

Date:	Event	Time	Location	Opposition
Wednesday, June 1, 2022	Team Meeting	2:30 PM	St. Joseph High School- Rom 102	*Returning and new players
Thursday, June 2, 2022	Day Off			
Friday, June 3, 2022	Future Falcons Clinic	6:00 PM- 7:00 PM	St. Joseph High School- GRASS	
Saturday, June 4, 2022	Day Off			
Sunday, June 5, 2022	Day Off			
Monday, June 6, 2022	Team Meeting and Future Falcons Clinic	6:00 PM-7:00:00 PM 7:00PM-8:00 PM	St. Joseph High School- Cafeteria	*Parents and NEW FROSH Players/ Parents
Tuesday, June 7, 2022	Day Off			
Wednesday, June 8, 2022	Day Off			
Thursday, June 9, 2022	Day Off			
Friday, June 10, 2022	Future Falcons Clinic	6:00PM- 7:00PM	St. Joseph High School- GRASS	
Saturday, June 11, 2022	Day Off			
Sunday, June 12, 2022	Day Off			
Monday, June 13, 2022	Future Falcons Clinic	6:00PM-7:00PM	St. Joseph High School- GRASS	
Tuesday, June 14, 2022	Day Off			
Wednesday, June 15, 2022	Day Off			
Thursday, June 16, 2022	Day Off			
Friday, June 17, 2022	Day Off			
Saturday, June 18, 2022	Day Off			
Sunday, June 19, 2022	Day Off			
Monday, June 20, 2022	Day Off			
Tuesday, June 21, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, June 22, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, June 23, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, June 24, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Saturday, June 25, 2022	Day Off			
Sunday, June 26, 2022	Day Off			
Monday, June 27, 2022	Day Off			
Tuesday, June 28, 2022	Day Off			
Wednesday, June 29, 2022	Day Off			
Thursday, June 30, 2022	Day Off			
Friday, July 1, 2022	Day Off			
Saturday, July 2, 2022	Day Off			
Sunday, July 3, 2022	Day Off			
Monday, July 4, 2022	Day Off			
Tuesday, July 5, 2022	Day Off			
Wednesday, July 6, 2022	Day Off			
Thursday, July 7, 2022	Day Off			
Friday, July 8, 2022	Day Off			
Saturday, July 9, 2022	Day Off			
Sunday, July 10, 2022	Day Off			
Monday, July 11, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 12, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 13, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, July 14, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 15, 2022	Day Off			
Saturday, July 16, 2022	Day Off			
Sunday, July 17, 2022	Day Off			
Monday, July 18, 2022	Day Off			
Tuesday, July 19, 2022	Day Off			
Wednesday, July 20, 2022	Day Off			
Thursday, July 21, 2022	Day Off			
Friday, July 22, 2022	Day Off			
Saturday, July 23, 2022	Day Off			
Sunday, July 24, 2022	Day Off			
Monday, July 25, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 26, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 27, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, July 28, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 29, 2022	Day Off			
Saturday, July 30, 2022	Day Off			
Sunday, July 31, 2022	Day Off			
Monday, August 1, 2022	Day Off			
Tuesday, August 2, 2022	Day Off			
Wednesday August 3, 2022	Day Off			
Thursday August 4, 2022	Day Off			
Friday August 5, 2022	Day Off			
Saturday August 6, 2022	Day Off			
Sunday August 7, 2022	Day Off			
Monday August 8, 2022	Day Off			
Tuesday August 9, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School-TRACK/TURF/GRASS	
Wednesday August 10, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 11, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Friday August 12, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Saturday August 13, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Sunday August 14, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Monday August 15, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Tuesday August 16, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Wednesday August 17, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 18, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Friday August 19, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Saturday August 20, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Sunday August 21, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Monday August 22, 2022	Cancelled ***	CANCELED	St. Joseph High School- TRACK/TURF	
Tuesday August 23, 2022	* First Official Day of Preseason	8:00AM-9:30AM - Gauntlet 4-6PM 11 vs 11 games	St. Joseph High School- TURF/GRASS	
Wednesday August 24, 2022	Training Session / Player Selection Meeting	8AM-10AM ALL - 11 v 11 Games then ( Player Selection Meetings 1pm) ALL	St. Joseph High School- TURF - Meeting in Library	
Thursday August 25, 2022	Training Session / Tactical meeting	1.8AM-10AM - 2. V ONLY- 1-2:30PM	St. Joseph High School- TURF/GRASS	
Friday August 26, 2022	Team Meetings/ Team Bonding Activity	1.8AM-10AM - 2. V 12PM-3:30PM	St. Joseph High School- Cafe/Perch	
Saturday August 27, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Sunday August 28, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Monday August 29, 2022	Training Session	2:30-4:30PM V	St. Joseph High School- TURF	
Tuesday August 30, 2022	Training Session	2:30-4:30PM V	St. Joseph High School- TURF	
Wednesday August 31, 2022	Training Session	2:30-4:30PM V- Team Meeting 4:30-5:30PM	St. Joseph High School- TURF	
Thursday September 1, 2022	Training Session	2:30-4:30PM V- Team Meeting 4:30-5:30PM	St. Joseph High School- TURF	
Friday September 2, 2022	Scrimmage - AWAY	9:30AM- ALL 3 Levels	Piscataway High School	vs Piscataway
Saturday September 3, 2022	Scrimmage - HOME	9:00AM- ALL 3 Levels( V Turf- JV/ Novice GRASS)	St. Joseph High School- TURF/GRASS	vs Edison
Sunday September 4, 2022	Day Off	Rest, Ice, Recover		
Monday September 5, 2022	Day Off	Rest, Ice, Recover		
Tuesday September 6, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Wednesday September 7, 2022	Training Session	2:30-4:30PM V- Team Meeting 4:30:5:30PM	St. Joseph High School- TURF	
Thursday September 8, 2022	GAME	4:15PM V HOME vs South Brunswick	St. Joseph High School- TURF	vs South Brunswick
Friday September 9, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Saturday September 10, 2022	GAME	2:30PM V HOME vs New Brunswick	St. Joseph High School- TURF	vs New Brunswick
Sunday September 11, 2022	OFF	Rest, Ice, Recover		
Monday September 12, 2022	OFF	Rest, Ice, Recover		
Tuesday September 13, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Wednesday September 14, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Thursday September 15, 2022	GAME	4:30PM V HOME vs North Brunswick	St. Joseph High School- TURF	vs North Brunswick
Friday September 16, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Saturday September 17, 2022	GAME	11:30AM V HOME vs Monroe	Monroe HS- TURF	vs Monroe
Sunday September 18, 2022	OFF	Rest, Ice, Recover		
Monday September 19, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- GRASS	
Tuesday September 20, 2022	GAME	4:30PM V HOME vs East Brunswick	St. Joseph High School- TURF	vs East Brunswick
Wednesday September 21, 2022	GAME	4PM V AWAY vs Old Bridge	Old Bridge HS	vs Old Bridge
Thursday September 22, 2022	OFF	Rest Ice Recover		
Friday September 23, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Saturday September 24, 2022	GAME	2pm AWAY V vs South Brunswick	South Brunswick HS - TURF	
Sunday September 25, 2022	OFF	Rest, Ice, Recover		
Monday September 26, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Tuesday September 27, 2022	GAME	6PM V AWAY vs New Brunswick	New Brunswick HS- TURF	vs New Brunswick
Wednesday September 28, 2022	OFF	Rest, Ice, Recover		
Thursday September 29, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Friday September 30, 2022	Training Session	2:30-4:30PM-V	St. Joseph High School- TURF	
Saturday October 1, 2022	GAME	10AM V AWAY vs North Brunswick	North Brunswick HS- TURF	vs North Brunswick
Sunday October 2, 2022	OFF	Rest, Ice, Recover		
Monday October 3, 2022	GAME	6PM V AWAY vs Monroe	Monroe High School- TURF	vs Monroe
Tuesday October 4, 2022	OFF	Rest, Ice, Recover		



Wednesday, June 1, 2022	Team Meeting	2:30 PM	St. Joseph High School- Rom 102	*Returning and new players
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Friday, June 3, 2022	Future Falcons Clinic	6:00 PM- 7:00 PM	St. Joseph High School- GRASS	
Saturday, June 4, 2022	Day Off			
Sunday, June 5, 2022	Day Off			
Monday, June 6, 2022	Team Meeting and Future Falcons Clinic	6:00 PM-7:00:00 PM 7:00PM-8:00 PM	St. Joseph High School- Cafeteria	*Parents and NEW FROSH Players/ Parents
Tuesday, June 7, 2022	Day Off			
Wednesday, June 8, 2022	Day Off			
Thursday, June 9, 2022	Day Off			
Friday, June 10, 2022	Future Falcons Clinic	6:00PM- 7:00PM	St. Joseph High School- GRASS	
Saturday, June 11, 2022	Day Off			
Sunday, June 12, 2022	Day Off			
Monday, June 13, 2022	Future Falcons Clinic	6:00PM-7:00PM	St. Joseph High School- GRASS	
Tuesday, June 14, 2022	Day Off			
Wednesday, June 15, 2022	Day Off			
Thursday, June 16, 2022	Day Off			
Friday, June 17, 2022	Day Off			
Saturday, June 18, 2022	Day Off			
Sunday, June 19, 2022	Day Off			
Monday, June 20, 2022	Day Off			
Tuesday, June 21, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, June 22, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, June 23, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, June 24, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Saturday, June 25, 2022	Day Off			
Sunday, June 26, 2022	Day Off			
Monday, June 27, 2022	Day Off			
Tuesday, June 28, 2022	Day Off			
Wednesday, June 29, 2022	Day Off			
Thursday, June 30, 2022	Day Off			
Friday, July 1, 2022	Day Off			
Saturday, July 2, 2022	Day Off			
Sunday, July 3, 2022	Day Off			
Monday, July 4, 2022	Day Off			
Tuesday, July 5, 2022	Day Off			
Wednesday, July 6, 2022	Day Off			
Thursday, July 7, 2022	Day Off			
Friday, July 8, 2022	Day Off			
Saturday, July 9, 2022	Day Off			
Sunday, July 10, 2022	Day Off			
Monday, July 11, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 12, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 13, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, July 14, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 15, 2022	Day Off			
Saturday, July 16, 2022	Day Off			
Sunday, July 17, 2022	Day Off			
Monday, July 18, 2022	Day Off			
Tuesday, July 19, 2022	Day Off			
Wednesday, July 20, 2022	Day Off			
Thursday, July 21, 2022	Day Off			
Friday, July 22, 2022	Day Off			
Saturday, July 23, 2022	Day Off			
Sunday, July 24, 2022	Day Off			
Monday, July 25, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 26, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 27, 2022	Dark Stars Camp	9:00 AM-1:00 PM	St. Joseph High School	
Thursday, July 28, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 29, 2022	Day Off			
Saturday, July 30, 2022	Day Off			
Sunday, July 31, 2022	Day Off			
Monday, August 1, 2022	Day Off			
Tuesday, August 2, 2022	Day Off			
Wednesday August 3, 2022	Day Off			
Thursday August 4, 2022	Day Off			
Friday August 5, 2022	Day Off			
Saturday August 6, 2022	Day Off			
Sunday August 7, 2022	Day Off			
Monday August 8, 2022	Day Off			
Tuesday August 9, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School-TRACK/TURF/GRASS	
Wednesday August 10, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 11, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Friday August 12, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Saturday August 13, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Sunday August 14, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Monday August 15, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Tuesday August 16, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Wednesday August 17, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 18, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Friday August 19, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Saturday August 20, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Sunday August 21, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Monday August 22, 2022	Canceled ***	CANCELED	St. Joseph High School- TRACK/TURF/GRASS	
Tuesday August 23, 2022	First Official Day of Preseason	8:30AM-10AM - Gauntlet/ 4-6PM 11 vs 11 games	St. Joseph High School- TURF/GRASS	
Wednesday August 24, 2022	Training Session	JV-8AM-10AM ALL ( Player Selection Meetings 1pm)	St. Joseph High School- TURF/GRASS	
Thursday August 25, 2022	Training Session	JV-8AM-10AM	St. Joseph High School- TURF/GRASS	
Friday August 26, 2022	Team Meetings/ Team Bonding Activity	JV-8AM-10AM Training - ALL -12PM-3:30PM	St. Joseph High School- Cafe/Perch	
Saturday August 27, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Sunday August 28, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Monday August 29, 2022	Day Off	Rest, Ice, Recover		
Tuesday August 30, 2022	Training Session	JV-2:30-4PM	St. Joseph High School- TURF/GRASS	
Wednesday August 31, 2022	Training Session	JV-2:30-4PM	St. Joseph High School- TURF/GRASS	
Thursday September 1, 2022	Training Session	JV-2:30-4PM	St. Joseph High School- TURF/GRASS	
Friday September 2, 2022	Scrimmage -AWAY	9:30AM- ALL 3 Levels	Piscataway High School	vs Piscataway
Saturday September 3, 2022	Scrimmage -HOME	9:00AM- ALL 3 Levels ( V Turf- JV /Novice GRASS)	St. Joseph High School- TURF/GRASS	vs Edison
Sunday September 4, 2022	Day Off	Rest, Ice, Recover		
Monday September 5, 2022	Day Off	Rest, Ice, Recover		
Tuesday September 6, 2022	Training Session	JV-2:30-4PM	St. Joseph High School- TURF/GRASS	
Wednesday September 7, 2022	Training Session	JV-2:30-4PM	St. Joseph High School- TURF/GRASS	
Thursday September 8, 2022	GAME	4:30PM HOME vs South Brunswick	St. Joseph High School- GRASS	vs South Brunswick
Friday September 9, 2022	Training Session	2:30-4:30PM- JV	St. Joseph High School- GRASS	
Saturday September 10, 2022	GAME	11:30AM HOME vs New Brunswick	St. Joseph High School- GRASS	vs New Brunswick
Sunday September 11, 2022	OFF	Rest, Ice, Recover		
Monday September 12, 2022	OFF	Rest, Ice, Recover		
Tuesday September 13, 2022	Training Session	2:30-4:30PM- JV	St. Joseph High School- GRASS	
Wednesday September 14, 2022	Training Session	2:30-4:30PM- JV	St. Joseph High School- GRASS	
Thursday September 15, 2022	GAME	4PM V HOME vs North Brunswick	St. Joseph High School- GRASS	vs North Brunswick
Friday September 16, 2022	Training Session	2:30-4:30PM- JV	St. Joseph High School- GRASS	
Saturday September 17, 2022	GAME	11:30AM V HOME vs Monroe	Monroe HS	vs Monroe
Sunday September 18, 2022	OFF	Rest, Ice, Recover		
Monday September 19, 2022	Training Session	2:30-4:30PM- JV	St. Joseph High School- GRASS	
Tuesday September 20, 2022	GAME	4:30PM V HOME vs East Brunswick	St. Joseph High School- GRASS	vs East Brunswick
Wednesday September 21, 2022	GAME	4PM AWAY vs Old Bridge	Old Bridge High School	vs Old Bridge

Thursday September 22, 2022	OFF	Rest, Ice, Recover			
Friday September 23, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Saturday September 24, 2022	GAME	11:30AM AWAY vs South Brunswick	South Brunswick HS	vs South Brunswick	
Sunday September 25, 2022	OFF	Rest, Ice, Recover			
Monday September 26, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Tuesday September 27, 2022	GAME	4PM AWAY vs New Brunswick	New Brunswick HS-	vs New Brunswick	
Wednesday September 28, 2022	OFF	Rest, Ice, Recover			
Thursday September 29, 2022	Training Session	2:30-4:30PM-JV			
Friday September 30, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Saturday October 1, 2022	GAME	10AM V AWAY vs North Brunswick	North Brunswick HS	vs North Brunswick	
Sunday October 2, 2022	OFF	Rest, Ice, Recover			
Monday October 3, 2022	GAME	4:30PM AWAY vs Monroe	Monroe HS-	vs Monroe	
Tuesday October 4, 2022	OFF	Rest, Ice, Recover			
Wednesday October 5, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Thursday October 6, 2022	GAME	4PM AWAY vs East Brunswick	East Brunswick HS-	vs East Brunswick	
Friday October 7, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-		
Saturday October 8, 2022	OFF	Rest, Ice, Recover			
Sunday October 9, 2022	OFF	Rest, Ice, Recover			
Monday October 10, 2022	GAME	4PM V HOME vs Old Bridge ( Stay after for Varsity )	St. Joseph High School- GRASS	vs Old Bridge	
Tuesday October 11, 2022	OFF				
Wednesday October 12, 2022	Training Session	1-3PM-JV	St. Joseph High School-GRASS		
Thursday October 13, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Friday October 14, 2022	OFF	Rest, Ice, Recover			
Saturday October 15, 2022	FIRST ROUND GMC/ JV Tournament	TBD	TBD		
Sunday October 16, 2022	OFF				
Monday October 17, 2022	Training Session	8:30-10:30AM-JV	St. Joseph High School-GRASS		
Tuesday October 18, 2022	QUARTER FINALS GMC/ JV Tournament	TBD			
Wednesday October 19, 2022	OFF				
Thursday October 20, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Friday October 21, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Saturday October 22, 2022	SEM FINALS GMC/ JV Tournament	TBD	TBD		
Sunday October 23, 2022	OFF				
Monday October 24, 2022	Training Session	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Tuesday October 25, 2022	FINALS GMC/ JV Tournament	TBD	TBD		
Wednesday October 26, 2022	OFF				
Thursday October 27, 2022	JV Tournament	2:30-4:30PM-JV	St. Joseph High School-GRASS		
Friday October 28, 2022	OFF				
Saturday October 29, 2022	SENIOR DAY GAME NO GAME	9:30AM-V HOME vs Hudson Catholic MUST ATTEND VARSITY GAME	St. Joseph High School-TURF	vs Hudson Catholic	
Sunday October 30, 2022	OFF				
Monday October 31, 2022	STATE TOURNAMENT BEGINS	TBD			
Tuesday November 1, 2022	TBD				
Wednesday November 2, 2022	TBD				
Thursday November 3, 2022	TBD				
Friday November 4, 2022	TBD				
Saturday November 5, 2022	TBD				
Sunday November 6, 2022	TBD				
Monday November 7, 2022	TBD				
Tuesday November 8, 2022	TBD				
Wednesday November 9, 2022	TBD				
Thursday November 10, 2022	TBD				
Friday November 11, 2022	TBD				
Saturday November 12, 2022	TBD				
Sunday November 13, 2022	TBD				
Monday November 14, 2022	TBD				
Tuesday November 15, 2022	TBD				

Wednesday, June 1, 2022	Team Meeting	2:30 PM	St. Joseph High School- Rom 102	*Returning and new players
Thursday, June 2, 2022	Day Off			
Friday, June 3, 2022	Future Falcons Clinic	6:00 PM- 7:00 PM	St. Joseph High School- GRASS	
Saturday, June 4, 2022	Day Off			
Sunday, June 5, 2022	Day Off			
Monday, June 6, 2022	Team Meeting and Future Falcons Clinic	6:00 PM-7:00:00 PM 7:00PM-8:00 PM	St. Joseph High School- Cafeteria	*Parents and NEW FROSH Players/ Parents
Tuesday, June 7, 2022	Day Off			
Wednesday, June 8, 2022	Day Off			
Thursday, June 9, 2022	Day Off			
Friday, June 10, 2022	Future Falcons Clinic	6:00PM- 7:00PM	St. Joseph High School- GRASS	
Saturday, June 11, 2022	Day Off			
Sunday, June 12, 2022	Day Off			
Monday, June 13, 2022	Future Falcons Clinic	6:00PM-7:00PM	St. Joseph High School- GRASS	
Tuesday, June 14, 2022	Day Off			
Wednesday, June 15, 2022	Day Off			
Thursday, June 16, 2022	Day Off			
Friday, June 17, 2022	Day Off			
Saturday, June 18, 2022	Day Off			
Sunday, June 19, 2022	Day Off			
Monday, June 20, 2022	Day Off			
Tuesday, June 21, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, June 22, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, June 23, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, June 24, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Saturday, June 25, 2022	Day Off			
Sunday, June 26, 2022	Day Off			
Monday, June 27, 2022	Day Off			
Tuesday, June 28, 2022	Day Off			
Wednesday, June 29, 2022	Day Off			
Thursday, June 30, 2022	Day Off			
Friday, July 1, 2022	Day Off			
Saturday, July 2, 2022	Day Off			
Sunday, July 3, 2022	Day Off			
Monday, July 4, 2022	Day Off			
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Friday, July 8, 2022	Day Off			
Saturday, July 9, 2022	Day Off			
Sunday, July 10, 2022	Day Off			
Monday, July 11, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 12, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 13, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, July 14, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 15, 2022	Day Off			
Saturday, July 16, 2022	Day Off			
Sunday, July 17, 2022	Day Off			
Monday, July 18, 2022	Day Off			
Tuesday, July 19, 2022	Day Off			
Wednesday, July 20, 2022	Day Off			
Thursday, July 21, 2022	Day Off			
Friday, July 22, 2022	Day Off			
Saturday, July 23, 2022	Day Off			
Sunday, July 24, 2022	Day Off			
Monday, July 25, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Tuesday, July 26, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Wednesday, July 27, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Thursday, July 28, 2022	Dark Stars Camp	9:00 AM- 1:00 PM	St. Joseph High School	
Friday, July 29, 2022	Day Off			
Saturday, July 30, 2022	Day Off			
Sunday, July 31, 2022	Day Off			
Monday, August 1, 2022	Day Off			
Tuesday, August 2, 2022	Day Off			
Wednesday August 3, 2022	Day Off			
Thursday August 4, 2022	Day Off			
Friday August 5, 2022	Day Off			
Saturday August 6, 2022	Day Off			
Sunday August 7, 2022	Day Off			
Monday August 8, 2022	Day Off			
Tuesday August 9, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School-TRACK/TURF/GRASS	
Wednesday August 10, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 11, 2022	Training Session	5:30-7:30pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Friday August 12, 2022	Day Off			
Saturday August 13, 2022	Day Off			
Sunday August 14, 2022	Day Off			
Monday August 15, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Tuesday August 16, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Wednesday August 17, 2022	Training Session	4-6pm - ALL Players	St. Joseph High School- TRACK/TURF/GRASS	
Thursday August 18, 2022	Day Off			
Friday August 19, 2022	Day Off			
Saturday August 20, 2022	Day Off			
Sunday August 21, 2022	Day Off			
Monday August 22, 2022	Canceled ****	CANCELED	St. Joseph High School- TRACK/TURF/GRASS	
Tuesday August 23, 2022	*First Official Day of Preseason	8:30AM-10AM - Gauntlet/ 4-6PM 11 vs 11 games	St. Joseph High School- TURF/GRASS	
Wednesday August 24, 2022	Training Session	Novice-8AM-10AM ALL ( Player Selection Meetings 1pm)	St. Joseph High School-TURF/GRASS	
Thursday August 25, 2022	Training Session	Novice-10AM-12PM Novice	St. Joseph High School- TURF/GRASS	
Friday August 26, 2022	Team Meetings/ Team Bonding Activity	Novice-8AM-10AM Training - ALL -12PM-3:30PM Team Meeting / Bonding Activity ALL	St. Joseph High School- Cafe/Perch	
Saturday August 27, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM- ALL	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Sunday August 28, 2022	CAR WASH FUND.	Car Wash 8:30am-3PM- ALL	St. Joseph High School	Car Wash Fund. JV/ Novice: 8:30am-11:30am - V:11:30am-3pm
Monday August 29, 2022	Day Off	Rest, Ice, Recover		
Tuesday August 30, 2022	Training Session	Novice- 4:00-5:30PM	St. Joseph High School-TURF/GRASS	
Wednesday August 31, 2022	Training Session	Novice- 4:00-5:30PM	St. Joseph High School-TURF/GRASS	
Thursday September 1, 2022	Training Session	Novice- 4:00-5:30PM	St. Joseph High School-TURF/GRASS	
Friday September 2, 2022	Scrimmage -AWAY	9:30AM- ALL 3 Levels	Piscataway High School	vs Piscataway
Saturday September 3, 2022	Scrimmage -HOME	9:00AM- ALL 3 Levels( V Turf- JV /Novice GRASS)	St. Joseph High School-TURF/GRASS	vs Edison
Sunday September 4, 2022	Day Off	Rest, Ice, Recover		
Monday September 5, 2022	Day Off	Rest, Ice, Recover		
Tuesday September 6, 2022	Training Session	Novice- 4-5:30PM	St. Joseph High School-TURF/GRASS	
Wednesday September 7, 2022	Training Session	Novice- 4-5:30PM	St. Joseph High School-TURF/GRASS	
Thursday September 8, 2022	NO GAME- ATTEND VARSITY GAME*	4:15PM V HOME vs South Brunswick -NO GAME- ATTEND VARSITY GAME*	St. Joseph High School-TURF	NO GAME- ATTEND VARSITY GAME*
Friday September 9, 2022	OFF	Rest, Ice, Recovery		
Saturday September 10, 2022	GAME	8AM HOME vs New Brunswick	St. Joseph High School- GRASS	vs New Brunswick
Sunday September 11, 2022	OFF	Rest, Ice, Recover		
Monday September 12, 2022	OFF	Rest, Ice, Recover		
Tuesday September 13, 2022	Training Session	Novice 4-5:30PM	St. Joseph High School- GRASS	
Wednesday September 14, 2022	Training Session	Novice 4-5:30PM	St. Joseph High School- GRASS	
Thursday September 15, 2022	NO GAME- ATTEND VARSITY GAME*	V 4:30pm V HOME vs North Brunswick	St. Joseph High School- GRASS	vs North Brunswick
Friday September 16, 2022	OFF	Rest, Ice, Recover		
Saturday September 17, 2022	GAME	8AM HOME vs Monroe	Monroe HS-	vs Monroe
Sunday September 18, 2022	OFF	Rest, Ice, Recover		
Monday September 19, 2022	Training Session	Novice 4-5:30PM	St. Joseph High School-GRASS	
Tuesday September 20, 2022	Training Session	Training 2:30-3:45pm watch V 4:30PM V HOME vs East Brunswick	St. Joseph High School	
Wednesday September 21, 2022	OFF	Rest, Ice, Recover		
Thursday September 22, 2022	GAME TBD	4PM HOME vs TBD	St. Joseph High School	vs TBD

Friday September 23,2022	OFF	Rest. Ice, Recover			
Saturday September 24,2022	GAME	9AM AWAY vs South Brunswick	South Brunswick HS	vs South Brunswick	
Sunday September 25,2022	OFF	Rest. Ice, Recover			
Monday September 26,2022	Training Session	Novice 4-5:30PM	St. Joseph High School- GRASS		
Tuesday September 27,2022	GAME	4PM V AWAY vs New Brunswick	New Brunswick HS	vs New Brunswick	
Wednesday September 28,2022	OFF	Rest. Ice, Recover			
Thursday September 29,2022	Training Session	Novice 4-5:30PM	St. Joseph High School- GRASS		
Friday September 30,2022	OFF	Rest. Ice, Recover			
Saturday October 1,2022	OFF	Rest. Ice, Recover			
Sunday October 2,2022	OFF	Rest. Ice, Recover			
Monday October 3,2022	GAME	4:30PM AWAY vs Monroe	Monroe HS	vs Monroe	
Tuesday October 4,2022	OFF	Rest. Ice, Recover			
Wednesday October 5,2022	Training Session	Novice 4-5:30PM	St. Joseph High School- GRASS		
Thursday October 6,2022	GAME	4PM AWAY vs East Brunswick	East Brunswick HS	vs East Brunswick	
Friday October 7,2022	OFF	Rest. Ice Recover			
Saturday October 8,2022	OFF	Rest. Ice Recover			
Sunday October 9,2022	OFF	Rest. Ice Recover			
Monday October 10,2022	NO GAME* WILL ATTED VARSITY GAME	6:30PM-V HOME vs Old Bridge NO GAME- MUST ATTEND VARSITY GAME*	St. Joseph High School- TURF	NO GAME- ATTEND VARSITY GAME*	
Tuesday October 11,2022	OFF				
Wednesday October 12,2022	OFF				
Thursday October 13,2022	OFF				
Friday October 14,2022	OFF				
Saturday October 15,2022	FIRST ROUND GMC	TBD-ATTEND VARSITY GAME*	TBD		
Sunday October 16,2022	OFF				
Monday October 17,2022	OFF				
Tuesday October 18,2022	QUARTER FINALS GMC	TBD-ATTEND VARSITY GAME*			
Wednesday October 19,2022	OFF				
Thursday October 20,2022	OFF				
Friday October 21,2022	OFF				
Saturday October 22,2022	SEMI FINALS GMC	TBD-ATTEND VARSITY GAME*	TBD		
Sunday October 23,2022	OFF				
Monday October 24,2022	OFF				
Tuesday October 25,2022	FINALS GMC	TBD-ATTEND VARSITY GAME*	TBD		
Wednesday October 26,2022	OFF				
Thursday October 27,2022	OFF				
Friday October 28,2022	OFF				
Saturday October 29,2022	SENIOR DAY GAME	9:30AM- V HOME vs Hudson Catholic ATTEND GAME TO SUPPORT VARSITY	St. Joseph High School- TURF	vs Hudson Catholic	
Sunday October 30,2022	OFF				
Monday October 31,2022	STATE TOURNAMENT BEGINS	TBD-ATTEND VARSITY GAME*			
Tuesday November 1,2022	TBD				
Wednesday November 2,2022	TBD				
Thursday November 3,2022	TBD				
Friday November 4,2022	TBD				
Saturday November 5,2022	TBD				
Sunday November 6,2022	TBD				
Monday November 7,2022	TBD				
Tuesday November 8,2022	TBD				
Wednesday November 9,2022	TBD				
Thursday November 10,2022	TBD				
Friday November 11,2022	TBD				
Saturday November 12,2022	TBD				
Sunday November 13,2022	TBD				
Monday November 14,2022	TBD				
Tuesday November 15,2022	TBD				