

## Twin Lakes Elementary Cross Country Program 2022

Dear TLE Parent/Guardian,

We are excited to announce the dates of our Cross Country Program! Practices begin September 20th at TLE (3:15-4:15pm). Students will meet in the TLE gym right after school:

September 20th (Tues) September 22nd (Th) September 27th (Tues) September 28th (Wed)  
October 4th (Tues) October 6th (Th)

Distances for race: K: ¼ mile 1-2: ½ mile 3-4: ¾ mile 5: 1 mile

District Cross Country Meet Date TBA

\*\*\*\*Office has TLE shirt orders available\*\*\*\*

Please make sure your child comes with appropriate clothing, shoes for running, and a water bottle. We will run even if it rains or snows! We ask that parents please pick their children up promptly at 4:15 pm. Any questions please call (208) 687-5870. Please turn in the permission slip no later than Sept.20th.

-----Cut here (return bottom portion to school)-----

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

Teacher \_\_\_\_\_

(Student Name)\_\_\_\_\_ has my permission to participate in the TLE Cross Country Program. I release Lakeland Joint District #272, its agents, employees, and volunteers, from any and all liability. Except as to gross negligence, should there be any injury or damage sustained during this activity. I understand that participation in this activity could result in an injury. I have read and understand this student release form and am signing it on my own free will.

My child will (CIRCLE ONE) walk home or be picked up after practices.

1. Walk Home                      2. Car pick up

Can you volunteer?

Yes \_\_\_\_\_ (We need helpers to run/walk with kids.)      No \_\_\_\_\_

Will bring licorice (red vines) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Parent/Guardian Signature

Phone Number

Date