

Mental Health and Wellness Supports for Students

The Antelope Valley Union High School District is committed to ensuring students have access to necessary social-emotional resources and support, whether they are learning from home or the classroom. The AVUHSD offers various supports for whether in person or remote. Each school site has the following resources available.

Student Support Staff

- School Counselors
- School Psychologists
- Educational Social Workers
- Mental Health Therapists
- Student Support Mentors

Student Support Center

Our mission is to support students' social-emotional, behavioral, and academic needs by providing students, staff members, and families access to support and resources through communication, collaboration, and consideration in a Student Support Center.

The SSC offers an array of support for students through small group activities and individual mentorship support.

Antelope Valley Foster Youth Education Program (AVFYEP)

AVFYEP is a Tier 3 support for foster youth who are under the supervision of DCFS, as well as a valuable resource for staff. DCFS social workers are co-located at the following schools: Antelope Valley High School, Eastside High School, Highland High School, Knight High School, Lancaster High School, and Palmdale High School.

To reach a DCFS Social Worker, please contact the foster youth support counselor at your school.

Mental Health and Wellness resources for students and families

[#211ForSchools](#)

[AV District Website](#)

[Virtual Calming Website](#)

Student SEL resources

[Habitudes \(SEL\) Curriculum Website](#)

[Hustle University Behavior/ SEL Curriculum Website](#)

[Tobacco Alcohol Drug Diversion \(TADD\) Curriculum Website](#)