

SEPTEMBER | 2022



Southgate Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
5 No School	6 Cereal (2 Items) Cheese Stick (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	7 Apple Cinnamon Muffin (2 Items) Keebler Chocolate Grahams (1 Item) Fresh Pear (1 Item) Choice of Milk (1 Item)	8 Pancakes (2 Items) Dick and Jane WG Crackers (1 Item) Fresh Banana (1 Item) Choice of Milk (1 Item)	9 Chef's Choice (2 Items) Fruit OTD (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
12 Crunch Mania (2 Items) Go-Gurt (1 Item) Mixed Fruit Cup (1 Item) Choice of Milk (1 Item)	13 Mini Chocolate Chip French Toast (2 Items) Bug Bite Grahams (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	14 Blueberry Mini Loaf (1 Item) Scooby Grahams (1 Item) Mandarin Oranges (1 Item) Choice of Milk (1 Item)	15 Nutri-Grain Bar (1 Item) Cheese Stick (1 Item) Fresh Peach (1 Item) Choice of Milk (1 Item)	16 Chef's Choice (2 Items) Fruit OTD (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
19 WG Pop-Tart (1 Item) Keebler Grahams (1 Item) Diced Pears (1 Item) Choice of Milk (1 Item)	20 Pillsbury Pastry (2 Items) Trix Yogurt (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	21 WG Bagel W/ Cream Cheese (2 Items) Gripz Graham Bites (1 Item) Apple Slices (1 Item) Choice of Milk (1 Item)	22 Double Chocolate Muffin (1 Item) Cheese Stick (1 Item) Craisins (1 Item) Choice of Milk (1 Item)	23 Chef's Choice (2 Items) Fruit OTD (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)
26 Nutri-Grain Bar (1 Item) Scooby Grahams (1 Item) Diced Peaches (1 Item) Choice of Milk (1 Item)	27 Banana Muffin (1 Item) Lil Honey Grahams (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)	28 WG Pop-Tart (1 Item) Cheese Stick (1 Item) Fresh Clementine (1 Item) Choice of Milk (1 Item)	29 Waffles (2 Items) Go-Gurt (1 Item) Apple Sauce (1 Item) Choice of Milk (1 Item)	30 Chef's Choice (2 Items) Fruit OTD (1 Item) 100% Fruit Juice (1 Item) Choice of Milk (1 Item)

News

All Kids Eat Free!

Don't Forget:

Select at least three (3) Items. One of the Items MUST be a FRUIT!

*See the 'Item count' by each menu item listed.

This is an equal opportunity provider and employer.