

# Guidance Newsletter

June 2022

## SENIORS



Congratulations on your accomplishments! Graduation is coming soon!  
Congratulations on your awards, scholarships, Huot completion, college acceptances, military goals, apprenticeship programs, work experiences and participation in clubs, athletics, band, chorus, dance, scouts, volunteering, internships, peer tutoring, and so much more!

Graduation - Saturday, June 18 at 10am outside at ILM/HS

.....

### Got Lunch! - Summer 2022

Available to all families - Delivered to your home on Mondays  
Application on the Guidance homepage - Sign up today!  
Questions Contact: [Lisa.Ransom@Interlakes.org](mailto:Lisa.Ransom@Interlakes.org)

### NH Legislative Youth Advisory Council

A group of high school and college students (age 15-22) are appointed from every county of the State to serve on this council. This youth council advises the legislature and promotes civic engagement. The council meets monthly in Concord from September to May. In addition to monthly meetings, students have the opportunity to participate in other forums and hearings.

Students are encouraged to apply!  
Applications are due by June 30, 2022.  
For an application or questions contact:  
[nhlegislativeyouth@gmail.com](mailto:nhlegislativeyouth@gmail.com)

### Last Mental Health Webinar on June 14

**Topic: The Importance of Fun & Finding the Time**

Presented by Retired Chief Justice J. Broderick and J. Levin

To learn more about this 10-part webinar series go to:  
<https://www.jefflevincoaching.com/new-webinar-series-for-parents/>

### NH Mental Health Helpline Rapid Response

[www.NH988.com](http://www.NH988.com)

Statewide # 1-833-710-6477 (24/7 number)

**Immediate mental health assistance**

**\*\*In July the Statewide telephone number  
will change to 988\*\***

.....

### United States Merchant Marine Academy (USMMA)

**Date: June 16, 2022**

**Time: 6:30 p.m. EDT**

**Who:** All interested students and counselors

**What:** Virtual question and answer session, learn about life at a federal service academy, athletic team opportunities, the Sea Year training experience, and more!

To register for the session, please use the following link:

<https://zoom.us/meeting/register/tJlocOqgrDltGtzcE2uxLJmxn1l2pKsnE43D>

## Career Partnership Program (CPP) - A GMP | Inter-Lakes School District Collaborative Initiative

Despite the challenges of the pandemic, Career Partnerships remained successful in getting ILMHS students safely connected to businesses and organizations in Meredith and surrounding communities. Students grades 7-12 were able to discuss areas of work, career exploration, help with filling out job applications, reviewing interview etiquette, and connecting with area professionals via Zoom for virtual “job shadows” including discussions with attorneys, nurses, travel agents, chefs, childcare workers, town officials, entrepreneurs, teachers, tattoo artists, and more!

- Four ILMHS students participated in long-term internships, collaboratively racking up over 300 internship hours for which they will receive partial credit!
- Two seniors worked at ILES - a great way to include our elementary school learners to Career Partnerships!
- In September and October, Seventh and Eighth grade students were introduced to Career Partnerships with rotating classroom visits from the guidance department and the CPP director. Students were encouraged to discuss future goals, including college and military planning and potential trades.
- In October, Career Partnerships participated in ILMHS's Club Fair, where we offered volunteer opportunities in the community with the Greater Meredith Program and other area non-profits!
- In November and December, we were lucky to have a graduate student collaborate with us on youth vocation and were even gifted an Inter-Lakes specific E-book “*How to Find (and keep) Your First Part-Time Job*” (based on a CPP student survey), designed by PSU graduate student, Rebecca Shephard as part of her culminating capstone project! The E-book came in handy as a tool for students to utilize virtually.
- In January, CPP and ILMHS made a great connection with Golden View Health Care Center and the Meredith Bay Colony Club, both offering students PAID internship opportunities in the areas of nursing, hospitality, maintenance, culinary, and administration.
- In February, two Inter-Lakes senior interns attended the Greater Meredith Program's 2021 Annual Meeting as spokespeople for Career Partnerships.
- ...And the masks came off! In March, a campaign was launched to advertise for the 2022 Career Fair, with a lot of positive response, to be hosted IN-PERSON on the ILMHS campus! This was the first opportunity in two years that community businesses and area professionals would be able to join us here at the school, mingling with the student population.
- On May 3<sup>rd</sup>, 2022, Career Partnerships welcomed 23 Lakes Region businesses who met with over 150 students, grades 8-12, handing out over 250 job applications!
- On May 19<sup>th</sup>, 2022, as part of the seventh-grade career unit for Family & Consumer Sciences, CPP brought in five professionals from the Meredith community to speak with the class of 2027 as a whole. The Guest Speaker Series included professionals from the areas of Travel & Tourism, Banking & Finance, Real Estate, and Community & Economic Development. Students were exposed to a variety of job roles and educational paths needed for these job fields and were able to ask questions about these different careers.

As we wrap-up the 2021/22 school year, I am pleased with the progress we've been able to make as Career Partnerships transitions back into the community and welcome's community members safely back on campus. Looking ahead to the 2022/23 academic year, we already have our first FIELD TRIP planned! On September 22<sup>nd</sup>, 2022, Career Partnerships is registered to join New Hampshire Construction Career Days, a non-profit organization which brings students together with the Construction & Transportation Industries to explore career options through hands-on activities. Approximately 40 ILMHS students will be able to join the event alongside 45 other New Hampshire middle/high schools at the Hillsborough County Youth Center Foundation in New Boston, NH. More information will be available before the start of the school year for this fun-filled, full day event. This will be a great opportunity for students to start thinking about exploring career choices in the construction and transportation industry!

Here's to a successful 2021/22 academic year and an even BETTER 2022/23!

Sincerely,

**Michael Griffin**