



September 2022
Jasper County Pre K/ Headstart
Breakfast & Lunch Menus



BREAKFAST PRICES

FREE TO ALL STUDENTS

ADULT: \$2.50



LUNCH PRICES

**FULL PRICE: \$1.50
 REDUCED: \$0.40**

ADULT: \$4.00



Featured Produce: Apples

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| <p>The Jasper County School Nutrition Program is Committed to Helping Students Learn and Grow by Providing Quality Meals that Support Academic Success for All Students</p> |  |  | <p>01 Breakfast Warm Muffins</p> <p align="center">LUNCH Cheesy Quesadilla Creamed Potatoes Sweet Peas Fruit</p> | <p>02 Breakfast Flavored Pancakes</p> <p align="center">LUNCH Juicy Hamburger Dorito Chips Fruit</p> |
| <p align="center">ENJOY LABOR DAY!</p> | <p>06 Breakfast Cereal</p> <p align="center">LUNCH Crispy Chicken Sandwich Baked French Fries Fruit</p> | <p>07 Breakfast Sausage Biscuit</p> <p align="center">LUNCH Cheesy Pizza Buttered Sweet Corn Fruit</p> | <p>08 Breakfast Warm Muffins</p> <p align="center">LUNCH Crispy Chicken "Nuggies" w/ WG Roll Steamed Sweet Carrots Fruit</p> | <p>09 Breakfast Yogurt w/ Grahams</p> <p align="center">LUNCH Juicy Cheeseburger Seasoned Green Beans Fruit</p> |
| <p>12 Breakfast Flavored Pancakes</p> <p align="center">LUNCH Cheesy Pizza Buttered Sweet Corn Fruit</p> | <p>13 Breakfast Cereal</p> <p align="center">LUNCH Max Cheese Sticks Sweet Peas Fruit</p> | <p>14 Breakfast Breakfast Pizza</p> <p align="center">LUNCH Juicy Cheeseburger Seasoned Steamed Broccoli Fruit</p> | <p>15 Breakfast Sausage Biscuit</p> <p align="center">LUNCH Meaty Spaghetti w/ WG Breadstick Buttered Sweet Corn Fruit</p> | <p>16 Breakfast French Toast Sticks</p> <p align="center">LUNCH Savory Grilled Cheese Baked Tater Tots Fruit</p> |
| <p>19 Breakfast Warm Muffins</p> <p align="center">LUNCH Turkey and Cheese Sub Sweet Peas Fruit</p> | <p>20 Breakfast Cereal</p> <p align="center">LUNCH Crispy Fish Sticks w/ WG Roll Creamed Potatoes Fruit</p> | <p>21 Breakfast Grilled Cheese</p> <p align="center">LUNCH Crispy Chicken "Nuggies" w/ WG Roll or Baked French Fries Fruit</p> | <p>22 Breakfast Flavored Belgium Waffles</p> <p align="center">LUNCH Ham & Cheesy Macaroni Bake w/ WG Breadstick Seasoned Green Beans Fruit</p> | <p>23 Breakfast Crispy Chicken Biscuit</p> <p align="center">LUNCH Juicy Hamburger Buttered Sweet Corn Fruit</p> |
| <p>26 Breakfast Warm Muffins</p> <p align="center">LUNCH Buffalo Chicken Flatbread Baked Tater Tots Fruit</p> | <p>27 Breakfast Yogurt w/ Grahams</p> <p align="center">LUNCH Pulled Pork BBQ Sandwich Seasoned Green Beans Fruit</p> | <p>28 Breakfast Flavored Pancakes</p> <p align="center">LUNCH Savory Grilled Cheese Homestyle Baked Beans Fruit</p> | <p>29 Breakfast Crispy Chicken Biscuit</p> <p align="center">LUNCH Cheesy Pizza Sweet Glazed Carrots Fruit</p> | <p>30 Breakfast Breakfast Pizza</p> <p align="center">LUNCH Soft Chicken Tacos Buttered Sweet Corn Fruit</p> |

World School Milk Day
September 28th



**JASPER COUNTY
 CHARTER SCHOOL
 SYSTEM IS
 OFFERING
 BREAKFAST AT NO
 COST TO ALL
 STUDENTS THIS
 YEAR**

**MENUS SUBJECT TO
 CHANGE WITHOUT
 NOTICE.**

***Variety of Milk,
 Whole Grains, 100%
 Juice, Fresh Fruit or
 Vegetables Offered
 Daily for Breakfast ***

**USDA IS AN EQUAL
 OPPORTUNITY
 PROVIDER AND
 EMPLOYER**