

OCTOBER 2022

PERRY BREAKFAST



Breakfast - \$1.75
Reduced - \$.30
Qualify for free – free
Milk - \$.50



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

Cereal
Muffin
Fruit/Fruit Juice
Milk

3

TUESDAY

Chicken Biscuit Sandwich
Fruit/Fruit Juice
Milk

4

WEDNESDAY

French Toast
Fruit/Fruit Juice
Milk

5

THURSDAY

Mary Ann's WG Apple Fritter
Fruit/Fruit Juice
Milk

6

FRIDAY



7

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

10

Honey Bun
Fruit/Fruit Juice
Milk

11

Nutrigrain Bar
Cheese Stick
Fruit/Fruit Juice
Milk

12

Pop Tarts
Fruit/Fruit Juice
Milk

13

"Donut Friday"

14

Mary Ann's WG Donut Puff
Fruit/Fruit Juice
Milk

Cereal
Muffin
Fruit/Fruit Juice
Milk

17

Yogurt
Gripz Cookies
Fruit/Fruit Juice
Milk

18

Snack'n Waffle
Fruit/Fruit Juice
Milk

19

Mary Ann's WG Cinnamon Roll
Fruit/Fruit Juice
Milk

20



21

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk

24

Mini Cinnis
Fruit/Fruit Juice
Milk

25

Mini Pancakes
Fruit/Fruit Juice
Milk

26

Breakfast Pizza
Fruit/Fruit Juice
Milk

27

"Donut Friday"

28

Mary Ann's WG Glazed Donut
Fruit/Fruit Juice
Milk

Cereal
Graham Cookie
Fruit/Fruit Juice
Milk



Menu Subject to Change

This institution is an Equal Opportunity Provider