

The following groups meet regularly at Lindner Center of HOPE. All persons attending, except staff and current inpatients, must check in at the Welcome Center to obtain access to the meeting room.

Individual dates are listed on the calendar page on our website at www.lindnercenterofhope.org

SMART Recovery & SMART Recovery Family & Friends

Sundays, 4:00 - 5:30 PM, Meeting Room 1 and Bechtold Board Room (family & friends) at Lindner Center of HOPE
SMART Recovery is a group for people who have chosen to abstain from any type of addictive behavior by teaching them how to change self-defeating thinking, emotions and behaviors. This group is for adult men and women.
Call Alan at (513) 668-0833 for additional information. www.smartrecovery.org

and

Fridays at 8 AM at HOPE Center North 4483 State Route 42, Mason, OH (conference room) (513) 536-0050

NAMI Connections Support Group

1st and 3rd Monday 7:00 - 8:30 PM, Bechtold Board Room at Lindner Center of HOPE
A recovery support group program for people living with mental illness.
Contact NAMI Southwest Ohio (513) 351-3500 www.namiswaoh.org

Parents' OCD Support Group at Lindner Center of HOPE

Second Wednesday of each month, 7:00 - 8:30 PM., Bechtold Board Room at Lindner Center of HOPE
Call Tami at 513-271-7723 or Sharon at 513-891-2879 for additional information and to RSVP.

NAMI Family Support Group

2nd Monday of each month, 7:00 - 8:30 PM, Bechtold Board Room at Lindner Center of HOPE
A 90-minute support group for family members and friends of individuals living with a mental illness. Led by trained facilitators.
Contact NAMI Southwest Ohio (513) 351-3500 www.namiswaoh.org

Eating Disorders Support Groups

1st Friday of each month, 7:00 - 8:00 PM
Meeting Room 1 - **For individuals.** For more information **Tri-State Eating Disorder Resource Team at 812-584-1086**
Meeting Room 2 - **For parents and loved ones** of individuals suffering from eating disorders. **Contact Lara Koman 859-496-1206**

Eating Disorders Family Support Groups

Wednesdays, 5:30 - 7:00 PM
Meeting Room 3 - The groups will offer education, support, and feedback for families as well a caring, safe environment to express concerns. All groups are facilitated by an experienced professional member of the Harold C. Schott Foundation Eating Disorders Program. For the protection of patients and families, confidentiality is expected within this group.
Contact Tracy Early (513) 536-0214

Al-Anon

Thursdays, 6-7pm, Meeting Room 2
The Al-Anon Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Gambler's Anonymous

Tuesday evenings from 6-9pm, Meeting Room 1 (started 9/12/17)
Gambler's Anonymous support group is an open meeting. The contact is **Carla Dlugos 513-218-1745.**