



The School District *of* Haverford Township

MENTAL HEALTH RESOURCE GUIDE

**This booklet contains a list of various local mental resources and is intended to be used only as a guide. Please refer to the sections of the guide entitled, "Find Help and Treatment" from the Commonwealth of PA, for additional information about how to locate and connect with mental health services in the area.*

Disclaimer: This information is provided as a resource to the community only. The School District of Haverford Township does not endorse nor recommend any specific agency, service, or support. The School District is not financially responsible if a community member should elect to engage any agency, services or supports.

MENTAL HEALTH RESOURCE GUIDE

FIND HELP AND TREATMENT- COMMONWEALTH OF PENNSYLVANIA

(<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Looking for mental health help? There are several ways to start your search.

Get Connected to Support-

- **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call [855-284-2494](tel:855-284-2494) (TTY: [724-631-5600](tel:724-631-5600)).
- **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the [United Way of Pennsylvania website](#).

Find a Facility/Specialist-

- Find the help that works for you. Use [Psychology Today's search engine](#) or [SAMHSA's search tool](#) to find therapists, treatment facilities, health care centers, support groups, and more.

For Medicaid Patients-

- If you have Medicaid coverage in Pennsylvania, you can [find an in-network provider](#) by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.

You're Entitled to Treatment-

- [The Pennsylvania Department of Insurance](#) is here to [help you](#) if you are having trouble with the mental health benefits covered by your insurance. Call them at [877-881-6388](tel:877-881-6388) for assistance.

FIND HELP AND TREATMENT- COMMONWEALTH OF PENNSYLVANIA

(<https://www.pa.gov/guides/mental-health/#FindHelpandTreatment>)

Don't Have Health Insurance?

You might qualify for Medical Assistance, also known as Medicaid. Unlike many other health insurance options, you can enroll any time. If you do not know if you are eligible, you can still apply.

There are four ways to apply:

1. **Online:** Using the COMPASS website, apply for Medicaid (and other services that can help you make ends meet).
2. **By telephone:** Call 1-866-550-4355.
3. **In-Person:** You can contact your local county assistance office (CAO).
4. **On Paper:** You can download an application below, fill it out, and send it or drop it off to your local county assistance office. Find your county assistance office.

- Application for cash assistance, SNAP and Medical Assistance benefits (PDF)
- Solicitud para recibir beneficios (PDF)

For Kids and Teens:

CHIP covers all kids and teens with quality health care coverage. Like Medicaid, enrollment is always open. Learn more on the CHIP website.

Know Your Options

Learn about health care options and enrollment availability on the Department of Insurance website.

Crisis Mental Health Services

Bryn Mawr Hospital-ER

Social workers/clinicians on staff to complete level of care assessments
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
(484) 337-3000

CHOP-ER

Located in King of Prussia Town Center
South Entrance, 550 S Goddard Blvd
King of Prussia, PA 19406
(800) 879-2467

Foundations Behavioral Health Clinical Assessment Center

24/7 no-cost, confidential mental health assessments for children
833 East Butler Avenue
Doylestown, PA 18901
(215) 345-0444

Mercy Fitzgerald Hospital

1500 Lansdowne Avenue
Darby, PA 19023
(610) 237-4210

Delaware County Crisis Connections Team-24/7MOBILE CRISIS UNIT

(855) 889-7827

Crisis Hotlines

988 Suicide and Crisis Lifeline

- 988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States.
- When people call, text, or chat 988, they will be connected to trained counselors who are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.
- **The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis**
- <https://988lifeline.org/>

Crisis Text Line

Text **HOME** to **741741** to connect with a Crisis Counselor Free 24/7 support at your fingertips.

National Domestic Violence Helpline
1-800-799-7233

Pennsylvania Sexual Assault Helpline
1-888-772-7227

Pennsylvania Support and Referral Warm Line
1-855-284-2494

- Trained professionals are available 24/7 to provide short term mental health support, provide referral information, and connect to local crisis resources if needed.

The Trevor Project

1-866-488-7386

Text “Start” to 678-678

<https://www.thetrevorproject.org/>

- The Trevor Project provides 24/7 crisis support services to LGBTQ+ young people. Text, chat, or call anytime to reach a trained counselor.

Drug and Alcohol Services

Caron Treatment Centers

Wyomissing Location (outpatient)

845 North Park Road

Wyomissing, PA

Wernersville Location (inpatient)

www.caron.org

(844) 260-1324

Center for Families (Mental Health Services, IOP, PHP, and Teen D&A treatment)

**treat individuals ages 13-18 years old*

101 Phoenixville Pike

Malvern, PA 19355

(888) 383-0412

www.centerforfamilies.com

Embark

1031 Old Cassat Road

Berwyn, PA 19312

(484) 261-1509

<https://www.embarkbh.com/substance-use>

Ethos Treatment LLC. (Adolescent Intensive Outpatient Care)

**treat individuals ages 13-18 years old*

**Accepts most insurance plans.*

West Chester, Plymouth Meeting & Philadelphia locations

(267) 669-0300

<https://www.ethostreatment.com/adolescent>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Keystone Center

5000 Hilltop Road

Brookhaven, PA

(484) 490-1060

<https://keystonecenter.net/programs-and-services/outpatient-programs/adolescent-outpatient-services/>

Lower Merion Counseling-RHD

850 West Lancaster Avenue, 2nd floor

Bryn Mawr, PA 19010

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Main Line Addiction Specialist (Adolescent Advocates)

1062 E. Lancaster Ave. #15

Bryn Mawr, PA 19010

(610) 520-7775

www.mainlineaddiction.com

Merakey (formerly NHS)

800 Chester Pike,

Sharon Hill, PA 19079

(610) 534-3636

<https://www.merakey.org/>

Mirmont Outpatient Center-Main Line Health

**Treat individuals 14 years and older*

600 Abbott Drive

Broomall, PA 19008

(610) 353-6400

<https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall>

Rehab After School (OP and IOP services for teens, individual, group and family services)

525 West Chester Pike #205

Havertown, PA 19083

(610) 644-6464

Roger's Behavioral Health (IOP, Partial hospitalization, Mental health & Addiction Treatment)

1 Winding Drive

Philadelphia, PA 19131

(800) 767-4411

www.rogersbh.org

Sanare Today (OP and IOP program to tweens (ages 8-13) in their Exton location)

728 Springdale Drive

Exton, PA 19341

(610) 344-9600

<https://sanaretoday.com>

<https://sanaretoday.com/child-tween-iop>

Serenity Behavioral Health (Mental Health & Substance use therapy for teens and young adults, ages 14-30)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Eating Disorder Services

Sarah Gibbs, MS, PhD

Looking Glass Counseling

19 Elliott Avenue

Bryn Mawr, PA 19010

(610) 357-2811

*Sees individuals 13 and older

Center for Hope & Health

63 West Lancaster Avenue, Suite 05

Ardmore, PA 19003

(610) 645-5311

<https://www.centerforhopeandhealth.com/>

Center for Psychological Services

125 Coulter venue, Suite 200

Ardmore, PA 19003

(610) 642-4886

<http://www.centerpsych.com/>

Evolve Counseling Services (Individual and Group Counseling Services)

*Does not take insurance, sliding fee scale available

24 Paoli Pike

Paoli, PA 19301

(484) 329-7638

-Jen Donovan

<http://evolvecounselingpa.com>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314

Havertown, PA 19083

(610) 892-3800

<https://lifestance.com/>

The Renfrew Center

320 King of Prussia Rd., 2nd Floor
Radnor, PA 19087
(800) RENFREW
<https://renfrewcenter.com/>

Seeds of Hope

1440 Russell Road
Paoli, PA 19301
(610) 580-0268
<https://seedsofhope.pyramidhealthcarepa.com/>

Group Therapy Services

Adolescent & Young Adult Advocates

1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 520-7775
<https://www.adolescentadvocates.com/>

Building Bridges (Mixed Gender Teen and Young Adult Groups for ages 14-17)

36 East Front Street
Media, PA 19063
(610) 556-4011
<https://www.buildingbridgesmedia.com/therapy-group>

Calm Mind Therapy (Individual and group counseling services)

*Teen Identity Group for ages 12-18
27 W. Athens Avenue
Ardmore, PA 19003
(484) 416-5745
<https://www.calmmindtherapy.org/>

Collaborative Counseling & Consulting

*Group for students 10th-12th grade
860 West Lancaster Avenue
Bryn Mawr, PA 19010
(610) 463-1552 x2
<https://www.collabcounsel.com/>

Cornerstone Therapy and Wellness (Adolescent Group for ages 14-17)

996 Old Eagle School Road
Wayne, PA 19087
(610) 616-5935
<https://cornerstonetherapy.com/group-therapy/>

Thomas K. Hurster MSS LCSW CGP FAGPA

*Therapy groups for HS aged youth, mixed gender/mixed diagnosis groups

#213- The Wilson Building

26 Summit Grove Avenue

Bryn Mawr, PA 19010

Office: (610) 525-5030

Mobile: (610) 420-1410

thomashurster@gmail.com

<https://www.psychologytoday.com/us/therapists/thomas-k-hurster-bryn-mawr-pa/227487>

Serenity Behavioral Health (Adolescent Group for ages 14-17)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/youth-behavioral-health-services/#intensive-outpatient>

Grief and Loss Services

The Center for Loss and Bereavement

3847 Skippack Pike

P.O. Box 1299

Skippack, PA 19474

(610) 222-4110

<http://bereavementcenter.org/>

Linda Falasco, LCSW

17 Bishop Hollow Road

Suite D

Newtown Square, PA 19073

Call Linda Falasco

(484) 550-7979

Karen Moon-LCSW

*Grief & Adolescent Specialist

*Does not accept insurance

Wayne, PA

(610) 915-8973

<https://karenmoontherapy.com/about>

Peter's Place: A Center for Grieving Children and Families

336 King of Prussia Road

Radnor, PA 19087

(610) 687-5150

<https://petersplaceonline.org/>

Thriveworks (In-person counseling, online counseling services and telepsychiatry)

600 North Jackson Street

Media, PA

(610) 808-9923

<https://thriveworks.com/media-counseling/>

Uplift Center for Grieving Children (formerly The Center for Grieving Children)

3300 Henry Ave. Suite 102

Philadelphia, PA 19129

(267) 437-3123

<https://upliftphilly.org/>

Individual Counseling Services

Adolescent & Young Adult Advocates

* Provide Intensive Outpatient Programs (IOP) for individuals 14-18 years old

* Provide parent and family support groups

1062 E. Lancaster Ave. #5

Bryn Mawr, PA 19010

(610) 520-7775

<https://www.adolescentadvocates.com/>

Anxiety and Agoraphobia

Treatment Center

112 Bala Ave.

Bala Cynwyd, PA 19004

(610) 667-6490

<https://aatcphila.com/>

Meg Ardizzi, LCSW

Clinical Social Worker/Therapist

107 Rutgers Ave, Suite 1

Swarthmore, PA 19081

(610) 440-4695

Bloomingtondale Psychological Services

115 Bloomingtondale Avenue

Wayne, PA 19087

(610) 937-1220

<https://www.bloomingtondalepsychologicalservices.com/services>

Dr. Elizabeth Briganti

410 Lancaster Ave., Suite 4

Haverford, PA 19041

(267) 403-4235 **Specializes in Play Therapy, ADHD, OCD, Adoption, Trauma, Depression, Eating Disorders, PTSD*

Bryn Mawr Psychological Associates

14 S. Bryn Mawr Ave., Suite 205

Bryn Mawr, PA 19010

(610) 525-4828

<https://www.brynmawrpsych.com/>

Building Bridges

36 East Front Street

Media, PA 19063

(610) 556-4011

<https://www.buildingbridgesmedia.com/>

The Bridge

31-33 North Narberth Avenue

Narberth, PA 19072

(610) 668-1479

<http://www.thebridgenarberth.com/>

Calm Mind Therapy (Individual and group counseling services)

*Adolescent Individual therapy ages 12+

*Teen Identity Group for ages 12-18

27 W. Athens Avenue

Ardmore, PA 19003

(484) 416-5745

<https://www.calmmindtherapy.org/>

Center for Brief Therapy at PCOM

4190 City Ave

Rowland Hall, Suite 530

Philadelphia, PA 19131

(215) 871-6487

<https://pcomhealth.org/cbt/>

Center for CBT

323 E. Front Street

Media, PA 19063

(267) 551-1984

<https://www.centerforcbt.net/>

Center for Families (Mental Health Services, IOP, PHP, and Teen D&A treatment)

**Treat individuals ages 13-18 years old*

101 Phoenixville Pike

Malvern, PA 19355

(888) 383-0412

www.centerforfamilies.com

The Center for Pastoral Counseling

** An interfaith private practice/sliding scale*

212 W. Springfield Rd.

Springfield, PA 19064

(610) 544-1400 x. 308

<http://www.centerforpastoralcounseling.com/>

Center for Psychological Services

125 Coulter venue, Suite 200

Ardmore, PA 19003

(610) 642-4886

<http://www.centerpsych.com/>

Child & Adolescent Counseling Services of SE, PA

220 West Gay Street, 3rd Floor

West Chester, PA 19382

Bilingual (Vietnamese-English): Trinh “Angela” Nguyen-Smallwood MS, LPC

(610) 915-8634

angela@counselingservicesofsepa.com

<http://www.counselingservicesofsepa.com/index.html>

Child & Adolescent OCD, Tic, Trich, & Anxiety (COTTAGE) Group at The University of Pennsylvania

3535 Market Street

6th Floor

Philadelphia, PA 19104

(215) 746-6701

(215) 746-1230

<http://www.med.upenn.edu/cottage>

Children’s Center for OCD and Anxiety

(Dr. Baxt has extensive experience with medical conditions and children)

3138 Butler Pike, Suite 200

Plymouth Meeting, PA 19462

(484) 530-0778

<http://childrenscenterocdandanxiety.com>

Child and Family Art Therapy Center

*also offers arts-based social skills groups (“Art of Friendship”)

600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649- 1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Child and Family Focus

450 Park Way Drive

Broomall, PA 19008

(610) 325-3137

<https://www.childandfamilyfocus.org/>

CHOP Anxiety Behaviors Clinic

Children’s Hospital of Philadelphia

3401 Civic Center Blvd

Philadelphia, PA 19104

Or

3440 Market Street, Suite 200

Philadelphia, PA 19104

(215) 590-7555

Cummings and Tannenbaum Psychological Services

915 Montgomery Ave., Suite 300

Narberth, PA

(610) 667-9830

<https://www.psychct.com/>

CVS Pharmacy

*Counseling services available for individuals 18 years and older

<https://www.cvs.com/minuteclinic/services/mental-health-counseling>

Katherine Dipaulo, LCSW

525 West Chester Pike, Suite 311B

Havertown, PA 19083

(215) 300-5933

Drexel Psychological Services Center

Stratton Hall, 2nd Floor

3201 Chestnut Street

Philadelphia, PA 19104

(215) 553-7128

<https://drexel.edu/coas/academics/departments-centers/psychology/clinic/>

Embark

*Outpatient behavioral health, services and support for pre-teens, teens, and young adults, ages

12-25, Family Therapy

1031 Old Cassat Road

Suite 100

Berwyn, PA 19312

(484) 279-8192

<https://www.embarkbh.com/locations/embark-at-main-line/>

GreenePsych

Clinical and Sports Psychology

551 West Lancaster Ave, Suite 214

Haverford, PA 19041

(484) 380-5520

www.greenpsych.com

Harbor (formerly Main Line Anxiety Treatment for Children)

123 Coulter Ave

Ardmore, PA 19003

(610) 649-3186

<https://harborpa.com/>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314

Havertown, PA 19083

(610) 892-3800

<https://lifestance.com/>

Lower Merion Counseling-RHD

850 West Lancaster Avenue, 2nd floor

Bryn Mawr, PA 19010

(610) 520-1510

<https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/>

Main Line Counseling and Wellness Center

600 Haverford Road, Suite 201
Haverford, PA 19041
(610) 664-2524

<http://www.mlcwellness.com/>

Katharine Wenocur (play therapist and certified animal assisted play therapist; trained in CBT and Trauma focused therapy)

Main Line Counseling Partners (family counseling)

1084 Lancaster Ave., Suite 204
Bryn Mawr, PA 19010
(610) 642-3359

<https://mainlinecounselingpartners.com/family-therapy/>

Main Line Therapy Solutions

600 Haverford Rd
Suite G104
Haverford, PA 19041
(610) 649-6344

www.mainlinetherapysolutions.com

MG Therapeutic Services LLC

100 West 6th Street
Suite 305
Media, PA 19063
(484) 445-4147

*accepts most insurance plans

<http://www.mg-ts.com>

Mindfully Rooted

Michaela Herr, ATR-BC, LPC
*Individual, couples and family art therapy
(814) 404.6993

<https://www.mindfullyrootedarttherapy.com/>

Multicultural Community Family Services

7016 Terminal Square, Suite 3A
Upper Darby, PA 19082
(484) 461-8660

<http://multiculturalcommunityfamilyservices.org>

Onward Behavioral Health (formerly Life Counseling Services)

525 West Chester Pike, Suite 205
Havertown, PA 19083
(610) 644-6464

<https://obhcares.com/>

Irene Psihogios, MS, LPC-Creative Play & Family Counseling

233 East Lancaster Ave
Ardmore, PA 19003

(215) 483-1360

<https://www.psychologytoday.com/us/therapists/creative-play-family-counseling-ardmore-pa/337851>

Psych Choices of the Delaware Valley, LLC

Holistic Mental Healthcare in Delaware County

2002 Sproul Road, Suite 300

Marple Commons

Broomall, PA 19008

(610) 626-8085

<https://psychchoices.com>

Rice, DiGorio, Ripkin Counseling Associates

326 West Lancaster Avenue, Suite 211

Ardmore, PA 19003

(610) 649-2267

<https://ripkininteractivetherapy.com/>

Serenity Behavioral Health (Mental Health & Substance use therapy for teens and young adults, ages 14-30)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/>

Springfield Psychological Associates

920 West Chester Pike

Havertown, PA 19083

(610) 544-2110 x. 156

<https://springpsych.com/>

Dr. Richard Stern

950 E. Haverford Rd., Suite 301

Bryn Mawr, PA 19010

(215) 888-7785

<https://richardsternphd.blogspot.com/>

Temple University Child and Adolescent Anxiety Disorders Clinic

Weiss Hall

1701 North 13th Street

Philadelphia, PA 19122

(215) 204-7165

www.childanxiety.org

Thriveworks (In-person counseling, online counseling services, and telepsychiatry)

600 North Jackson Street

Media, PA

(610) 577-1991

Accepts MA (and many insurance plans)

<https://thriveworks.com/media-counseling/accepted-insurance/>

<https://thriveworks.com/media-counseling/>

Alison Zisser, Ph.D.

PCIT Therapist and Level I Trainer

Department of Child and Adolescent Psychiatry and Behavioral Sciences

The Children's Hospital of Philadelphia

3440 Market St., Suite 200

Philadelphia, PA 19104

(800) TRY-CHOP (1-800-879-2467)

Parent Child Interaction Therapy (PCIT) is an evidence-based treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. Children and their caregivers are seen together in PCIT. Most of the session time is spent coaching caregivers in the application of specific therapy skills.

LGBTQIA+ Youth Mental Health Services

Attic Youth Center

255 South 16th Street

Philadelphia, PA 19102

(215) 545-4331

www.atticyouthcenter.org

CHOP-Specialty Care

Gender and Sexuality Development Program

3550 Market Street

Philadelphia, PA 19104

(267) 426-5980

<https://www.chop.edu/centers-programs/gender-and-sexuality-development-program>

Mazzoni Center (health and wellness services in LGBTQ focused environment)

1348 Nainbridge Street

Philadelphia, PA 19147

(215) 563-0652

<https://www.mazzonicenter.org/>

Papillon-Gender Wellness Center

Dr. Maureen Osborne (works with LGBTQ+ clients)

Paoli Psych. Services

412 E. King Street

Malvern, PA

(610) 647-8730

<https://www.drchristinemcinn.com/services/counseling/osborne.php>

Phoenix Center for Experiential Trauma Therapy

*LGBTQIA group: The Power of Community to heal trauma

524 N. Providence Road

Media, PA 19063

*Please email Lewis@phoenixtraumacenter.com or contact intake line at (484) 440-9416 for more information

<https://www.phoenixtraumacenter.com/>

Walnut Psychotherapy Center

1429 Walnut Street, Suite 1300
Philadelphia, PA 19103
(215) 563-7863
www.walnutpsychotherapycenter.com

Debra Weigl, LSW (works with LGBTQ+ clients)

205 North Monroe Street
Media, PA 19063
(610) 608-4376

Medical Assistance Providers**Child Guidance Resource Center**

2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700 ext. 1120 Intake (Walk-in appointments available on Mon-Fri from 9am-2pm)
<https://www.cgrc.org/>
*Extended Assessment Services
*Wraparound and Community Based Services

Child and Family Focus

450 Parkway Ave. Suite 208
Broomall, PA 19008
(610) 325-3131
www.childandfamilyfocus.org

Cynthia Conan

*accepts Medicaid
205 N Monroe St. Media, PA 19063
(610) 891-1273

Devereux Advanced Behavioral Health

444 Devereux Drive
Villanova, PA 19085
(800) 345-1292
https://www.devereux.org/site/SPageServer/?pagename=penn_devereux_community_services_admissions

Elwyn

*Wrap Around Services
111 Elwyn Road
Elwyn, PA 19063
(610) 891-2000
<https://www.elwyn.org/>

Family & Community Service of Delaware County (*accepts Medicaid)

600 North Olive Street
Media, PA 19063
(610) 566-7540

<https://www.fcsdc.org/>

Gemma Services (formerly The Village)

452 S. Roberts Rd.
Rosemont, PA 19010
(610) 525-5400

<https://gemmaservices.org/>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Lower Merion Counseling Services-RHD

**Can provide counseling services to uninsured*

850 Lancaster Avenue, 2nd floor
Bryn Mawr, PA 19010
(610) 520-1510

<https://www.rhd.org/LMCMS/>

Merakey (formerly NHS)

**Community Based Services*

800 Chester Pike,
Sharon Hill, PA 19079
(610) 534-3636

<https://www.merakey.org/>

Office of Behavioral Health

20 S. 69th Street, 3rd Floor
Upper Darby, PA 19082
(610) 713-2365

www.delcohsa.org

**Refer to the OBH directory for a complete list of behavioral healthcare programs and services provided to children and adolescents of Delaware County. http://www.delcohsa.org/mh_children/childrens_directory.pdf*

Thriveworks

600 N. Jackson Street
Media, PA
(610) 557-1991

**Accepts MA (and many insurance plans)*

<https://thriveworks.com/media-counseling/accepted-insurance/>

<https://thriveworks.com/media-counseling/>

Parent Support Groups

Adolescent & Young Adult Advocates

** Provide Intensive Outpatient Programs (IOP) for individuals 14-18 years old*

** Provide parent and family support groups*

1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 520-7775

<https://www.adolescentadvocates.com/>

Because I Love You: B.I.L.Y

Upper Darby PA

(888) 443-4481

www.becauseiloveyou.org

Child and Family Art Therapy Center

1600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649-1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Delaware County Family Center-Mercy Fitzgerald Campus

St. Bernard Hall, 2nd Floor

1515 Lansdowne Ave.

Darby, PA 19023

(610) 532-2811

<https://www.dciu.org/page/763>

Holcomb Behavioral Health Systems-Chimes

225 S. 69th Street

Upper Darby, PA 19082

(610) 352-8943

<https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

Serenity Behavioral Health (Bi-weekly Parent Support Groups)

145 N. Eagle Rd.

Havertown, PA 19083

(610) 446-1861

<https://www.youthserenity.com/youth-behavioral-health-services/#outpatient>

Main Line Counseling and Wellness Center (virtual therapy group for parents)

600 Haverford Road, Suite 201

Haverford, PA 19041

(610) 664-2524

<https://mlcwellness.com/parentinggroup>

Partial Hospitalization Programs (PHP)/Intensive Outpatient Programs

Adolescent & Young Adult Advocates

* Provide Intensive Outpatient Programs (IOP) for individuals 14-18 years old

* Provide parent and family support groups

1062 E. Lancaster Ave. #5

Bryn Mawr, PA 19010

(610) 520-7775

<https://www.adolescentadvocates.com/>

Embark

* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 12 years and older

1031 Old Cassat Road

Suite 100

Berwyn, PA 19312

(484) 279-8192

<https://www.embarkbh.com/locations/embark-at-main-line/>

The Horsham Clinic

* Provide personalized partial hospitalization programs (PHP) for children and adolescents ages 5 and older

800 Parkway Drive, Suite A

Broomall, PA 19008

(800) 237-4447

<https://horshamclinic.com/programs-services/>

The Light Program

* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 12 years and older

- IOP (ages 14-18) at The Light Program at Havertown location
- IOP (ages 14-18) at The Light Program for LGBTQIA+ youth at Havertown location
- PHP (ages 12-18) at The Light Program at Phoenixville location
- IOP/PHP (ages 14-18) at The Light Program at Paoli Location

(866) 393-4496

<https://thelightprogram.pyramidhealthcarepa.com/>

Mirmont Outpatient Center-Main Line Health

* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 14 years and older

600 Abbott Drive

Broomall, PA 19008

(888) 227-3898

<https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall>

Roger's Behavioral Health

*Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for children and teens

1 Winding Drive

Philadelphia, PA 19131

(800) 767-4411

www.rogersbh.org

Sanare Today

*Provide Outpatient (OP) and intensive outpatient programs (IOP) to tweens (ages 8-13) in their Exton location

728 Springdale Drive

Exton, PA 19341

(610) 344-9600

<https://sanaretoday.com>

<https://sanaretoday.com/child-tween-iop>

Psychiatrists/Psychiatric Nurse Practitioner

Child Guidance Resource Center

2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700 ext. 1120 Intake
<https://www.cgrc.org/>

Dr. Lisa Goldstein, Child Psychiatrist

Bryn Mawr, PA
(610) 527-8444
<https://lisagoldsteinmd.com/>
**Works with private insurance companies for reimbursement*

Dr. James Hetznecker

Adolescent and Pediatric Psychiatry
950 E. Haverford Road, Suite 302
Bryn Mawr, PA 19010
(610) 527-4642
<http://www.gruenbergandsommers.com/hetznecker>

Thomas Koste, CRNP-Psychiatric Nurse Practitioner (prescribes medication)

Springfield Psychological
1121 Welsh Road Suite 120 (only telehealth at this time)
North Wales, PA 19454
(610) 544-2110
<https://springpsych.com>

LifeStance Health (formerly Delaware County Professional Services)

2010 West Chester Pike, Suite 314
Havertown, PA 19083
(610) 892-3800
<https://lifestance.com/>

Dr. Amy Macintyre

Adolescent Psychiatry & Pediatric Psychiatry
925 W. Lancaster Avenue, Suite 210
Bryn Mawr, PA 19010
(610) 667-1781

The Main Line Center for the Family

Dr. John Williams
901 Glenbrook Avenue
Bryn Mawr, PA 19010
(610) 880-0110
<http://www.mainlinefamily.com/>

Dr. Meghan Starner, Child, Adolescent, and Adult Psychiatrist

551 W. Lancaster Ave
Haverford, PA
(484) 401-6421

<https://www.starnermd.com/>

**Works with private insurance companies for reimbursement*

Psych Choices of the Delaware Valley, LLC

Marple Commons
2002 Sproul Road, 3rd Floor
Broomall, PA 19008
(610) 626-8085

<https://psychchoices.com>

Springfield Psychological Associates

920 West Chester Pike
Havertown, PA 19083
(610) 544-2110 x. 156

<https://springpsych.com/>

Dr. Thomas Wind

1040 N. Providence Rd
Media, PA 19063
(610) 891-7705

<https://www.drthomaswind.com/>

Prevention, Treatment, & Training Resources for Victims of Sexual Abuse

Delaware County Victim Assistance Center

<http://www.delcovicthimassistance.org/>

Family Support Line

Children's Advocacy Center

100 West 6th Street Media, PA 19063
(610) 891-5275

www.familysupportline.org

Delaware County Women Against Rape

204 South Ave.
Media, PA 19063
(610) 566-4342

<https://www.opencounseling.com/united-states/media/counseling-agency/delaware-county-women-against-rape>

Social Skills Services

Bryn Mawr Psychological Associates

14 S. Bryn Mawr Ave., Suite 205
Bryn Mawr, PA 19010
(610) 525-4828

<https://www.brynmawrpsych.com/>

Child and Family Art Therapy Center

*Offers arts-based social skills groups (“Art of Friendship”)

600 Haverford Rd., Suite G-101

Havertown, PA 19041

(610) 649- 1080 ext. 1

<https://www.childandfamilyarttherapycenter.com/>

Child and Family Focus

*Provide family-based services, wraparound, therapeutic Foster Care and Free Respite care for families with children between the ages of 3-21 with a mental health diagnosis, receive Medical Assistance, and are currently receiving mental health services.

450 Park Way Drive

Suite 208

Broomall, PA 19008

Phone: (610) 325-3131

<https://www.childandfamilyfocus.org/>

Respite Care Information-

www.childandfamilyfocus.org/services/respice-care/

Elwyn

111 Elwyn Road

Elwyn, PA 19063

(610) 891-2000

<https://www.elwyn.org/>

MusicWorks

*Provide music therapy services for individuals 1-99

2050 West Chester Pike

Suite 115

Havertown, PA 19083

(610) 449-9669

<https://musicworkswonders.org/>

The Anxiety and Agoraphobia Treatment Center

112 Bala Avenue

Bala Cynwyd, PA 19004

(610) 667-6490

<https://aatcphila.com/>

Theraplay

600 Reed Road, Suite 101

Broomall, PA 19008

(610) 356-1991

<http://www.theraplayinc.com>

Wanna Play

8701-A West Chester Pike

Upper Darby, PA 19802

(610) 853-2898

<http://www.wannaplayprogram.com>

Trauma Based Therapy Services

The Center for Pastoral Counseling

** An interfaith private practice/sliding scale*

212 W. Springfield Rd.

Springfield, PA 19064

(610) 544-1400 x. 308

<http://www.centerforpastoralcounseling.com/>

Main Line Counseling and Wellness Center

600 Haverford Rd., Suite 201

Haverford, PA 19041

(610) 664-2524

<https://www.mlcwellness.com/index.html>

Phoenix Center for Experiential Trauma Therapy

**Specialized treatment for trauma, loss and addiction*

524 N. Providence Road

Media, PA 19063

(484) 440-9416

<https://www.phoenixtraumacenter.com/>