


# Pace School Breakfast Menu

# September 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Scrambled Eggs with Toast Orange Assorted Juice	2 Pancakes Pineapple Tidbits Assorted Juice
5 <b>Labor Day</b>	6 Cheese Omelet with Toast Sliced Apples Assorted Juice	7 Scrambled Eggs with Tots and Toast Diced Pears Assorted Juice	8 French Toast Bites Banana Assorted Juice	9 Breakfast Pizza Applesauce Assorted Juice
12 Waffles Banana Assorted Juice	13 Scrambled Eggs with Toast Applesauce Assorted Juice	14 French Toast Sticks Diced Peaches Assorted Juice	15 Pancakes Orange Assorted Juice	16 Cheese Omelet with Toast Pineapple Tidbits Assorted Juice
19 Scrambled Eggs with Tots and Toast Mixed Fruit Assorted Juice	20 Egg and Cheese Muffin Sliced Apples Assorted Juice	21 Breakfast Pizza Diced Pears Assorted Juice	22 Pancakes Banana Assorted Juice	23 Cinnamon Rolls Applesauce Assorted Juice
26 French Toast Bites Banana Assorted Juice	27 Cheese Omelet with Toast Applesauce Assorted Juice	28 Pancakes Diced Peaches Assorted Juice	29 Scrambled Eggs with Toast Orange Assorted Juice	30 Waffles Pineapple Tidbits Assorted Juice
<b>ASSORTED CEREAL WITH CRACKERS WILL BE OFFERED AS A SECOND CHOICE EVERYDAY</b>				



**Peanut Butter &  
Jelly Sandwiches**



**Milk Choices Offered Daily:**  
1% White or Strawberry  
Non-fat Skim White Milk



**Fresh Vegetables Include:**

- Baby Carrots
- Broccoli / Cauliflower Florets
- Spinach Salad
- Cucumbers / Tomato
- Celery Sticks
- Mixed Pepper Strips
- And more...



**\*Must take at least one 1/2 cup of fruit or vegetable  
\*Students may take up to 1 cup of fruit & 1 cup of veggies**

- Fruits Include:**
- Diced Peaches
  - Mixed Fruit
  - Fresh Oranges, Apples, Bananas
  - Pineapple Tidbits
  - Diced Pears
  - Applesauce
  - Mandarin Oranges
  - And more...

- 100% Juice Options:**
- Orange
  - Apple
  - Grape
  - Fruit Punch

This institution is an equal opportunity provider.

**MENU IS SUBJECT TO CHANGE**



**\*\*Half Day for Students ALL  
meals will be bagged**