



BULLETIN #6.04 September 18, 2022 www.nsd.org/northcreek

(Note - this is the best info we have at the time of publication, but dates do change on occasion)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------------------|--------------------------------------|---|---|---|--------------------------------------|
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | *Periods 0-7 *Club Fair (lunch) | *Periods 0-7 *Club Fair (lunch) | *Blocks (2,4,6, Advisory) *Club Fair (lunch) | *Blocks (1,3,5,7, Advisory) *Club Fair (lunch) *Curriculum Night @ 6 PM | *WEAR PURPLE! *Periods 0-7 *Club Fair (lunch) | |
| 25 | 26 *Periods 0-7 | 27 *Periods 0-7 | *Blocks (2,4,6, Advisory) *Food Pantry Delivery | 29 *Blocks (1,3,5,7, Advisory) | *WEAR PURPLE! *Periods 0-7 | Oct 1 |
| 2 | 3 *Periods 0-7 | 4 *Periods 0-7 | 5 *Blocks (2,4,6, Advisory) | 6 *Blocks (1,3,5,7, Advisory) | *WEAR PURPLE! *Periods 0-7 *Homecoming Assembly | *Homecoming Game at Pop Keeney |
| 9 | *Periods 0-7 *Homecoming Spirit Week | *Periods 0-7 *Homecoming Spirit Week | *PSAT Day *Altered Schedule *Altered Activities *Homecoming Spirit Week | *Periods 0-7 *Homecoming Spirit Week | *Periods 0-7 *Homecoming Spirit Week | *Homecoming Dance 7:30-10:30 |

NEWS and INFORMATION

1. Curriculum Night - September 22

Curriculum Night is this week! We'll start at 6 PM in the Main Gym. After a short program, you will be dismissed to go to your student's classes.

You can use ParentVue to fill in the schedule linked <u>HERE</u> (it's a printable PDF). Please remember that Advisory (which you will go to right after the presentation in the Gym) is listed as 8th period.

If you do not have access to ParentVue, have your teen fill in the schedule themselves. If you have more than one student at NCHS, you can either bring another family member to attend or you can go "every other class" etc. It's up to you.

Finally, with over 1800 families, it's hopefully obvious that we will not have enough parking. If you live in an adjacent neighborhood, please walk. If you can, carpool! We will also have the full parking lot at Fernwood Elementary available (it's only a 3 block walk). Please do your best and remember to keep the fire lanes open as that's the law.

In closing, we start right at 6 PM in the gym so plan on arriving early (the earlier you are, the more likely you are to get parking - those arriving at 5:45 or later are going to have a tough time finding parking).

2. September is Suicide Prevention Month

Suicide Prevention Month is a time when we must come together as a Northshore Community to support family and friends by making sure that they have the appropriate resources to prevent suicide and seek assistance. Although we have just started the 2022-23 school year, families within the Northshore School District have already been impacted by losing a loved one due to suicide. This continues to be a taboo topic that we must continue to raise awareness, but we must also be prepared to either engage in these difficult conversations or provide support for individuals.

September 10th, 2022 is World Suicide Prevention Day. The goal is to help raise mental health awareness so that people living with mental illness can live better lives with dignity. The theme for World Suicide Prevention Day 2022 is "creating hope through action." I also wanted to share a video with you from one of our student mental health advocates from Inglemoor High School (Laney Brackett) who recently completed a documentary with real stories, ways of coping, and resources for those in the community about suicide: Youth Suicide Documentary Official (TeenSelfHealth.com).

As a reminder, on July 16th, "988" was designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline) and is now active across the United States.

Additional resources:

- ➤ 24 Hour Crisis Line
- ➤ National Teen Dating Abuse Helpline
- RAINN National Sexual Assault Hotline
- SAMHSA Treatment Referral Hotline (Substance Abuse)
- ➤ <u>Veterans Crisis Line</u>



3. Activities Bus Starts September 27

The after-school Activity Bus will start up TTh - 4:15 pick up at flag pole (Main Office) and W - 2:45 starting Tuesday 9/27. Please note: there is no activities bus on Monday and Friday.

4. What's for lunch?

If you want to know what the menu is for school lunch, it's available to you online! Just click and bookmark this site: https://www.myschoolmenus.com/instance/449/district/448

5. Club Fair This Week @ Lunch

Clubs and Activities begin next week and this week at lunch all week long there will be a Club Fair where students can learn about various clubs and find out what they do.

RECURRING ITEMS

1. Sports Schedules

To access all the sports schedules so that we can go out and support all our Jaguar student-athletes, click **HERE** and bookmark the site!

2. COVID Update

The Department of Health (DOH) requires schools to inform families and students of COVID-19 cases and potential outbreaks. Last week, there were a total of 28 confirmed cases in students who attend North Creek. The accuracy of our data depends on self-reporting. Thank you for continuing to let the school know if your child tests positive for COVID-19. To view additional information, including school and district trends visit the District's COVID-19 data dashboard. The dashboard is updated weekly on Monday evenings.

If your child is exhibiting <u>symptoms of COVID-19</u> please keep them home and test for COVID-19. Families can order <u>free COVID-19 tests from the state</u>. Together, we can keep our schools healthy and safe.

3. The NCHS - Skyview Food Pantry



North Creek PTSA and Skyview PTSA partner to create a **Food Pantry** to support Skyview and North Creek families with food security challenges.

Want to help?

EASY ways to help can be found here:

https://northcreekptsa.com/Page/Food%20Pantry/Help%20Stock%20the%20Pantry

Please NO expired food and we only accept nonperishables.

Thank you in advance for supporting our community!

Request Food:

1. Bags of food will be delivered on alternating Wednesdays each month. Complete the form(s) linked below to get your request in.

(You must sign up by Monday morning for the delivery that Wednesday)

2. September 28th, October 12th & 26th

<u>English Request Form</u> Formulario de solicitud de alimentos de NC/Skyview

Any information gathered through ANY of Food Pantry forms will **remain confidential** and only our designated North Creek PTSA & Skyview PTSA Food Pantry Committee and select school staff will have access and will not disclose the information to any third party.

If you have questions, please contact us at nchs.sms.foodpantry@gmail.com.

SENIOR CLASS OF 2023 NEWS!!!

1. Senior Photos!

Senior photo submissions and senior ad purchases for the yearbook are due no later than **November 11th**. Additional information regarding photo submissions and ad prices can be found on the yearbook page of the NCHS website.

2. Class of 2023 Fundraiser!

Seniors, make sure to get your class of 2023 merch to help support our funds for prom. Last day to order is **September 30th**! Order forms can be found on TouchBase and items will be handed out late October.

