

Dear Families.

This week our school community will be focusing on the character strength of *Teamwork*. Teamwork means you work well as a member of a group or team. You are loyal, reliable, and dedicated to helping your team achieve its goals.

Teamwork is the ability and willingness to place overall group success as a higher priority than individual achievement. Those who demonstrate strengths in teamwork often work to help all group members find success. These individuals are willing to commit time and resources in order to further group goals and help toward the greater good.

For individuals, teamwork often means deferring or delaying individual accomplishments in order to ensure that the group maintains a high level of success. Their commitment to the larger group effort makes them good teammates. The positive feelings associated with being part of a larger whole -- can be highly beneficial and combat selfishness and egotism.

To practice and encourage the character strength of teamwork with your child, please visit the Positivity Project's <u>P2 for Families</u> (password: **P2**), where together you will watch a video, read a quote, and talk about the answers to three questions.

Have a wonderful week!