

SUBJECT: PSHE



KS4 CURRICULUM PLAN

Knowledge and skill transfer from KS3

YEAR 10	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
TOPIC	<i>Relationship Myths</i>	<i>Exploring Influence</i>	<i>Finance for the Future</i>	<i>Being Mentally Healthy</i>	<i>Crime and Terrorism</i>	<i>Families plus preparing for work experience</i>
Knowledge	Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography. Explore issues surrounding online sexual harassment.	Understanding the qualities of a good role model, understanding the law surrounding drug misuse, understanding the risk associated with drug misuse.	Financial planning and budgeting, how to be an informed citizen, making informed choices	Develop an understanding of mental health, develop understanding of attitudes towards mental health, develop strategies for coping with mental health.	Identify what a crime is and why people commit crime, understand the court system in the UK, explore what terrorism is and why people might join a terrorist group	Evaluate readiness for parenthood and positive parenting qualities, develop an understanding of pregnancy, birth, miscarriage and fertility. Knowing the expectations of an adult workplace include what to wear and appropriate behaviour
Skills	Recognising unhealthy situations and expectations. Making informed choices surrounding peer on peer online abuse.	Making informed choices, recognising good and bad influences.	Managing money correctly, avoiding internet scams	Develop empathy, develop emotional intelligence	Develop emotional intelligence, understand what to do in a terrorist situation	Ability to make informed choices, confidence in new situations, social skills
Key Vocab	Consent, online sexual harassment	Substance misuse, volatile, cannabis, cocaine, heroin	Debt, budget, cybercrime, fraud	Well-being, stigma, stereotypes, anxiety, self-care	Terrorism, punishment, cyber-crime	Fertility, bereavement

Key Knowledge Transfer

YEAR 11	SUMMER 2	SUMMER 1	SPRING 2	SPRING 1	AUTUMN 2	AUTUMN 1
TOPIC			<i>Independence</i>	<i>Next Steps</i>	<i>Building for the future</i>	<i>Communication in relationships</i>
Knowledge		Preparing for GCSEs	Managing risk in new independent situations	The importance of a career, choosing the right career, different career pathways, how to write a CV	Positive and negative triggers of mental health, benefits of physical exercise, cause of stress/exam stress, strategies to combat stress	. Develop understanding of various forms of abuse, be able to recognise harassment.
Skills		Preparing for GCSEs	Ability to make informed choices, recognising risk and having strategies to deal with the risk	Ability to make informed choices	Confidence, self esteem, social skills, self-organisation	Making informed choices, empathy and compassion, developing respect of others
Key Vocab			Independent	Employability, progression, responsibilities	Stress, resilience, consolidate, procrastinate	Consent, non-consensual, explicit, coercive.