

OVERVIEW

All students within the Antelope Valley Union High School District are supported by staff members, teachers, school counselors, school psychologists, educational social workers, student support coordinators, and other mental health staff that specifically support the students' mental and social-emotional well-being. The Antelope Valley Union High School District's Comprehensive plan includes a Multi-Tiered System of Support framework to best support all our students' needs.

Tier 1

All students are explicitly taught the five core competencies of social and emotional learning. The short-term goals of SEL implementation are to:

- (1) promote students' self-awareness, self-management, social-awareness, relationship, and responsible decision-making skills; and
- (2) improve student attitudes and beliefs about self, others, and school. These, in turn, provide a foundation for better adjustment and academic performance as reflected in more positive social behaviors and peer relationships, fewer conduct problems, less emotional distress, and improved grades and test scores (CASEL, 2020).

Social and emotional learning (SEL) is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. (CASEL, 2020)

Tier 2

In addition to Tier 1, some students receive targeted social, emotional, and mental health supports provided by our school counselors and student support coordinators. Students participate in small groups specifically addressing their identified needs.

Tier 3

In addition to Tier 1 and 2 a few students receive intensive support provided by our school psychologists, educational social workers, ERICS, and mental health providers. Students that are in need of more personal one-on-one support receive the necessary support provided within our site resources, and when needed, they are connected with our community resources.

