

SEPTEMBER | 2022



Elementary Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Egg, Cheese, English Muffin Fruit 100% Fruit Juice Ice Cold Milk	2 Mini Cinnis Fruit 100% Fruit Juice Ice Cold Milk
5 No School Labor Day	6 Cold Cereal Fruit 100% Fruit Juice Ice Cold Milk	7 Cinnamon Pretzel Stix Fruit 100% Fruit Juice Ice Cold Milk	8 Filled Crescent Fruit 100% Fruit Juice Ice Cold Milk	9 No School - Staff Professional Development Day
12 Mini Donuts Fruit 100% Fruit Juice Ice Cold Milk	13 Breakfast Boat Fruit 100% Fruit Juice Ice Cold Milk	14 French Toast w/ Syrup Fruit 100% Fruit Juice Ice Cold Milk	15 Pancake Bowl Fruit 100% Fruit Juice Ice Cold Milk	16 Benefit Bar Fruit 100% Fruit Juice Ice Cold Milk
19 Breakfast Bread Fruit 100% Fruit Juice Ice Cold Milk	20 Pop Tart Fruit 100% Fruit Juice Ice Cold Milk	21 Pancakes w/ Syrup Fruit 100% Fruit Juice Ice Cold Milk	22 Egg, Cheese, English Muffin Fruit 100% Fruit Juice Ice Cold Milk	23 Mini Cinnis Fruit 100% Fruit Juice Ice Cold Milk
26 Cold Cereal Fruit 100% Fruit Juice Ice Cold Milk	27 Bagel w/ Nutella Fruit 100% Fruit Juice Ice Cold Milk	28 Cinnamon Pretzel Stix Fruit 100% Fruit Juice Ice Cold Milk	29 Waffles w/ Syrup Fruit 100% Fruit Juice Ice Cold Milk	30 Filled Crescent Fruit 100% Fruit Juice Ice Cold Milk

News

This institution is an equal opportunity provider.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Breakfast Served

**Sharp Creek Elem 7:50-8:10
Metro North Elem 8:10-8:30
Southwood Elem 7:50-8:25**

Breakfast Prices

Reduced \$.30 Paid \$1.50

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

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MSDFoodService**