



Dear Families,

This week our school community will be focusing on the Other People Mindset of ***Being Present and Giving Others My Attention***. This means when I'm with other people, I'm present and give them my full attention.

This element of the Other People Mindset is so important today due to the increasing number of distractions vying for our time and attention. Phone calls, text messages, emails, social media notifications all have the dangerous capacity to pull us away from the present moment and, what's most important -- our relationships with other people.

Just like plants need sunlight to grow, our relationships need attention. If we don't give our attention to the people we're building relationships with -- whether family members, close friends, or even distant colleagues -- we can't build those relationships. It's vitally important that we pick our heads up from our cell phones and truly listen to other people when they're talking. A positive culture is built on positive relationships -- and we can't build positive relationships without attention.

To practice and encourage the character strength of perspective with your child, please visit the Positivity Project's [P2 for Families](#) (password: **P2**), where together you will watch a video, read a quote, and talk about the answers to three questions.

Have a wonderful week!