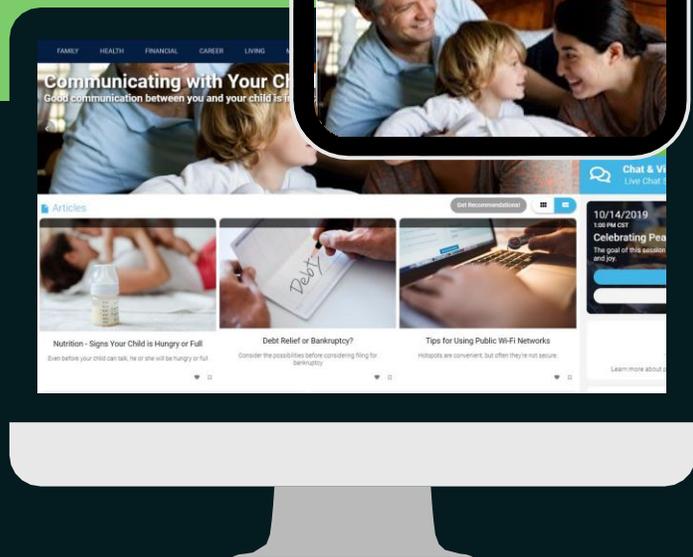




LYTLE EAP PRESENTS:

# MY LIFE EXPERT

CHANGING THE  
GAME IN  
EMPLOYEE  
WELLNESS



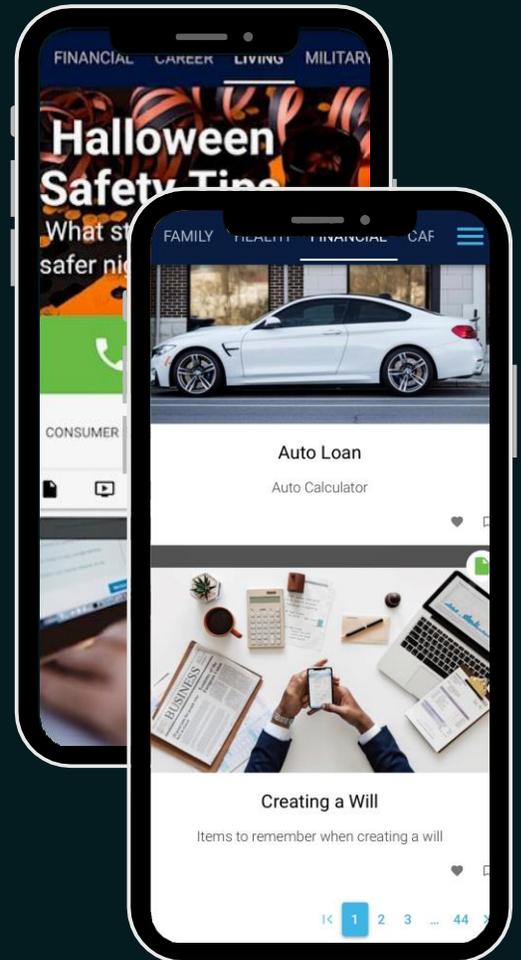


# WORK/LIFE BALANCE AT YOUR FINGERTIPS

MY LIFE EXPERT ALLOWS YOU  
ACCESS TO:

- ◆ THOUSANDS of articles, videos, and worksheets
- ◆ Quick Health and Lifestyle assessments and surveys
- ◆ Interactive checklists
- ◆ Events Calendar for the latest webinars and online training sessions
- ◆ Build your own Employee Profile
- ◆ 24/7 instant, confidential support

To Log In, Use Company Code:  
**acshic**



ACCESS YOUR FULL EAP BY CALLING:

1-800-327-7272,

DOWNLOADING THE APP BY

VISITING: [WWW.MYLIFEEXPERT.COM](http://WWW.MYLIFEEXPERT.COM)

OR

SIMPLY SCAN THIS QR CODE

**LYTLEEAP** PARTNERS  
An AllOne Health Company