

MILFORD SCHOOL DISTRICT
Milford, Delaware 19963

POLICY

3304

CHILD NUTRITION PROGRAM POLICY

MISSION STATEMENT:

The Milford School District Board of Education is committed to promoting and enhancing the health and well being of the students. All Milford Schools participate in the National School Breakfast and Lunch Programs. The Child Nutrition Programs are an integral part of the school environment. This belief is based upon the demonstrated relationship between food, nutrition and learning to achieve excellence in education for all children. The Child Nutrition Program will provide meals that are nutritious and well balanced. Meals will be provided based on the Nutritional Standards mandated by the USDA guidelines.

The Milford Child Nutrition Programs are managed in accordance with the regulations and policies from the Department of Education, State Division of Purchasing, the United States Department of Agriculture, the State Board of Health, and the Milford Board of Education. Continuous goals and objectives of the programs are pursued in a professional, efficient and fiscally sound and responsible manner.

The Milford School District's Child Nutrition Program Policy shall provide:

- I. School Meals that meet the USDA Nutrient Standards by:
 - ❖ Providing whole grain products, low and fat free milk, and fresh fruits and vegetables.
 - ❖ Minimizing saturated fats, total fats and eliminating trans fats.
 - ❖ Minimizing sodium according to USDA guidelines
 - ❖ Offer versus serve options for the student's preference of food choices.

- II. All efforts will be made to maximize meal participation by:
 - ❖ Serving all meals to all students in the Milford School District at no charge, based on the requirements of the Community Eligibility Provision
 - ❖ Placing priority on school meals over sales of ala carte foods.
 - ❖ Preparing and presenting healthy foods in a manner that will encourage their consumption.
 - ❖ Excluding the sales of foods of minimal nutritional value as defined by the Food & Nutrition Service, USDA 7 CFR Part 210, Appendix B.
 - ❖ Working collaboratively to provide students with adequate time to consume school meals.
 - ❖ Participating in a closed lunch. All students must eat at school.
 - ❖ Prohibiting the sale of competitive foods until the conclusion of the student school day.

- ❖ Opportunity to pre-pay for a la carte and second meals by credit card via the internet.
- III. Financial Assistance:
- ❖ One free breakfast and/or free lunch will be available to all Milford School District Students at no charge as required through the Community Eligibility Provision.
- IV. Cafeteria Credit:
- ❖ Students will not be able to charge for extra entrée's, sides, snacks or second meals.
 - ❖ Students/parents/guardians may put money in My School Bucks for additional meals, entrees, sides and snacks.
 - ❖ Returned checks on customer's accounts will be assessed a minimum fee of \$30.00 plus the check amount. The parent or guardian will not be permitted to pay by check for the remainder of the school year.
 - ❖ Charging for meals by adults is prohibited.
- V. Meal Prices:
- ❖ Children will receive one free breakfast and/or one free lunch at no cost to the child or family. A second breakfast will be charged in accordance with Board Policy 3303.
 - ❖ Additional meals will be priced in accordance with Board Policy 3303 as required by the USDA. No federal reimbursement is available for second meals.
 - ❖ Prices for additional entrees, sides and a la carte items will be set by the Milford School Board with the recommendation from the Child Nutrition Department.
- VI. Meal Services for Students During the School Day:
- ❖ Meals or snacks served or sold during the school day separate and apart from the non-profit meal program shall reflect the Child Nutrition Program Policy by ensuring meals and snacks are nutritionally sound and adhere to the Nutrition Guidelines mandated by the USDA NSBP/NSLP Guidelines and snacks adhere to the USDA Smart Snacks Guidelines, including vended options.
- VII. Purchasing practices ensure the use of quality products:
- ❖ Purchasing practices for food, equipment, and related services shall be conducted in accordance with Federal and State Law and according to the Milford School District's policies.
 - ❖ Purchasing decisions for the Child Nutrition Program will include products of high quality and cost effectiveness.
- VIII. Discipline:
- ❖ No student may be denied meals as a disciplinary action.

VIII. Nutrition Education:

- ❖ Nutrition education will be an integral part of the curriculum from pre-school to grade twelve.
- ❖ Good nutrition is recognized as a key factor in health promotion and chronic disease prevention.
- ❖ The child nutrition personnel will encourage and assist in activities that promote proper nutrition and will encourage lifelong healthy eating habits.

ADOPTED: 3/27/00;

AMENDED: 4/26/04; 4/21/08, 9/19/16, 9/21/20; 9/19/22