....	612-798-4332 / <a href="http://www.arriveministries.org">www.arriveministries.org</a>
Comunidades Latinas Unidas en Servicio (CLUES) ( <i>culturally relevant Latino social services</i> ).....	612-746-3500 / <a href="http://www.clues.org">www.clues.org</a>
ECHO ( <i>multi-language health, safety, &amp; community info</i> ) .....	651-222-1717 / <a href="http://www.echominnesota.org">www.echominnesota.org</a>
Hennepin Co. Office of Multicultural Services ( <i>multi-lingual</i> ).....	612-348-2193 / <a href="http://www.hennepin.us/OMS">www.hennepin.us/OMS</a>
New American Development Center ( <i>Somali focus</i> ).....	952-212-7446 / <a href="http://www.nadcmn.org">www.nadcmn.org</a>
SEWA-Asian Indian Family Wellness ( <i>South Asian focus</i> ) .....	763-234-8301 / <a href="http://www.sewa-aifw.org">www.sewa-aifw.org</a>
US Citizenship & Immigration Services .....	1-800-375-5283 / <a href="http://www.uscis.gov">www.uscis.gov</a>



## Legal Services

*Adeegyada Sharciga / Servicios jurídicos*

*Eden Prairie Community Education's Prepare Your Own Will Class.....	<a href="http://www.edenpr.org/adult">www.edenpr.org/adult</a>
Conflict Resolution Center ( <i>mediation</i> ) .....	612-822-9883 / <a href="http://www.crcminnesota.org">www.crcminnesota.org</a>
Hennepin Co. Bar Lawyer Referral & Info Service .....	612-752-6666 / <a href="http://www.hcba.org">www.hcba.org</a>
Hennepin County Family Court Self-Help Center ( <i>help on family law cases</i> ) .....	612-596-8519 / <a href="https://www.lawhelpmn.org/loon/services/hennepin-county-family-court-self-help-center">https://www.lawhelpmn.org/loon/services/hennepin-county-family-court-self-help-center</a>
Home Line ( <i>free legal advice on renter rights</i> ).....	612-728-5767 / <a href="http://www.homelinemn.org">www.homelinemn.org</a>
Immigrant Law Center of MN ( <i>legal &amp; advocacy services for immigrants and refugees</i> ) .....	651-641-1011 / <a href="http://www.ilcm.org">www.ilcm.org</a>
Law Help MN .....	<a href="http://www.lawhelpmn.org">www.lawhelpmn.org</a>
Legal Aid ( <i>free legal assistance</i> ) .....	612-334-5970 / <a href="http://www.mylegalaid.org">www.mylegalaid.org</a>
Legal Rights Center ( <i>criminal defense, restorative justice</i> ) .....	612-337-0030 / <a href="http://www.legalrightscenter.org">www.legalrightscenter.org</a>
Minnesota Legal Advice Online Program (MLAO) ( <i>free online legal advice for those who qualify</i> ) .....	<a href="http://www.mnlegaladvice.org">www.mnlegaladvice.org</a>
Tubman Legal Services ( <i>wide range of free or low-cost legal services</i> ).....	612-870-2400 / <a href="https://www.tubman.org/get-help/legal-services/">https://www.tubman.org/get-help/legal-services/</a>
Volunteer Lawyers Network ( <i>free or low-cost legal help</i> ) .....	612-752-6677 / <a href="http://www.vlnmn.org">www.vlnmn.org</a>



## Local Government

*Dawlada Hoose / Gobierno local*

*City of Eden Prairie (EP) .....	952-949-8300 / <a href="http://www.edenprairie.org">www.edenprairie.org</a>
*Eden Prairie Schools District 272 School Board.....	<a href="http://www.edenpr.org/schoolboard">www.edenpr.org/schoolboard</a>
*Eden Prairie Police ( <i>non-emergency</i> ).....	952-949-6200 / <a href="http://www.edenprairie.org/police">www.edenprairie.org/police</a>
Hennepin Co. Service Centers ( <i>licenses, tabs, records</i> ).....	612-348-8240 / <a href="http://www.hennepin.us/servicecenters">www.hennepin.us/servicecenters</a>
Metropolitan Council ( <i>Metro Transit, Metro HRA, etc.</i> ).....	651-602-1000 / <a href="https://metro council.org/">https://metro council.org/</a>
MN State Legislature ( <i>find your representatives, search laws, track bills</i> ) .....	<a href="http://www.leg.mn.gov">www.leg.mn.gov</a>

\*=Located in Eden Prairie (EP), or services are specifically targeted for EP residents.

Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.





## Mama Resources

*Kheyraadka Mama / Recursos de mamá*

- \*Eden Prairie Schools Early Childhood & Parent Education (ECFE) Classes..... 952-975-6940 / [www.edenpr.org/ECFE](http://www.edenpr.org/ECFE)
- \*Parents and Littles (PALS) of Eden Prairie (*stay-at-home moms club to connect and enjoy playgroups, outings, service opportunities, and activities for moms*) ..... [parentsandlittlesinfo@gmail.com](mailto:parentsandlittlesinfo@gmail.com)
- \*Planned Parenthood (*affordable women's healthcare services. Clinic in EP*) ..... 952-653-4499 / [www.plannedparenthood.org](http://www.plannedparenthood.org)
- Amma Parenting (*classes for pregnant women and new moms*)..... 952-926-2229 / <https://ammaparenting.com/>
- Becoming Program (*free program for pregnant or parenting women ages 12-26*)..... 952-474-3251 / [www.myhealthmn.org/becoming-program](http://www.myhealthmn.org/becoming-program)
- Blooma (*prenatal yoga, barre, childbirth education, and wellness classes*) ..... 612-223-8064 / [www.blooma.com](http://www.blooma.com)
- Crisis Nursery..... 763-591-0100 / [www.crisisnursery.org](http://www.crisisnursery.org)
- Esther Homes (*maternity housing program for pregnant women facing crisis or homelessness*) ..... 612-284-2952 / [www.estherhome.org](http://www.estherhome.org)
- Jeremiah Program (*housing, early childhood education, life skills training, and support to pursue a college education for eligible single mothers and their children*) ..... 651-332-5017 / [www.jeremiahprogram.org](http://www.jeremiahprogram.org)
- La Leche League of Minnesota and the Dakotas (*free breastfeeding support group*) ..... [www.lllofmdas.org](http://www.lllofmndas.org)
- Pregnancy & Infant Loss Resources..... [www.ppsupportmn.org/loss/](http://www.ppsupportmn.org/loss/)
- Pregnancy & Postpartum Support MN (*connection to resources regarding pregnancy, postpartum, and infant loss*) ... 612-787-7776 / [www.ppsupportmn.org](http://www.ppsupportmn.org)
- Tandem (*provides clinical services (pregnancy tests, prenatal care, counseling), material supports (baby items, rental support), and sense of community and support from other moms. Located in Minneapolis.*)..... 612-823-0301 / [www.wearetandem.org](http://www.wearetandem.org)
- Women, Infant, and Children (WIC) Program (*nutrition support for pregnant women/families with infants & children experiencing financial hardship*) ..... 612-348-6100 / [www.hennepin.us/wic](http://www.hennepin.us/wic)

### Additional resources available in the Parenting section.



## Medical/Health

*Caafimaadka/Caafimaadka / Salud médica*

- \*Student Accident Insurance (*available for purchase through school district*)..... 763-746-8000 / <https://www.edenpr.org/experience/departments/finance>
- Child & Teen Check-up Program (*help accessing medical & dental*) ..... 612-348-5131 / [www.hennepin.us/residents/health-medical/child-teen-checkups](http://www.hennepin.us/residents/health-medical/child-teen-checkups)
- Help Me Grow (*free developmental screenings for 0-3*) ..... 1-866-693-4769 / [helpmegrowmn.org](http://helpmegrowmn.org)
- MNSure (*MA, MinnesotaCare, insurance marketplace*) ..... 1-855-366-7873 / [www.mnsure.org](http://www.mnsure.org)
- MyHealth for Teens & Young Adults (*low-cost clinic*)..... 952-474-3251 / [www.myHealthMN.org](http://www.myHealthMN.org)
- Portico Health Net (*MNSure help, coverage program*) ..... 651-489-2273 / [www.porticohealthnet.org](http://www.porticohealthnet.org)
- SEWA-Asian Indian Family Wellness (*health clinics for South Asians*)..... 952-912-9100 / <https://sewa-aifw.org/>
- St. Mary's Clinics (*low-cost clinics across the metro*) ..... 651-287-7777 / [www.stmaryshealthclinics.org](http://www.stmaryshealthclinics.org)

### Additional resources available in the Substance Abuse and Mental Health sections.

\*=Located in Eden Prairie (EP), or services are specifically targeted for EP residents.

Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.



## Mental Health

Caafimaadka Maskaxda / Salud mental

**Note: A variety of school-based mental health supports for students are available at all Eden Prairie Schools. Many employers offer free mental health services through their Employee Assistance Program (EAP).**

- \*Brighter Days Family Grief Center (free grief support resources for children & adults)..... 952-303-3873 / [www.brighterdaysgriefcenter.org](http://www.brighterdaysgriefcenter.org)
- \*Kaleidoscope Teens (Support for parents with struggling teens)..... Tammy Ryder-Harms, 952-500-9723 / [tryderharms@kaleidoscopeteens.org](mailto:tryderharms@kaleidoscopeteens.org)
- \*Nystrom & Associates, Ltd. (variety of counseling & psychotherapy services)..... 952-234-8606 / [www.nystromcounseling.com](http://www.nystromcounseling.com)
- \*Relate Counseling (mental health & substance abuse) ..... 952-932-7277 / [www.relatemn.org](http://www.relatemn.org)
- \*Rogers Behavioral Health (mental health clinic) ..... 763-318-2800 / [www.rogersbh.org](http://www.rogersbh.org)
- Crisis Text Line (text 24/7, any kind of crisis)..... Text HOME to 741741 / [www.crisistextline.org](http://www.crisistextline.org)
- Crisis Nursery (emergency child care, 24/7 crisis hotline)..... 763-591-0100 / [www.crisisnursery.org](http://www.crisisnursery.org)
- Headway Emotional Health Services (counseling) ..... 763-746-2411 / [www.headway.org](http://www.headway.org)
- Hennepin Co. Adult Mobile Crisis Response (COPE, 24/7)..... 612-596-1223 / [www.hennepin.us/mentalhealthcrisis](http://www.hennepin.us/mentalhealthcrisis)
- Hennepin Co. Children's Mobile Crisis Response (24/7)..... 612-348-2233 / [www.hennepin.us/mentalhealthcrisis](http://www.hennepin.us/mentalhealthcrisis)
- Mental Health MN (advocacy help) ..... 651-493-6634 / [www.mentalhealthmn.org](http://www.mentalhealthmn.org)
- Minnesota Mental Health Hotline..... 866-903-3787 / [mentalhealthhotline.org/minnesota/](http://mentalhealthhotline.org/minnesota/)
- MN Association of Children's Mental Health (advocacy) ..... 651-644-7333 / [www.macmh.org](http://www.macmh.org)
- MN Warmline (just somebody to talk to, 12-10 PM, Mon.-Sat.) ..... Text SUPPORT to 85511, 651-288-0400
- MoveFwd (counseling for those 12-24 & their families) ..... 952-988-8336 / <https://movefwdmn.org/>
- MyHealth (counseling for those 12-26 & their families) ..... 952-474-0815 / <https://myhealthmn.org/>
- NAMI MN (advocacy, info, list of support groups)..... 651-645-2948 / <https://namimn.org/>
- National Suicide Prevention Lifeline (24/7 confidential phone line)..... 1-800-273-8255 / <https://suicidepreventionlifeline.org/>
- Pregnancy & Postpartum Support MN (call, text for info) ..... 612-787-7776 / <https://ppsupportmn.org/>
- SAVE (suicide awareness & resources, 24/7 hotline) ..... 1-800-273-8255 / <https://save.org/>
- The Family Partnership (counseling) ..... 612-728-2061 / [www.thefamilypartnership.org](http://www.thefamilypartnership.org)
- Washburn Center (counseling for kids & families)..... 612-871-1454 / <https://washburn.org/>



## Parenting

Waalidnimada / Crianza

- \*Eden Prairie Schools Community Education - ECFE (Early Childhood and Family Education classes for parents and their children 5 and under. Weekly and one-time opportunities available.) ..... 952-975-6940 / [www.edenpr.org/ecfe](http://www.edenpr.org/ecfe)
- \*Eden Prairie Schools Community Education Parent Educators (connect with a licensed parent educator for a confidential discussion about parenting - consultation free for children age 5 or under, small fee for K-12)..... 952-975-6940 / [www.edenpr.org/ecfe](http://www.edenpr.org/ecfe)
- \*Hennepin County Library-Eden Prairie Branch (family storytimes that teach the importance of early learning) ..... 612-543-6275 / <https://www.hclib.org/programs/early-learning>
- \*Kaleidoscope Teens (Support for parents with struggling teens)..... Tammy Ryder-Harms, 952-500-9723 / [tryderharms@kaleidoscopeteens.org](mailto:tryderharms@kaleidoscopeteens.org)
- \*One City MN ..... 515-291-1542 / [onecityminnesota.org](http://onecityminnesota.org)
- 348-TOTS (phone line to learn about early childhood programs available through Hennepin County)..... 612-348-8687
- Common Sense Media ..... [www.common Sense Media.org](http://www.common Sense Media.org)

**\*=Located in Eden Prairie (EP), or services are specifically targeted for EP residents.**

**Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.**

## Parenting continued

- Crisis Nursery (*crisis hotline and emergency child care in Minneapolis*) ..... 763-591-0100 / [www.crisisnursery.org](http://www.crisisnursery.org)  
Help Me Grow (*free resources and screenings to help families with young children better understand developmental milestones*) ..... 866-693-4769 / [www.helpmegrowmn.org](http://www.helpmegrowmn.org)  
Hennepin County Early Childhood Services (*support for pregnant women/parents of young children*) ..... [www.hennepin.us/earlychildhood](http://www.hennepin.us/earlychildhood)  
Hennepin County Parenting Support Programs..... [familyhv@hennepin.us](mailto:familyhv@hennepin.us)  
MoveFwd Parenting Support Group (*free group for parents of 12-21 yr olds. Family counseling available.*)..... 952-988-5356 / [www.movefwdmn.org](http://www.movefwdmn.org)  
Partnership to End Addiction (*free helpline and parent coaching for questions about youth drug or alcohol use, available Mon-Fri 8:00 AM-4:00 PM. Live chat available nights and weekends.*)..... 1-855-378-4373 / [www.Drugfree.org](http://www.Drugfree.org)  
Women, Infant, and Children (WIC) Program (*nutrition support for pregnant women/families with infants & children experiencing financial hardship*) ..... 612-348-6100 / [www.hennepin.us/wic](http://www.hennepin.us/wic)



## Seniors

*Waayeelka / Personas mayores*

- \*Bloomington Eden Prairie Meals on Wheels (*meal delivery*) ..... 952-835-1665 / [www.bloomingtonmealsonwheels.com](http://www.bloomingtonmealsonwheels.com)  
\*EP Professionals in Aging (*local resource connection*) ..... 952-279-8051 / [www.edenprairieaging.org](http://www.edenprairieaging.org)  
\*EP Senior Center (*recreation, classes, trips, etc.*) ..... 952-279-8050 / [www.edenprairie.org/seniorcenter](http://www.edenprairie.org/seniorcenter)  
\*PROP Food Programs for Seniors (*mobile food delivery program*) ..... 952-937-9120 / [www.propfood.org](http://www.propfood.org)  
\*Start Senior Solutions (*elder advocates support seniors and caregivers*) ..... 952-215-7052 / [www.startseniorsolutions.org/](http://www.startseniorsolutions.org/)  
\*Women Still Working ..... <http://www.womenstillworking.org/>  
Help at Your Door (*grocery delivery, transportation, etc.*) ..... 651-642-1892 / [www.helpatyourdoor.org](http://www.helpatyourdoor.org)  
Home Instead Senior Care (*variety of in-home services*) ..... 952-444-9627 / [www.homeinstead.com](http://www.homeinstead.com)  
Senior Community Services (*home maintenance, CareNextion*) ..... 952-541-1019 / [www.seniorcommunity.org](http://www.seniorcommunity.org)  
Senior Linkage Line (*connection to services*) ..... 1-800-333-2433 / [www.mnaging.org/advisor/SLL.htm](http://www.mnaging.org/advisor/SLL.htm)  
SEWA-Asian Indian Family Wellness (*home and community resources for seniors*) ..... 952-912-9100 / [www.sewa-aifw.org](http://www.sewa-aifw.org)



## Social/Recreation

*Bulsho/Madadaalo / Social/Recreación*

**Note: Eden Prairie Schools offers the largest variety of co-curricular opportunities for students in the nation. Connect with your child's school to explore additional opportunities.**

- \*AR&LE (*adaptive recreation for all ages, educational classes for adults*) ..... 952-949-8456 / [www.edenprairie.org/city-government/departments/parks-and-recreation/program-registration/access-for-all](http://www.edenprairie.org/city-government/departments/parks-and-recreation/program-registration/access-for-all)  
\*City of Eden Prairie Parks & Recreation ..... [www.edenprairie.org/city-government/departments/parks-and-recreation](http://www.edenprairie.org/city-government/departments/parks-and-recreation)  
\*City of Eden Prairie Passport to Fun Program (*Provides free access to select opportunities at the Community Center (open swim, open gym, and open skate), as well as a discount on other Parks and Recreation opportunities – classes, camps, group swimming lessons, etc. – for those who qualify.*) ..... 952-949-8320 / [www.edenprairie.org](http://www.edenprairie.org)  
\*Community Events Calendar (*free/low-cost family-friendly events in Eden Prairie open to the public*) ..... [www.edenpr.org/community-education/community/family-resource-program/community-calendar-google](http://www.edenpr.org/community-education/community/family-resource-program/community-calendar-google)  
\*Eden Prairie Art Center ..... 952-949-8304 / [www.edenprairie.org/artcenter](http://www.edenprairie.org/artcenter)  
\*Eden Prairie Community Center ..... 952-949-8470 / [www.edenprairie.org/communitycenter](http://www.edenprairie.org/communitycenter)  
\*Eden Prairie Outdoor Center ..... 952-949-8479 / [www.edenprairie.org/amenities/outdoor-center](http://www.edenprairie.org/amenities/outdoor-center)

## Social/Recreation continued

- \*Eden Prairie Parks, Trails and Recreational Amenities ..... 952-949-8442 / <https://www.edenprairie.org/amenities/parks-trails-recreation>
- \*Eden Prairie Schools Community Education (*wide variety of classes and enrichment opportunities for people of all ages: babies, youth, and adults*)..... 952-975-6940 / [www.edenpr.org/epcommunityed](http://www.edenpr.org/epcommunityed)
- \*Eden Prairie Schools Community Education Fee Assistance Program (*provides discount for Community Education/EPIC classes for those who qualify*)..... 952-975-6940 / [www.edenpr.org/feeassistance](http://www.edenpr.org/feeassistance)
- \*EPIC ..... 952-975-6940 / [www.edenpr.org/epic](http://www.edenpr.org/epic)
- \*Hennepin Co. Library – Eden Prairie Branch ..... 612-543-6275 / [www.hclib.org/edenprairie](http://www.hclib.org/edenprairie)
- \*Let's Go Fishing Eden Prairie (*free fishing trips for children, veterans, and seniors*) ..... 612-743-9989 / [edenprairie.lgfws.com](http://edenprairie.lgfws.com)
- \*Parents and Littles - PALS (*stay-at-home parents club*)..... [parentsandlittlesinfo@gmail.com](mailto:parentsandlittlesinfo@gmail.com) / [www.facebook.com/parentsandlittles](http://www.facebook.com/parentsandlittles)
- \*True Friends Camp Eden Wood (*day camp, respite, therapy riding, travel, retreat centers, team building, and ropes course*) ..... 952-852-0101 / [www.truefriends.org](http://www.truefriends.org)
- Family Fun Twin Cities (*website with family activities and events across the metro area*) ..... [www.familyfuntwincities.com/](http://www.familyfuntwincities.com/)
- Hulafrog (*website loaded with activities for kids and families*)..... [hulafrog.com/bloomington-mn](http://hulafrog.com/bloomington-mn)

## SWIM LESSONS

- \*City of Eden Prairie Parks and Recreation Learn-to-Swim Program ..... [www.edenprairie.org/amenities/community-center/aquatics-center/swimming-lessons](http://www.edenprairie.org/amenities/community-center/aquatics-center/swimming-lessons)
- \*City of Eden Prairie Private and Semi-Private Swim Lessons ..... [www.edenprairie.org/amenities/community-center/aquatics-center/swimming-lessons/private-and-semi-private-swim-lessons](http://www.edenprairie.org/amenities/community-center/aquatics-center/swimming-lessons/private-and-semi-private-swim-lessons)
- \*Preserve Association American Red Cross Preschool Aquatics and Learn-to-Swim Program ..... [www.preserveassociation.com/useful-info/pool-general-info](http://www.preserveassociation.com/useful-info/pool-general-info)
- Foss Swim School (*locations in Chanhassen or St. Louis Park*) ..... [www.fosswimsschool.com](http://www.fosswimsschool.com)
- Martha Burns Swim School ..... [www.marthaburns.com](http://www.marthaburns.com)
- YMCA Swimming Lessons ..... [www.ymcanorth.org/swimming/swim\\_lessons](http://www.ymcanorth.org/swimming/swim_lessons)



## Special Needs/Services for People with Disabilities

*Bahida/Adeegyada Gaarka ah ee Dadka Naafada ah / Necesidades/servicios especiales para personas con discapacidades*

- \*AR&LE (*adaptive recreation for all ages, educational classes for adults*)..... 952-949-8456 / [www.edenprairie.org/city-government/departments/parks-and-recreation/program-registration/access-for-all](http://www.edenprairie.org/city-government/departments/parks-and-recreation/program-registration/access-for-all)
- \*Chrestomathy INC..... <http://chrestomathyinc.org/>
- \*CHOICE (*employment, wellness, & other programs*) ..... 952-474-9510 / [www.choicejobs.org](http://www.choicejobs.org)
- \*City of EP Therapeutic Recreation Supervisor ..... 952-949-8456 / [nweedman@edenprairie.org](mailto:nweedman@edenprairie.org)
- \*Eden Prairie Schools Special Education (*birth-21*)..... 952-975-7138 / [www.edenpr.org/academics/special-education/special-education-update](http://www.edenpr.org/academics/special-education/special-education-update)
- \*(TRAIL) Transportation Resource To Aid Independent Living..... <https://ridetrail.org/>
- \*True Friends Camp Eden Wood (*respite services, therapy riding, day camp/ropes course*)... 952-852-0101 / [www.truefriends.org](http://www.truefriends.org)
- ARC Greater Twin Cities (*info & assistance*) ..... 952-920-0855 / [arcminnesota.org/](http://arcminnesota.org/)
- Courage Kenny Rehabilitation Institute (*rehabilitative therapies*)..... 888-425-5462 / [www.couragecenter.org](http://www.couragecenter.org)
- Fraser (*wide range of services, autism focus*) ..... 612-767-7222 / [www.fraser.org](http://www.fraser.org)
- MN Brain Injury Alliance (*advocacy, case management*) ..... 612-378-2742 / [www.braininjurymn.org](http://www.braininjurymn.org)

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Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.

## Special Needs continued

- MN Relay Service (*deaf & hard of hearing*)..... 1-800-627-3529 (TTY) or 711 / [www.mn.gov/commerce/consumers/your-phone/minnesota-relay](http://www.mn.gov/commerce/consumers/your-phone/minnesota-relay)
- PACER (*resources, direct services, advocacy*)..... 952-838-9000 / [www.pacer.org](http://www.pacer.org)
- St. David's (*wide range of services for kids & families*)..... 952-939-0396 / [www.stdavidscenter.org](http://www.stdavidscenter.org)



## Substance Abuse

*Ku Xadgudubka Maandooriyaha / Abuso de sustancias*

- \*Al-Anon & Alateen (*support groups for loved ones & teens*)..... 952-920-3961 / [www.al-anon-alateen-msp.org](http://www.al-anon-alateen-msp.org)
- \*Alcoholics Anonymous (*support groups, call 24/7*)..... 952-922-0880 / [www.aaminneapolis.org](http://www.aaminneapolis.org)
- Hennepin Co. (*assessments, referrals, financial assistance for treatment*)..... 612-348-4111  
[www.hennepin.us/residents/health-medical/addiction-help](http://www.hennepin.us/residents/health-medical/addiction-help)
- MN Recovery Connection (*recovery supports*)..... 612-584-4158 / [www.minnesotarecovery.org](http://www.minnesotarecovery.org)
- Narcotics Anonymous (*24/7 drug addiction support*)..... 877-767-7676 / [www.naminnnesota.org](http://www.naminnnesota.org)
- National Treatment Locator (*24/7, select language then press 2*)..... 1-800-662-4357 / [www.samhsa.gov/find-treatment](http://www.samhsa.gov/find-treatment)
- Parent Helpline (*coaching & guidance, Mon.-Fri. 8-4*)..... Text CONNECT to 55753 / <https://drugfree.org>
- Partnership to End Addiction (*Free helpline and parent coaching, M-F, 8AM-4PM*)..... 1-855-378-4373 / [www.Drugfree.org](http://www.Drugfree.org)



## Transportation

*Gaadiidka / Transporte*

- \*PROP (*resources for car repair assistance*)..... 952-937-9120 / [www.propfood.org](http://www.propfood.org)
- \*SW Prime (*local, door-to-door shared bus service*)..... 952-797-7463 / [www.swtransit.org/sw-prime](http://www.swtransit.org/sw-prime)
- \*SW Transit (*EP feeder/commuter bus system*)..... 952-949-2287 / [www.swtransit.org](http://www.swtransit.org)
- CAP-HC (*vehicle repair program*)..... 952-933-9639 / [caphennepin.org/what-we-do/vehicle-repair-program.html](http://caphennepin.org/what-we-do/vehicle-repair-program.html)
- Metro Mobility (*for those with disabilities*)..... 651-602-1111 / [www.metrotransit.org/metro-mobility](http://www.metrotransit.org/metro-mobility)
- Metro Transit (*Twin Cities bus and rail system*)..... 612-373-3333 / [www.metrotransit.org](http://www.metrotransit.org)
- Mobility4all (*scheduled and on-demand single rides or monthly memberships for those who need more assistance*).....  
612-412-4321 / [www.mobility4all.com](http://www.mobility4all.com)
- TransitLink (*metro-wide, dial-a-ride, shared bus service*)..... 651-602-5465 / [www.transitlinktc.org](http://www.transitlinktc.org)
- Transportation Assistance Program (*discounted rides on Metro Transit or SW Transit buses (including SW Prime) for eligible people with low incomes*)..... [www.metrotransit.org/tap-riders](http://www.metrotransit.org/tap-riders)



## Veterans

*Halyeeyo / Veteranos/ Veteranas*

- \*Camp Gratitude..... <https://campgratitude.org/>
- \*US Veterans Disability Assistance Eden Prairie (*guidance on applying for VA benefits*)..... 877-777-4021 / <https://vetsnational.com/local/minnesota/eden-prairie-veteran-advocate-help/>
- Hennepin County Veterans Service Office..... 612-348-3300 / <https://www.hennepin.us/residents/human-services/veterans-service>
- Link Vet - Veterans Linkage Line (*connection to services*)..... 1-888-546-5838 / [www.mdva.state.mn.us](http://www.mdva.state.mn.us)

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Note: Eligibility for programs varies. Most programs providing financial assistance serve those with low incomes.



## Volunteers

Tabaruceyaal / Voluntarios/ Voluntarias

- \*City of Eden Prairie Volunteer Opportunities ..... 952-949-8300 / [www.edenprairie.org/community](http://www.edenprairie.org/community)
- \*Eden Prairie Schools Volunteer Program (*opportunities for ages 14+*)..... 952-975-6940 / [www.edenpr.org/volunteer](http://www.edenpr.org/volunteer)
- \*PROP (*food shelf, variety of opportunities for teens & adults*) ..... 952-937-9120 / [www.propfood.org/volunteer](http://www.propfood.org/volunteer)
- \*PROP Shop (*provides clothes & household items, variety of opportunities*) 952-934-2323 / [www.propshopep.org/volunteering](http://www.propshopep.org/volunteering)
- Doing Good Together Big-Hearted Families (*family volunteer tips & opportunities*)..... [www.doinggoodtogether.org](http://www.doinggoodtogether.org)
- Every Meal (*meal packing for EP & area schools Weekend/Summer Food Program*) ..... 612-568-4003 / [volunteer.everymeal.org/](http://volunteer.everymeal.org/)
- Family Fun Twin Cities Volunteering with Kids (*opportunities for families*)..... [www.familyfuntwincities.com/volunteer-kids](http://www.familyfuntwincities.com/volunteer-kids)
- Feed My Starving Children (*international hunger relief meal packing opportunities in Chanhassen*) .952-937-2329 / [www.fmssc.org](http://www.fmssc.org)
- Volunteer Match (*website matching volunteers with variety of opportunities*) ..... [www.volunteermatch.org](http://www.volunteermatch.org)



## Youth Sports

Ciyaaraha Dhalinyarada / Deportes juveniles

**Note: A wide variety of sports are offered through Eden Prairie Schools and Community Education's EPIC Youth Program. This is not an all-inclusive list. Many private and for-profit sports teams, studios, and organizations also exist in Eden Prairie and the surrounding area.**

- Aquajets Swim Team..... 952-351-9928 / [www.teamunify.com/team/mnast/page/home](http://www.teamunify.com/team/mnast/page/home)
- Eden Prairie Baseball Association ..... [www.epbaseball.com](http://www.epbaseball.com)
- Eden Prairie Boys Basketball Association ..... [www.epbba.org](http://www.epbba.org)
- Eden Prairie Fastpitch Association ..... [www.epfastpitch.com](http://www.epfastpitch.com)
- Eden Prairie Figure Skating Club..... [info@edenprairiefsc.org](mailto:info@edenprairiefsc.org) / [edenprairiefsc.org](http://edenprairiefsc.org)
- Eden Prairie Football Association..... [www.edenprairiefootball.com](http://www.edenprairiefootball.com)
- Eden Prairie Foxjet Swim Team ..... 952-210-8895 / [www.teamunify.com/team/mstf/page/home](http://www.teamunify.com/team/mstf/page/home)
- Eden Prairie Girls Basketball Association..... [www.epgba.org](http://www.epgba.org)
- Eden Prairie Hockey Association..... [www.ephockey.com](http://www.ephockey.com)
- Eden Prairie Lacrosse Association ..... [www.eplacrosse.com](http://www.eplacrosse.com)
- Eden Prairie Soccer Association ..... [info@edenprairiesoccer.org](mailto:info@edenprairiesoccer.org) / [www.edenprairiesoccer.org](http://www.edenprairiesoccer.org)
- Eden Prairie Soccer Club..... 952-240-0867 / [www.epsoccerclub.com](http://www.epsoccerclub.com)
- Eden Prairie Track & Field Association..... [info@eptfa.org](mailto:info@eptfa.org) / [www.eptfa.org](http://www.eptfa.org)
- Eden Prairie Volleyball Association..... [epvolleyball.com](http://epvolleyball.com)
- Eden Prairie Wrestling Takedown Association ..... [eptawrestling@gmail.com](mailto:eptawrestling@gmail.com)
- Eden Prairie Youth Ski Club (MYSL Nordic Ski Club)..... <https://mysl.org/clubs/staring>
- Strykers Cricket Club Eden Prairie ..... [www.strykerscc.org](http://www.strykerscc.org)
- Twin Cities Youth Rowing Club ..... [recruiting@tcyrc.org](mailto:recruiting@tcyrc.org) / [tcyrc.org](http://tcyrc.org)

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# Youth/Teen Services

Adeegyada Dhalinyarada/Dhalinyarada / Servicios para jóvenes/adolescentes

**Note: Please see other categories for different types of services for youth and teens. A wide variety of services are also available through Eden Prairie Schools.**

- \*(AYL) Academy For Young Leaders (for Somali youth who could benefit from support) ..... 952-220-4141 / [academyforyoungleaders.org](http://academyforyoungleaders.org)
- \*Brighter Days Family Grief Center (support groups, fun activities, grief counseling, trauma support, and retreats for grieving youth ages 4-17) ..... 952-303-3873 / [www.brighterdaysgriefcenter.org](http://www.brighterdaysgriefcenter.org)
- \*Kaleidoscope Teens ..... Tammy Ryder-Harms, 952-500-9723 / [tryderharms@kaleidoscopeteens.org](mailto:tryderharms@kaleidoscopeteens.org)
- \*Royal Credit Union (free financial education regarding budgeting, building credit, learning banking basics and more for EP students located at the EPHS) ..... [rcu.org/edenprairie](http://rcu.org/edenprairie)
- Child & Teen Check-up Program (help accessing medical & dental) ..... 612-348-5131 / [www.hennepin.us/residents/health-medical/child-teen-checkups](http://www.hennepin.us/residents/health-medical/child-teen-checkups)
- Hennepin Co. Children's Mobile Crisis Response (24/7 help with a child's mental health crisis) ..... 612-348-2233 / [www.hennepin.us/mentalhealthcrisis](http://www.hennepin.us/mentalhealthcrisis)
- Hope House (temporary housing for youth 14-19 located in Chanhassen) ..... Text 612-916-3977 / [www.180degrees.org/hope-house.html](http://www.180degrees.org/hope-house.html)
- MoveFwd (support for ages 12-24, housing, counseling, household goods, clothing) ...952-988-8336 / <https://movefwdmn.org/>
- MyHealth (low cost medical clinics, counseling for ages 12-26 and families) ..... 952-474-4251 / [www.myhealthmn.org](http://www.myhealthmn.org)
- SEWA (referrals for youth, counseling, peer groups, LGBTQ group, with South Asian focus) .....952-912-9100 / [www.sewa-aifw.org](http://www.sewa-aifw.org)
- Youth Service Network (app for ages 10-24 to search open shelter beds, drop-in centers, and resources) ..... [www.ysnmn.org](http://www.ysnmn.org)

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**Looking for something else?  
Reach out to the Family Resources Specialist:  
952-975-7030 or visit [www.edenpr.org/familyresources](http://www.edenpr.org/familyresources)**

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**EDEN PRAIRIE SCHOOLS**  
Family Resources Program