

NEW BRAUNFELS INDEPENDENT SCHOOL DISTRICT

New Braunfels ISD School Health Advisory Council Wednesday April 28, 2021 8:30 am

Join Zoom Meeting https://zoom.us/j/95381713684 Link to Agenda

Please sign into the chat with your name and campus or organization you represent.

Bill Hathaway, Lisa Lumpkin, Stephanie Shropshire, Brittany Rodriguez, Boyd Baxter, Lesli Burk, Erin Neuse, Lauren Schumacher, Jay Huffty, Tara Holder, Amy Alston, Nicole Haecker, Jesikah Gutierrez, Emily Briggs, Melissa Powell, Susan Belanger, Jennifer Ford, Karen Schwind.

1) Welcome and Introductions (if an NBISD employee, please register in Eduphoria)

2) COVID-19 and School:

- a) District Dashboard https://sites.google.com/nbisd.org/nbisdcovid-19dashboard/district-dashboard
- b) Comal County Dashboard: https://www.co.comal.tx.us/Public%20Health/Emergency Preparedness/EP.htm
- c) Comal County Website: https://www.co.comal.tx.us/PIO/PressReleases/2021/01.25.21%20COVID19%20PRESS%20RELEASE.pdf
- d) Vaccinated employees: Moderna 2nd dose on site clinic 4/16/21, 300 employees. Everyone who wants the vaccine has had the opportunity to receive it.
- e) Dr Briggs stated that 43% of our community (over the age of 50) has been vaccinated. The Pfizer vaccine is available now for children 16 and 17 years old.
- f) Every Thursday at 5:30 pm, physicians and community providers receive a covid update. Friday mornings our community leaders meet.

3) Wellness Plan: See Wellness Plan suggested changes. SHAC approval needed.

- a) Wellness Plan presented by Karen Schwind
- b) Discussion questions include CATCH vaping education. Will check with curriculum and reply to SHAC members.
- c) Wellness Plan approved!

4) Child Nutrition Department

- a) Presentation: Bill Hathaway and Ashley West
- b) Administrative Reference Manual (ARM) Smart Snacks pg. 17
- c) Free and reduced food will be providing meals during the summer for the district at several locations.
- d) Fun facts- Food service provided 120,000 curbside meals during March- June 2020!
- e) Many thanks to our Aramark Employees for going above and beyond in supporting the nutritional needs of our students!

5) School Gardens: Lauren Schumaker, Stephanie Shropshire, Jennifer Ford

- a) School Garden Grant List, compiled by AgrLife
- b) Back to School Garden training: August 12 or 13, 2021- This will help anyone planning on having a fall garden.
- c) Youth Garden Questionnaire Fall 2021
- d) Carl Schurz Elementary Facebook Post and youtube video
- e) <u>Voss Farms Garden Photos</u>

6) Action for Healthy Kids:

- a) School Health Advisory Councils <u>SHAC Basics Part I</u> and/or <u>Creating a Successful SHAC</u> Part II, Slides Part I and Part II
- b) SHACS, Recess, SEL and a host of topics on the Healthy Kids Healthy Families channel at https://www.voutube.com/channel/UCSw81d5VcuC77ZraGVgDsuA/
- c) Visit Action for Healthy Kids for resources and information on other upcoming webinars: https://www.actionforhealthykids.org/events/

7) PTA Healthy Lifestyles: All podcasts/videos can be found at https://thevoice.txpta.org/

- a) Episode 03: Are Your Teens Vaping?
- b) Episode 04: Bigger Kids, Bigger Problems Podcast
- No-Dig Gardening for Kids' Garden Success Date: Thursday, April 29th, 2021 at 7-8pm Eastern Registration Cost: \$10

8) TEA Health and Physical Fitness Newsletter:

https://content.govdeliverv.com/accounts/TXTEA/bulletins/2d1d94d

9) TEA reporting data:

https://dshs.texas.gov/coronavirus/schools/texas-education-agency/

10) Texas School Survey on Substance Use:

- a) Boyd Baxter reported that NBISD participated in the 28 county state data collection for substance use patterns. Grades 6, 8, 10 and 12th were polled. Amy Alston reports the results are shared with the Superintendent. This is conducted by the Texas A&M Institute for Research.
- b) CATCH Curriculum, CATCH my Breath taught to students during their health rotation.
- 11) **Next Meeting:** Thank you so much for your service on the SHAC this school year. Look for an email in the fall for the 2021/2022 schedule!

| School Garden Grant List | | | | | | |
|--|---|--|--|---------------------|------------|---|
| Organization | Grant Name | Website | Amount | Opens | Closes | Notification/Receive |
| Walmart | Local Community Grant | https://walmart.org/how-we-give/local-community-grants | \$250-\$5,000 | 2/1/2021 | 12/31/2021 | Applications remain active for 90 days. You can input up to 25 grants per year. |
| The Fruit Tree Planting Foundation | Fruit Tree Planting Orchard | https://www.ftpf.org/apply | Trees and Shrubs | Rolling Application | | |
| HEB | Community Investment Program | https://www.heb.com/static-page/Apply-for-Community-Investment | Various Amounts | Rolling Application | | |
| Bonnie Plants | Cabbage Program - 3rd Grade recieves free giant cabbage plants | https://bonnieplants.com/community/ | Cabbage plants given to compete for the largest cabbage plant | Rolling Application | | Largest cabbage recieves \$1,000 scholarship |
| Salad Bars to Schools | Salad Bar Grant | https://www.wholekidsfoundation.org/programs/school-salad-bars-grant | \$3,283 = salad bar kit | Rolling Application | | |
| Lady Brid Johnson Wildflower | Seed Grant | https://www.wildflower.org/seed-grants | \$100 - \$500 | Rolling Application | | |
| Captain Planet | EcoSolution | https://captainplanetfoundation.org/grants/ | \$500-\$2,500 | Grants are on ho | | old due to Covid |
| Captain Planet | EcoSTEM Kits | https://captainplanetfoundation.org/grants/ | Kits | Grants are on ho | | old due to Covid |
| Annie's | Grants For Gardens | https://www.annies.com/grants-for-gardens/ | | August | November | January - Applications for 2020 are already |
| Native Plant Society of Texas | Monarch Garden Grant | https://npsot.org/wp/monarchs/ | \$400 | | 2/15/2021 | 3/1/2021 |
| Kids Gardening | Budding Botanist | https://kidsgardening.org/2020-budding-botanist-grant/ | \$1,250 - \$2,250 | | November | December |
| Kids Gardening | Gro More Good Grassroots Grant | https://kidsgardening.org/2020-gromoregood-grassroots-grant/ | \$500-\$1,000 | January | February | March |
| American Heart Association | Teaching Gardens Network Grant Program | https://www.heart.org/en/professional/educator/teaching-gardens/teaching-gardens-grant | \$2,500 | Check in Fall 2021 | | |
| Wild on es | Seeds for Education | https://wildones.org/seeds-for-education/ | \$150 - \$500 | | | |
| Honda | American Honda Foundation | https://www.honda.com/community/applying-for-a-grant | Various Amounts | | | |
| Whole Kids Foundation | Garden Grant Program | https://www.wholekidsfoundation.org/programs/school-gardens-grant | \$2,000 | | | |
| Texas Farm Bureau | Garden Grant Program | https://texasfambureau.org/teachers-encouraged-to-apply-for-tfbs-garden-grant-program/ | \$500 | · | | |