TRANSITION SKILLS CURRICULUM OVERVIEW

9th Grade

Consumer Skills

- Grocery Shopping
  - Meal planning, nutrition, budgeting
- Cooking
  - Utensil and appliance use, measuring and following a recipe
- Caring for your Clothes
  - Organizing a closet, reading labels, laundry
- Home maintenance
  - Cleaning, budgeting, minor repairs

10th Grade

Consumer Skills

- Career Exploration
  - Career decision making inventory
  - Employability skills inventory
  - Work readiness inventory
  - Research and evaluate a variety of careers
  - Personal strengths and interests

11th Grade

Consumer Skills

- Taxes and community resources
  - Purpose of taxes, utilizing resources in your community
- Emergency assistance
  - Emergency vs. non-emergency, what to do in an emergency
- Services
  - Social security, unemployment, voting, citizenship
- Controlling your spending habits
  - Saving money, wants vs. needs

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Career Education

- SMART goals
- Resume writing and cover letters
- Job search, applications, and interviewing
- Communication in the workplace
- Post high school planning
  - Interests and options

12th Grade

Consumer Skills

- Controlling Your Spending
- Banking
  - Checking and savings accounts
- Credit cards and loans
- Budgeting
  - Balancing a budget, expenses

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Career Education

- Post high school planning
  - College application process (if applicable)
- Attendance and punctuality and workplace appearance
- Accepting direction and constructive criticism
- Motivation and initiative
- IDEA vs. ADA laws
- Update resume
- Self-awareness/self-advocacy

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Experiential Learning Program

- Functional academics
  - Reading, writing, math, computers, soft skills, social skills, college prep (if applicable)
- Work experience
  - Independent or supported job placement with workplace learning goal focus
- Community and classroom based life skills
  - Field trips and classroom activities
  - Community service
  - Functional experiences including shopping, using public transportation, planning leisure activities, identifying resources
- Self-reflection project