

## 7th & 8th Grade Field Hockey Practice Schedule - 2022

### **SEPTEMBER:**

Monday, 12th - Practice on Field behind **FHS** 2:45 to 4:15

Tuesday, 13th - Uniforms in Large Gym followed by indoor practice

Wed., 14th - Practice on Field behind **FHS** - **this is a change! Was supposed to be on FMS but varsity has decided not to use the field today (Wed., 9/14)....practice behind FHS today from 2:45 to 4:15!**

Thurs., 15th - Practice on Field behind **FHS** 2:45 to 4:15

Monday, 19th - Practice 2:45 to 4:15 on field behind FHS

Thurs., 22nd - Practice on **FMS field 2:45 to 4:15.**

Mon., 26th - Practice 2:45 to 4:15 on field behind FHS

Thurs., 29th: - Practice 2:45 to 4:15 on field behind FHS

### **OCTOBER:**

Monday, 3rd, Wed., 5th, Thurs., 6th, Thurs., 13th, Mon., 17th - Practice 2:45 to 4:15 on field behind FMS

***Most games will be played on Tuesdays and Fridays. See game schedule for details.***

***Please have a water bottle, (2) mouth guards (not white or clear), shin guards, cleats and a field hockey stick for practice!***