

AVUHSD Mental Health and Wellness Support Staff

School Counselors

School Counselors support students in three domains; academic, college and career, and social-emotional. Social-emotional supports include individual counseling, conflict resolution, anger management, healthy relationships, depression/coping skills, family issues, grief/loss, anxiety/stress, drug/alcohol/tobacco use, peer pressure, life skills, self-esteem, bullying, suicide prevention, foster youth support, and community referrals.

School Psychologists

School psychologists provide direct support and interventions to students receiving special education services, consult with teachers, families, and other mental health professionals (i.e., school counselors, school social workers) to improve support strategies for students. They provide individual counseling and crisis counseling. They can make referrals to School-Based Mental Health agencies and outside community resources.

Educational Social Workers

Educational Social Workers provide individual and group counseling to students in addition to providing parent and family support services. They support the mental health specialist role of our school counselors and school psychologists by serving as a crisis team member and supporting the risk assessment process.

Student Support Coordinators

Student support coordinators are teachers that work directly with students in the Student Support Center. These coordinators use culturally relevant evidence-based curriculum to support student behavioral, social, emotional, and academic needs. These mentors run various small groups throughout the year, and they also provide one-on-one mentoring.

Educationally Related Intensive Counseling Services (ERICS)

The Educationally Related Intensive Counseling Services (ERICS) Program provides intensive counseling services to students receiving Special Education services who are in need of a higher level of support. Eligibility and the level of need are determined by the student's IEP team. Counseling and assessment services are provided by a team of psychologists, mental health therapists, and social workers and are determined by the student's IEP goals and objectives. In addition, the ERICS program oversees residential treatment services for those students in need of the highest level of support.