

For ANY Employee or Student with ANY COVID-19 SYMPTOMS:

<p>EVERYONE Regardless of Vaccination Status</p> <p>(includes if you have previously tested POSITIVE for COVID)</p>	<ul style="list-style-type: none">• Fill out Symptom Tracker https://misericordia.medicatconnect.com/home.aspx• Stay home or in your room and isolate.• Test for COVID-19 (self-test, urgent care, University Health Center 570-674-6276- be advised masks required in Health Center)• If test result is NEGATIVE: return to activities when fever free for at least 24 hours and other symptoms are significantly improved• If test result is POSITIVE: ISOLATE OFF CAMPUS.<ul style="list-style-type: none">• Notify close contacts of exposure (forward via email exposure email) <p>On day 5:</p> <ul style="list-style-type: none">• If fever free for at least 24 hours and other symptoms are significantly improved, take an antigen/rapid test and contact cougarcare@misericordia.edu with results• If antigen test is negative, return to campus on day 6 and wear an <u>approved mask</u> (NOT cloth or gaiter). Mask at ALL times when around others for an additional 5 days through day 10.• If antigen test is positive, contact cougarcare@misericordia.edu and continue to isolate. (follow guidance below) <p><i>On day 7, for those positive on day 5:</i></p> <ul style="list-style-type: none">• If fever free for at least 24 hours and other symptoms are significantly improved, take an antigen test and contact cougarcare@misericordia.edu with results.<ul style="list-style-type: none">• If antigen test is negative, return to campus on day 8 and wear an <u>approved mask</u> (NOT cloth or gaiter). Mask at ALL times when around others for an additional 2 days through day 10.• If antigen test is positive, continue to isolate through day 10 and return to campus on day 11 no further testing required. <p>You must contact Cougar Care to be released to return to campus.</p>
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For ANY Employee or Student EXPOSED to Someone with COVID-19

<p><u>IF YOU ARE EXPOSED Regardless of Vaccination Status</u></p>	<ul style="list-style-type: none"> • Wear an approved mask around others and continue to take precaution for 10 days post exposure <ul style="list-style-type: none"> • Day of Exposure is Day 0 • (NO cloth masks or gaiters) • Monitor your symptoms • OPTIONAL: Fill out the MU Symptom Tracker (Medicat) https://misericordia.medicatconnect.com/status.aspx or email cougarcare@misericordia.edu for guidance or questions • Get tested at least 5 full days after exposure even if you don't develop symptoms <ul style="list-style-type: none"> • If antigen test is negative, continue to take precautions and wear an approved mask for an additional 5 days. • If antigen test is POSITIVE, contact cougarcare@misericordia.edu or fill out symptom tracker and immediate start to isolate. <p>IF YOU DEVELOP SYMPTOMS, GET A TEST, STAY HOME, AND FILL OUT THE MU SYMPTOM TRACKER. FOLLOW GUIDANCE OF COVID POSITIVE ABOVE. COUGAR CARE WILL CONTACT YOU.</p>
<ul style="list-style-type: none"> • I have had a POSITIVE COVID test within 30 days • I have had a POSITIVE COVID test within 31-90 days 	<ul style="list-style-type: none"> • Wear an approved mask around others and continue to take precautions for 10 days post exposure • If you do not have symptoms testing is not recommended to detect a new infection • If you do have symptoms use an antigen test and follow guidance for “ANY Employee or Student with ANY COVID-19 Symptoms” • Wear an approved mask around others and continue to take precautions for 10 days post exposure • If you DO NOT have symptoms, test on day 5 and follow above instructions for “Exposure” <ul style="list-style-type: none"> • The day you were exposed is Day 0 • If you DO have symptoms use an antigen test and follow guidance for “ANY Employee or Student with ANY COVID-19 Symptoms”