

Brooks County
School Health Advisory Council Meeting
Thursday, September 8, 2022
(Minutes)

The School Health Advisory Council (**SHAC**) met on Thursday, September 8, 2022, at 1:00 PM at the Falfurrias High School cafeteria.

In attendance were:

Maricelda Molina (Moderator)

Melissa Munoz Kimberly DelaGarza

Lisa Cantu Teresa Arredondo

Tara Munoz Leon Montoya

Patricia Lopez Rosa Perez

Carolina Paez

Meeting Opened at 1:06

Initial Meeting: Minutes from previous meeting were read by Maricelda Molina. First motion made by Melissa Munoz and second motion made by Lisa Cantu.

New Business: Chair person was changed to Maricelda Molina, instead of Tara Munoz due to the duties of the chairperson. Tara Munoz was in agreement. All in attendance were in agreement for new SHAC board member to be appointed for the new school year (Following approval of Board of Trustees) Committee list submitted to Superintendent for Board of Trustees approval.

- Maricelda Molina spoke on the Local Health and Wellness Policy. Local Wellness Policy was revised and discussed with committee for submission to board. Local Wellness Plan submitted to Superintendent for Board of Trustees approval.
- Human Sexuality discussion was discussed amongst committee. Explanation of Board approval for resolution and policy to be adopted by Board before SHAC can recommend a curriculum was explained and discussed.
- Texas A&M Agrilife extension Agent Kimberly DelaGarza elaborated on Walk Across Texas Program. Discussed different ways to build teams. Suggestions on involving all District campuses to make it a competition. As per Mrs. DelaGarza program will start in Spring.

- Introduction of Women and Men's Health Services by Teresa Arredondo. Additional information provided by coworkers Leon Montoya and Carolina Paez. Packets and cards for services left with school nurse. Services will be discussed with Superintendent Dr. Maria Casas.

Next Meeting: In Spring or before if needed

The meeting adjourned at 1:43

Minutes taken by: Patricia Lopez