



Downingtown East & West High School

Week of August 29th, 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza	buffalo chicken pizza	sausage pizza w/ onions & peppers	roasted veggie pizza	bacon pizza	spicy cauliflower ranch pizza
grill	bbq cheddar chicken sandwich	turkey cheddar melt	western cheddar burger	chicken cheesesteak	boneless chicken wings
deli	caprese wrap (tomatoes, basil, mozzarella with a balsamic dressing)				
taco / pasta	bean burrito	chicken & broccoli alfredo	pork carnitas tacos	buffalo roasted cauliflower over brown rice	beef walking tacos
promo	Check out the feature grain this week at the salad station! Brown rice will be available all week to create a grain bowl the way you like.				

More info

[Link to Meal Benefits](#)

Join our fantastic team! We get to serve thousands of hungry students and only work on school days! [Link to Apply](#)


Additional options may be offered on a school-by-school basis

Menus are subject to change, as supply chain disruptions continue to disrupt the food service industry

FRESH HOT VEGGIES

Make sure you are on the lookout for out for FRESH HOT VEGGIES served daily.

Scan here for a full High School program menu, Nutritional Info, additional pricing, and more!







Downingtown East & West High School Week of September 5th, 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza		buffalo chicken pizza	pepperoni rolls	cheesesteak pizza	spinach artichoke pizza
grill	No	meatball parmesan sandwich	welcome back to school bbq chicken plate	roast pork & broccoli rabe sandwich	french toast Sticks w/ sausage & tots
deli	School For September		cajun chicken salad wrap		
taco / pasta	5th 2022	pesto & artichoke over penne	southwest chicken burrito	orange chicken w/ vegetables over rice	bbq chicken quesadilla
promo	Check out the feature grain this week at the salad station. Farro will be available all week to create a grain bowl the way you like.				

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Downingtown East & West High School Week of September 12th, 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza	pepperoni rolls	cheesesteak pizza	broccoli ranch pizza	bruschetta pizza	cheeseburger pizza
grill	chicken gyro	smothered chicken tenders	monte cristo sandwich	cheesesteak	chicken parm sandwich
deli			Italian panini		
taco / pasta	chicken lo mein	breakfast burrito	roasted red pepper Orzo & Marinara	beef empanadas and street corn salad	baked ziti
promo	Check out the feature grain this week at the salad station. Quinoa will be available all week to create a grain bowl the way you like.				

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Celebrate Hispanic Heritage Month on Thursday 9/15/22 with Beef Empanadas and Street Corn Salad.

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Downingtown East & West High School Week of September 19th, 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza	sausage pizza	spinach mushroom	buffalo chicken pizza	bbq vegetable pizza	chicken & broccoli ranch pizza
grill	grilled onion & cheddar burger	jerk chicken w/ a pineapple slaw	roast turkey & red pepper melt	celebrate fall fest w/ a harvest grain bowl	roast beef & cheddar on brioche
deli	BALT (bacon, avocado, lettuce, tomato) on toast				
taco / pasta	bbq chicken crunch burrito	vegetable spring rolls	chicken tachos	pasta primavera	chicken fajita bowl
promo	Check out the feature grain this week at the salad station. Brown rice will be available all week to create a grain bowl the way you like.				

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Downingtown East & West High School

Week of September 26th, 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza		meatball calzone	chicken fajita pizza	sausage stromboli	ranch chicken pizza
grill	No	crispy buffalo chicken sandwich	bbq cheddar turkey burger	buffalo chicken cheesesteak	french toast sticks w/ sausage \$ tots
deli	School For	roasted vegetable hummus wrap			
taco / pasta	September 26th 2022	chicken carbonara over pasta	roasted vegetable quesadilla	General tso chicken over rice	chicken & cheese enchiladas w/ onions
promo	Check out the feature grain this week at the salad station. Quinoa will be available all week to create a grain bowl the way you like.				

More info	<p>Link to Meal Benefits</p> <p>Join our fantastic team! We get to serve thousands of hungry students and only work on school days! Link to Apply</p> <p>Additional options may be offered on a school-by-school basis</p> <p>Menus are subject to change, as supply chain disruptions continue to disrupt the food service industry</p>	<p>FRESH HOT VEGGIES</p> <p>Make sure you are on the lookout for out for FRESH HOT VEGGIES served daily.</p> <p>Scan here for a full High School program menu, Nutritional Info, additional pricing, and more!</p>	
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