

iFlagler High School Elective Descriptions 22/23

1 Credit Electives

Digital Information Technology – (Meets Fine Art Requirement) Includes the exploration and use of databases, the Internet, spreadsheets, presentation applications, management of personal information and email, word processing and document manipulation, HTML, and web page design.

HOPE - With a focus on health and fitness, this course guides you to be active and healthy now and for a lifetime. With the guidance of a training instructor, you'll set personal goals in four areas of wellness: physical, emotional, social, and academic. The course uses videos, graphics, and interactive learning opportunities to encourage you to get up, eat well, and be active.

Journalism – (Meets Fine Arts Requirement) Explore a career in journalism and learn how to write a news story, a feature story, and an editorial. Throughout this course, you learn best practices for conducting research and interviews, analyzing the reliability of sources, and self-editing.

Leadership Skills & Development – Segment 1 focuses on individual leadership/growth through goal setting. Segment 2 focuses on expanding those leadership skills amongst peers including conflict resolution, non-verbal communication, and community outreach.

Foreign Language

Spanish I - Learn basic communication with vocabulary, and new insight into the Spanish culture.

Spanish II - Take a virtual cruise through Mexico, Guatemala, Costa Rica, Panama, Colombia, Venezuela and Puerto Rico while learning their culture, vocabulary, and grammar.

.5 Credit Electives

Career Research and Decision Making- This course will show you how to prepare for, get accepted to, and pay for college. You will explore different career and education pathways, study interview techniques and networking tips, create smart resumes, and learn how to plan for a successful future. Throughout the course you will be coached by Mawi Asgedom, a Harvard graduate who has trained more than a million students. Opportunity is knocking. Are you ready?

Critical Thinking & Study Skills- : Provides students opportunities to develop test taking skills and demonstrate proficiency on standardized tests. Students will study vocabulary and word attack skills, apply critical thinking skills to mathematics, practice overall test taking strategies, and develop an understanding of college entrance examination formats.

Fitness Lifestyle Design*(see below) - Students will learn healthy habits for body and mind to lead to a healthier lifestyle. Students assess their fitness levels and nutritional knowledge to create individual plans for achieving personalized goals. (Meets PE Elective Credit)

Law Studies – A beginning look at the history of how the laws in the United States came to be, how the government is structured, fields of law, and notable Supreme Court Cases.

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Personal Fitness*(see below) - The purpose of this course is to acquire knowledge of physical fitness concepts, understand the influence of lifestyle on health and fitness, and begin to develop an optimal level of fitness. (Meets PE Requirement)

Psychology I – A broad overview of the history of psychology, including various perspectives, personality theories, behavior, learning, and psychological disorders.

Social Media – Learn about the proper use of social media for both personal and business purposes. Topics will include cyberbullying, netiquette, and digital footprints.

(*All courses have a 14 day seat time requirement per segment EXCEPT Personal Fitness, which has 21 days and Fitness Lifestyle with 24 days.)