



COMAL COUNTY

OFFICE OF PUBLIC HEALTH

July 2016

To: Comal County Schools
From: Dorothy Overman, M.D.
Comal County Health Authority
Subject: Recommendation for Food Brought to School

Many diseases are spread by food being prepared improperly or by hands or food not being cleaned before preparation. Food brought into Comal County schools for classroom snacks/events or approved activities where food is consumed should be commercially prepared and/or commercially packaged. To prevent the spread of disease and infection home-baked or home-prepared foods should not be allowed for school. This does not include a student bringing lunch from home for individual consumption. This recommendation will be in effect from this date forward.

Good hand washing techniques are the single most effective means of preventing the spread of disease. Some resources are listed below:

<http://www.cdc.gov/germstopper/>

<http://www.dshs.state.tx.us/kids/lessonplans/>

Dorothy N. Overman MD

8/18/2016

Dorothy Overman, M.D.
Comal County Health Authority

Date