Life is demanding. It’s hard to find time to take care of yourself and your family members as it is, never mind when one of you isn’t feeling well. That’s why your health plan includes access to virtual medical care.

Whether it’s late at night and your doctor isn’t available or you just don’t have the time or energy to leave the house, you can:

› Get care via video or phone, 24/7/365 – even on weekends and holidays.
› Connect with quality board-certified doctors and pediatricians.
› Have a prescription sent directly to your local pharmacy, if appropriate.


Virtual care for minor medical conditions costs less than ER or urgent care visits, and maybe even less than an in-office primary care provider visit.
Board-certified doctors and pediatricians can diagnose, treat and prescribe most medications for minor medical conditions, such as:

- Acne
- Allergies
- Asthma
- Bronchitis
- Cold and flu
- Constipation
- Diarrhea
- Earaches
- Fever
- Headaches
- Infections
- Insect bites
- Joint aches
- Nausea
- Pink eye
- Rashes
- Respiratory infections
- Shingles
- Sinus infections
- Skin infections
- Sore throats
- Urinary tract infections

Connect with virtual care your way.

- Contact your in-network provider
- Talk to an MDLIVE medical provider on demand on myCigna.com
- Schedule an appointment with an MDLIVE provider on myCigna.com
- Call MDLIVE 24/7 at 888.726.3171