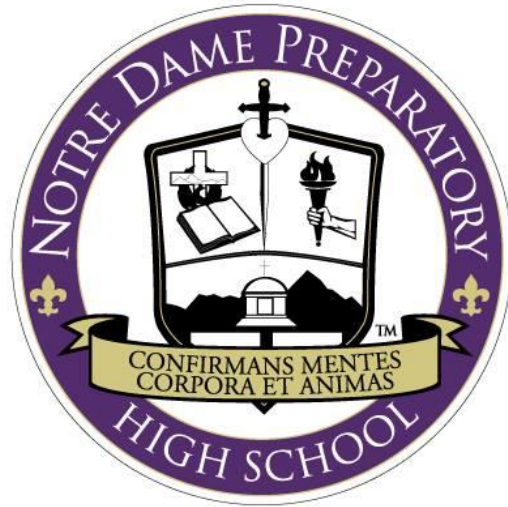


The Journey

Freshman to Senior Year...and Beyond

September 13, 2022



Counseling Team

- Lisa McMorrow: St. George House, STA 2026 Cohort
- Liz Barnes: St. Blaise House
- Cal Beneze: St. Ignatius House
- Kelly Benitez: St. Teresa House, St. Francis House (A-F)
- Deanna Larson: St. Michael House
- Paige Peters: St. Maximilian Kolbe House, St. Francis House (G-O)
- Twila Walker: St. Patrick House, St. Francis House (P-Z)

Christian Service

****Students are required to complete a minimum of 120 hours of Christian Service by the time they graduate. They will log their hours via their x2Vol accounts****

- **Service to Place of Worship (Minimum 4 hours)**
- **Service to NDP (Minimum 4 hours)**
- **Service to the Community (Minimum 10 hours)**
- **Service to the Poor & Marginalized (Minimum 30 hours)**

Grades

Keep in Mind

- Freshman grades DO appear on official transcripts
- Encourage your students to:
 - Meet with their teacher
 - Explore tutoring (if possible/available)
 - Extra practice on their own
- You can access grades through Canvas and PowerSchool

Graduating with Distinction

Summa Cum Laude (4.00), Magna Cum Laude (3.85)

- All require 32 (30 academic) credits to graduate
 - Remaining two (2) credits from Christian Service
- All require 4th level of a world language

Honors Classes

- More rigorous courses (increased workload, increased depth)
- Extra weight to GPA (+0.5 point)
- Required grades to place into *Honors* classes (reference the 1st semester grade to determine placement)
 - ◆ Honors to Honors = B (83%)
 - ◆ Standard to Honors = A (93%)

Dual Enrollment (DE) Classes

- More rigorous courses (increased workload, increased depth)
- Honors level DE courses earn extra weight to GPA (+0.5 point)
- ALL Dual Enrollment (DE) classes earn college credit if students earn a "C" or better
- We offer our DE classes through Scottsdale Community College and University of Arizona
- College credit earned is accepted by in-state (and many out-of-state) colleges

Advanced Placement (AP) Classes

- Most rigorous courses
- Extra weight to GPA (+1.0 point)
- AP exams take place in May
- College credit is awarded if a student earns a 4 or 5 on the AP exam
- Required grades to place into AP classes
 - ◆ AP to AP = B (83%)
 - ◆ Honors to AP = B+ (87%)
 - ◆ Regular to AP = A (93%)

Standardized Testing Journey

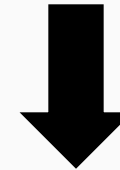
10th Grade

- PSAT
- Practice ACT
- AP



11th Grade

- PSAT
- Practice ACT
- SAT
- ACT
- AP



12th Grade

- SAT
- ACT
- AP

PSAT

- October 25, 2022: Sophomores & Juniors take the PSAT at NDP (Required)
- The PSAT is designed to measure the ability to understand and process elements of reading, writing, and mathematics
- Determines National Merit scholarship eligibility for juniors
- When your students receive their test results, the students are able to connect with the College Board and create a Khan Academy account to get free personalized study recommendations

Practice ACT, SAT, and ACT

- Taken in the spring: Sophomores & Juniors
- collegeboard.org for all SAT-related information
- act.org for all ACT-related information
- More colleges are becoming test optional due to COVID-19
- Free test prep resources:
 - Word of the day: dictionary.com
 - Khan Academy: refer to College Board website
 - act.org: Click the "Test Prep" link and scroll until you find the "Get Free ACT Test Prep" tab

Decisions, Decisions

- Attend NDP College Visits
- Attend College Fair Events
- Visit College Campuses
- Research Colleges
 - SCOIR

Factors Influencing College Admission

- Grades (GPA)
- Strength of Curriculum
- Test Scores (ACT or SAT)
- Extracurricular Involvement
- College Essays
- Letters of Recommendation
- Institutional Need

Extracurricular Activities

→ Quality over quantity

→ Sports

→ Arts (Drama, Choir, Jazz Ensemble)

→ Clubs

→ Jobs

→ Internships

**Highlight leadership experience(s)

■ ie: House Leadership position(s),
Captaincy on a sports team

Institutional Need

- Year-specific individual institutional needs
- Special talents (arts/athletics)
- Geographic considerations (does the school "need" students from a certain school/city/state?)
- Demographic considerations (does the school "need" students of certain demographics?)

Financial Aid

→ Scholarships

→ Grants

→ Work-Study

→ Loans

Scholarships

Individual Scholarships

→ Based on academic achievement, leadership qualities, community service work, special talents, acceptance to a specific program, or combination of all

SOME scholarship websites we recommend

- Fastweb.com
- Goingmerry.com
- Chegg.com
- Raise.me
- Tallo.com

Athletic Scholarships

- Athletic Scholarships are not for 4 years - they are renewable each academic year, and may be increased, renewed, reduced, or withdrawn.
- Athletic Scholarships can be awarded in a variety of amounts - full, to partial, to books, etc.
- Excelling academically will make you eligible for even more athletic scholarships
- NCAA - Div. I & II: www.eligibilitycenter.org
- NAIA Eligibility Center: www.playnaia.org

Grants

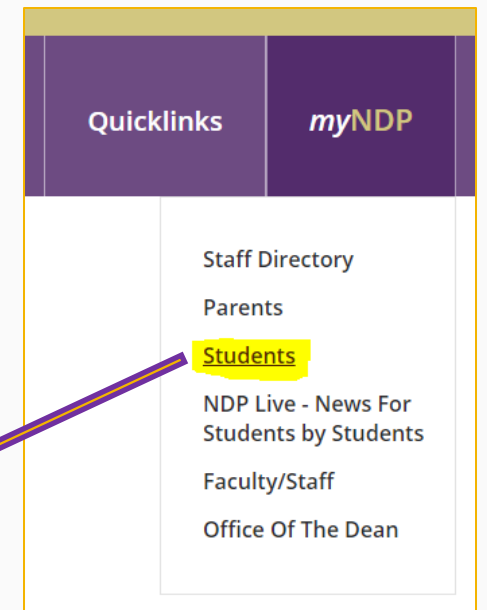
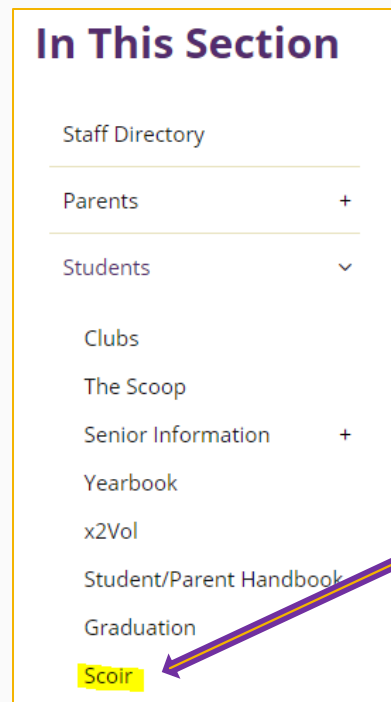
- Free Money!
 - Federal (Government)
 - Need-based
 - FAFSA required
 - Institutional (College)
 - Need-based
 - FAFSA required
 - CSS required (Only for institutional grants)

SCOIR

- College and career readiness software provider
- Offers access to information regarding colleges and universities across the United States
- Manages recommendation letters, surveys, and transcripts
- All freshman students will receive access information in class. Parents will receive access to their student's SCOIR profile during the school year.

How to access Scoir:

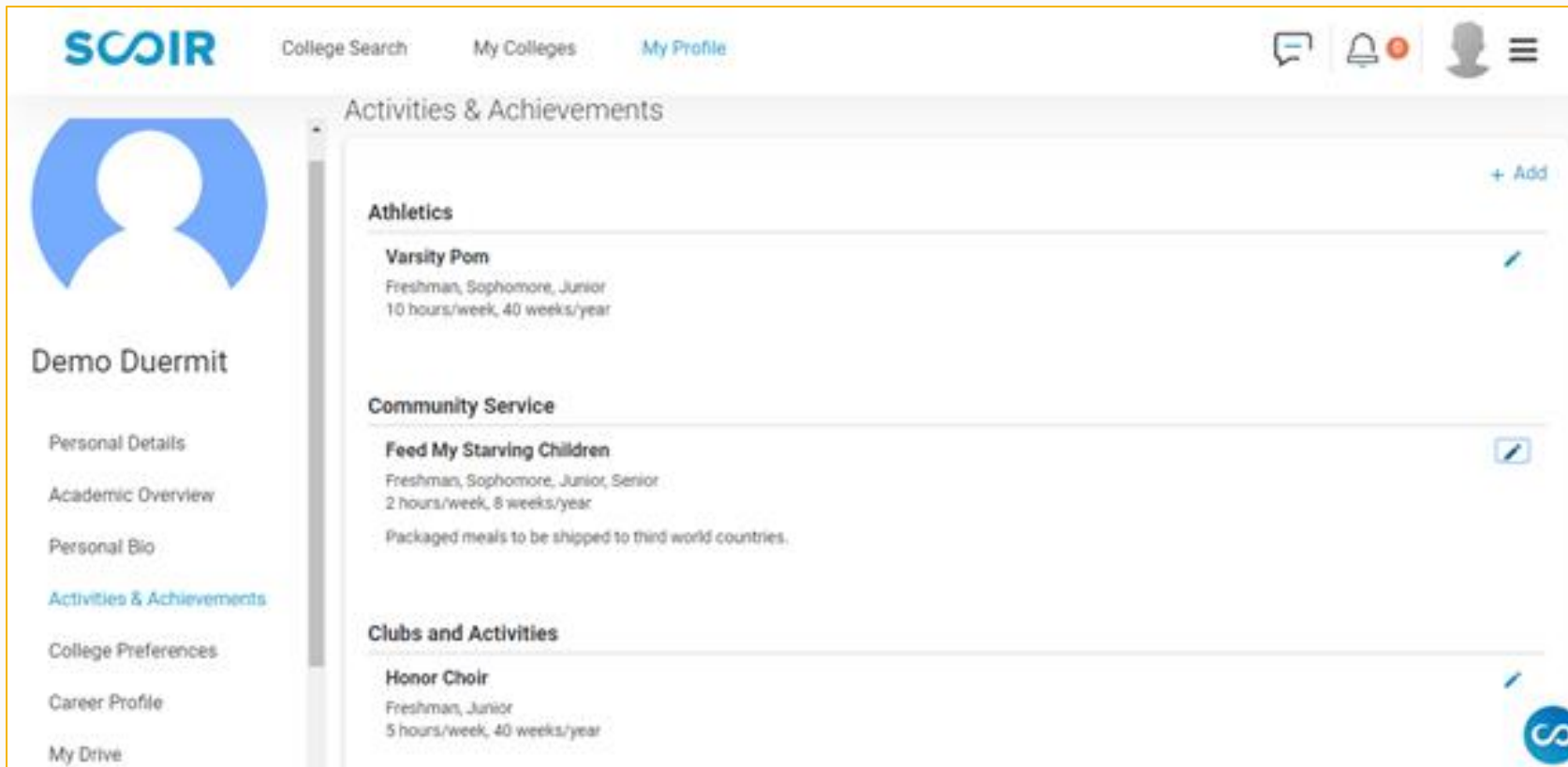
- Go to www.ndpsaints.org
- Hover over "myNDP" on the right and then click "Students"
- On the left-hand side under "In This Section" scroll down and click "SCOIR"



SCOIR

Creating a Resume

“My Profile” ⇒ “Activities & Achievements” ⇒ “+ Add”







The screenshot displays the SCOIR user interface. At the top, there is a navigation bar with the SCOIR logo, links for 'College Search', 'My Colleges', and 'My Profile', and icons for chat, notifications, and user profile. The main content area is titled 'Activities & Achievements' and features a '+ Add' button in the top right corner. The left sidebar shows the user's name 'Demo Duermit' and a list of navigation options: 'Personal Details', 'Academic Overview', 'Personal Bio', 'Activities & Achievements' (which is highlighted), 'College Preferences', 'Career Profile', and 'My Drive'. The main content area is divided into three sections: 'Athletics' with an entry for 'Varsity Pom' (Freshman, Sophomore, Junior, 10 hours/week, 40 weeks/year); 'Community Service' with an entry for 'Feed My Starving Children' (Freshman, Sophomore, Junior, Senior, 2 hours/week, 8 weeks/year, packaged meals to be shipped to third world countries); and 'Clubs and Activities' with an entry for 'Honor Choir' (Freshman, Junior, 5 hours/week, 40 weeks/year). A blue circular icon with a white 'S' is visible in the bottom right corner of the page.

SCOIR

Discover

“Discover” ⇒ “All Colleges” ⇒ Fill out preferences

The screenshot displays the SCOIR Discover interface. At the top, there are navigation tabs for 'Discover', 'My Colleges', and 'My Profile'. The 'Discover' tab is active. Below the navigation, there is a search bar and a 'Private Search' toggle. A 'Reset' button is also present. The main content area shows a list of colleges, with a filter for 'Country - United States of America'. The list includes the following colleges:

College Name	Average SAT Score	Average ACT Score	Acceptance Rate	No. Undergrads
 Aaniiih Nakoda College Harlem, MT	—	—	—	131
 Abilene Christian University Abilene, TX	1122	24	61%	3,525
 Abraham Baldwin Agricultural College Tifton, GA	1025	19	73%	3,927
 Academy for Nursing and Health Occupations West Palm Beach, FL	—	—	—	552

Each college entry includes 'Compare' and 'Follow' buttons. The left sidebar contains various filter categories: College Name, Personal Interests & Activities, Academic Focus, Undergraduate Degrees, Distance/Location, No. Undergrads, Athletics, Test Scores/Acceptance Rate, School Type, Campus Setting, ROTC Programs Offered, and Application Info.

SCOIR

Discover

You can then click on each college to find more detailed information. This includes acceptance rate, cost, virtual tours, average SAT/ACT scores, student life, makeup of the student body, retention rates, top majors, and proximity to transportation.

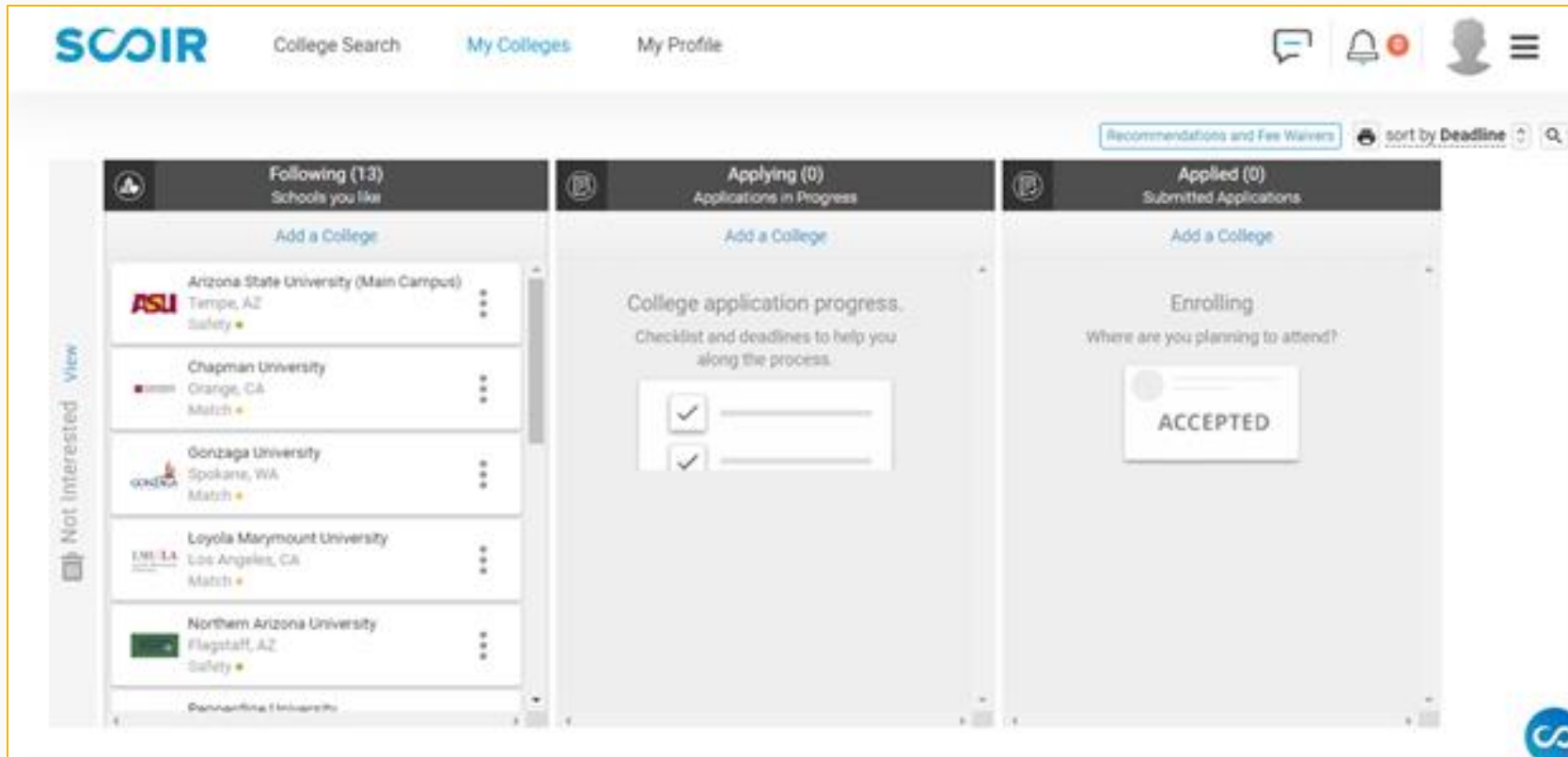


The screenshot displays the SCOIR interface for Gonzaga University. At the top, the SCOIR logo is on the left, and navigation links for 'College Search', 'My Colleges', and 'My Profile' are in the center. On the right, there are icons for chat, notifications, and a user profile. Below the navigation is a large banner image of a university campus with a play button icon in the center, indicating a virtual tour. A yellow 'EXPLORE' button is overlaid on the left side of the banner. Below the banner, there are three circular icons labeled 'Overview', 'Wall', and 'Analysis'. On the right side of this section is a 'My Colleges' button. The main content area shows the university's name, 'Gonzaga University', and its location, 'Spokane, WA'. Below this, a row of statistics is displayed: 'Acceptance Rate: 65%', 'Tuition In-State: \$40,540', 'Tuition Out-of-State: \$40,540', and 'Avg. Net Cost: \$34,055'. A 'More Details' link is located at the bottom center, and a circular logo with the letter 'S' is in the bottom right corner.

SCOIR

My Colleges - Following

“My Colleges” ⇒ Add and view colleges under “Following”



The screenshot displays the SCOIR 'My Colleges' interface. At the top, there are navigation links for 'College Search', 'My Colleges', and 'My Profile'. The 'My Colleges' section is divided into three tabs: 'Following (13) Schools you like', 'Applying (0) Applications in Progress', and 'Applied (0) Submitted Applications'. The 'Following' tab is active, showing a list of colleges with their logos, names, locations, and match scores. A 'Not Interested' button is visible on the left side of the list. The 'Applying' and 'Applied' tabs show progress checklists and enrollment information, respectively.

College Name	Location	Match
Arizona State University (Main Campus)	Tempe, AZ	Safety
Chapman University	Orange, CA	Match
Gonzaga University	Spokane, WA	Match
Loyola Marymount University	Los Angeles, CA	Match
Northern Arizona University	Flagstaff, AZ	Safety
Pennsylvania State University		

SCOIR

Sign Up for College Visits

Home Page ⇒ “Visits & Deadlines” ⇒ “Filter” ⇒ “Count Me In”

The screenshot displays the SCOIR 'Visits & Deadlines' interface. At the top, there are navigation links for 'College Search', 'My Colleges', and 'My Profile'. A sidebar on the left contains a 'Filters' section with the following options: 'Application Deadlines' (unchecked), 'College Visits' (checked), 'All Upcoming Visits' (selected), 'Visits from My Colleges' (unchecked), and 'Only My Registered Visits' (unchecked). The main content area shows a calendar view of visits:

Month	Date	Day	College	Time	Location	Registered	View	Count Me In
March	21	Thu	West Chester University of Pen...	12:00 PM - 01:00 PM	TBD	0 Registered	View	Count Me In
April	2	Tue	Pennsylvania State University (University Park, PA)	09:00 AM - 10:00 AM	TBD	0 Registered	View	Count Me In
April	9	Tue	Temple University (Philadelphia, PA)	09:00 AM - 10:00 AM	TBD	0 Registered	View	Count Me In
			Drexel University (Philadelphia, PA)					
May	3	Fri	Villanova University	09:00 AM - 10:00 AM	TBD	0 Registered	View	Count Me In

Thank you!
Any questions?

