

## Academic Needs Assessment for Students

Please rank the following using the numbers 1-5 where 1=*I need the most help with this topic* and 5=*I need the least help with this topic*

1. Study skills (how to prepare for tests or assignments): \_\_\_\_\_
2. Time management (between school, extracurricular, leisure, family, and friends): \_\_\_\_\_
3. Organization (keeping all your academic materials organized and easy to access): \_\_\_\_\_
4. Communicating for help (how and when to ask for it): \_\_\_\_\_
5. Test anxiety (calming your nervousness before a test): \_\_\_\_\_

Please circle your answers to the questions below according to the scale provided

- |  | Always |   |   | Never |
|--|--------|---|---|-------|
| 6. I am confident about my ability to prepare for a test.  | 1      | 2 | 3 | 4     |
| 7. Although I have prepared for a test, I feel an overwhelming sense of nervousness just before taking a test. | 1      | 2 | 3 | 4     |
| 8. I am overwhelmed by the amount of all my activities.  | 1      | 2 | 3 | 4     |
| 9. I turn in my assignments on time.   | 1      | 2 | 3 | 4     |
| 10. When I need it, I ask for help on my assignments.  | 1      | 2 | 3 | 4     |
| 11. I feel confident about my ability to take charge of my own education and learning.                         | 1      | 2 | 3 | 4     |

Please answer the following questions

12. Describe how you prepare for a test in one of your classes:

13. What kind of time management plan do you already use (such as a planner, calendar, etc.)?

# Career Needs Assessment for Students

## 1. Career Planning

Please rank the following using the numbers 1-8 with 1=most important through 8=least important

\_\_\_ Having the opportunity to job shadow

\_\_\_ Creating an educational plan

\_\_\_ Receiving direct instruction in school regarding career development

\_\_\_ Attending presentations given by professionals in different career fields in my community

\_\_\_ Practicing interviewing skills

\_\_\_ Learning to write a resume

\_\_\_ Researching my career interests by using multimedia sources (internet, books, newspapers, etc.)

\_\_\_ Attending a career fair

## 2. Confidence Level

Please circle the number next to the statements below with 1 being the very confident and 4 being not confident that indicate your level of confidence.

- |  |   |   |   |   |
|--|---|---|---|---|
| My career interests are related to my personal skills, abilities and interests | 1 | 2 | 3 | 4 |
| I know what college majors relate directly to my career interests              | 1 | 2 | 3 | 4 |
| I can effectively balance schoolwork and leisure time                          | 1 | 2 | 3 | 4 |
| I can set achievable goals   | 1 | 2 | 3 | 4 |

## 3. Please answer the following question by circling yes or no

I know where to look for information on various careers                      YES                      NO

## 4. Please use the space below to complete the following statement:

As far as career planning goes, I need the *most* help when it comes to:

## Emotional/Social Needs Assessment for Students

For the following items in this section, rank each topic from 1 to 5 (1=the most serious problem at our school, 5=the least serious problem at our school). Circle the example(s) that apply to you.

1. Peer pressure (EX: cliques, alcohol or drug use, sexual activity, gang involvement) \_\_\_\_\_
2. Problems with students who are different than me (EX: race/ethnicity, money, religion) \_\_\_\_\_
3. Self-image (EX: body image, depression, extreme academic stress, perfectionism) \_\_\_\_\_
4. Violence (EX: bullying, controlling anger, fights in or out of the classroom) \_\_\_\_\_
5. School unity (EX: making new friends, difficulty fitting in, lack of school spirit) \_\_\_\_\_

For the following items in this section, circle the number that best represents your opinion.

I WOULD LIKE TO KNOW MORE ABOUT:

- |   |   |   |   |   |
|---|---|---|---|---|
| 6. How to deal with peer pressure                           | 1 | 2 | 3 | 4 |
| 7. How to get along with students who are different than me | 1 | 2 | 3 | 4 |
| 8. How to manage personal stress                            | 1 | 2 | 3 | 4 |
| 9. How to handle conflict at school                         | 1 | 2 | 3 | 4 |
| 10. How to fit in at my new school                          | 1 | 2 | 3 | 4 |

Circle one.

11. Gender:    Male                                  Female

Answer the following to the best of your ability.

12. Describe any other personal/peer-related issues about which you would like to learn. \_\_\_\_\_

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