





The Judy Center Presents

A Power Tots Playgroup

Power Tots supports children's physical and emotional growth and well-being—all at a critical developmental stage. From birth to age six, 90% of brain development has occurred. Power Tots is based on science showing that physical activity enhances learning. Serving children with a rich foundation during these early years sets them up for future success.

> Wednesdays from 11:00-12:00pm **Indian Head Pavilion** 100 Walter Thomas Road

Children MUST live in the Indian Head school zone and be between the ages of 1-5 years old

Use the QR code or click the icon to sign up



Sign up here!



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