

Merlo High School Breakfast Menu

Paid: No Charge
Reduced: No Charge
Milk: .50
Adult:

To view and make deposits into your student's meal account, to sign up for meal benefits and to access nutrition and allergy information, log onto www.schoolcafe.com.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Flatbread	Mini Waffles	Pancake Wrap	Cinnamon Roll	English Muffin with Peanut Butter and Jelly
Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese	Bagel with Cream Cheese
Variety of Benefit Breakfast Bar	Variety of Benefit Breakfast Bar	Variety of Benefit Breakfast Bar	Variety of Benefit Breakfast Bar	Variety of Benefit Breakfast Bar
Variety of Breakfast Breads	Variety of Breakfast Breads	Variety of Breakfast Breads	Variety of Breakfast Breads	Variety of Breakfast Breads
Variety of Cereals	Variety of Cereals	Variety of Cereals	Variety of Cereals	Variety of Cereals

We are an Offer Versus Serve program. *“Offer vs. Serve”* means that you are always *offered* a full Breakfast, but if you don't want it all, you don't have to take every item that is offered. Students must choose at least 3 food items and must choose at least 1/2 cup of fruits or juice. A variety of fruit along with a choice of milk and juice are offered with each meal.

Menu subject to change

Please refer to the BSD 2022-2023 school calendar for Holidays, Conference Schedules and other non-school days.

Please visit our website: <http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

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“This institution is an equal opportunity provider.”