



Downingtown Middle school menu

Week of August 29th , 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
pizza	buffalo chicken pizza	sausage pizza w/ onions & peppers	roasted veggie pizza	bacon pizza	spicy cauliflower ranch pizza
grill	bbq cheddar chicken sandwich	turkey cheddar melt	western cheddar burger	chicken cheesesteak	french toast Sticks w/ sausage & tots
feature	hotdog	general tso chicken over rice w/ a vegetable	chicken & pasta with marinara	beef walking tacos	boneless chicken wings
sandwich / wrap			caprese wrap (tomatoes, basil, mozzarella with a balsamic dressing)		
Salad /bowl		southwest chicken salad or brown rice bowl (diced chicken, corn, black beans, cheddar cheese, grape tomatoes over lettuce or brown rice)			

more info	<p>Daily Options: Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger Pizza Station: Cheese Pizza or Pepperoni Pizza Grab & Go: Sunbutter & Jelly Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day Milk: 1% White Milk, Skim Chocolate, Skim Strawberry</p>	<p>Pricing: Lunch - \$2.80 <u>A la Carte items – Additional charge</u></p> <p>Lunch Meals: Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!</p> <p>Additional options may be offered on a school-by-school basis</p>
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Menus are subject to change, as supply chain disruptions continue to disrupt the

Scan here for Nutritional Info!





Downingtown Middle school menu

Week of September 5th, 2022

MONDAY

TUESDAY

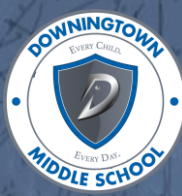
WEDNESDAY

THURSDAY

FRIDAY

pizza		bbq chicken pizza	pepperoni rolls	cheesesteak pizza	spinach artichoke pizza
grill	No	crispy buffalo chicken sandwich	welcome back to school bbq chicken plate	roast pork & broccoli rabe sandwich	smothered chicken tenders
feature	School For	meatball parmesan sandwich	chicken & broccoli alfredo	buffalo roasted cauliflower over rice	beef walking tacos
sandwich / wrap	September 5 th 2022	bbq chicken crunch wrap (diced chicken, lettuce, cheddar cheese, crispy tortilla strips & bbq sauce)			
Salad /bowl	popcorn chicken salad (popcorn chicken w/ cucumber, carrots & tomatoes over a bed of lettuce)				

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Downingtown Middle school menu

Week of September 12th, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

pizza

bbq chicken pizza

buffalo chicken pizza

veggie pizza

cheeseburger pizza

Spinach tomato pizza

grill

chicken fajita burrito

mini corn dogs

ham & cheese croissant

chicken cheesesteak

french toast sticks w/ sausage

feature

grilled turkey & cheese

bbq cheddar chicken patty

pasta marinara w/ meatballs

sweet & sour chicken over rice w/ a vegetable

buffalo chicken quesadilla

sandwich / wrap

chicken salad sandwich
(chicken salad w/ lettuce & tomato on a hamburger roll)

Salad /bowl

bbq chicken chop salad
(bbq seasoned diced chicken, romaine lettuce, cucumbers, carrots, grape tomatoes)

more info

Daily Options:

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger

Pizza Station: Cheese Pizza or Pepperoni Pizza

Grab & Go: Sunbutter & Jelly

Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice

Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day

Milk: 1% White Milk, Skim Chocolate, Skim Strawberry

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

Additional options may be offered on a school-by-school basis

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Downingtown Middle school menu

Week of September 19th, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

pizza

pepperoni rolls

sausage pizza w/ onions & peppers

buffalo chicken pizza

bbq vegetable pizza

chicken & broccoli alfredo pizza

grill

chicken pot stickers & rice

chicken parm sandwich

monte cristo sandwich

roast pork & broccoli rabe sandwich

pizza max stix

feature

oven fried chicken with a biscuit

burger grilled cheese

pasta with meat sauce & a breadstick

chicken & mashed potato bowl

chicken pot stickers over rice

sandwich / wrap

roasted vegetable & hummus wrap
(roasted broccoli, cauliflower, Peppers & onions w/ hummus in a wrap)

Salad / bowl

buffalo chicken salad
(buffalo seasoned chicken, romaine lettuce, celery, carrots, grape tomatoes with mozzarella cheese)

more info

Daily Options:

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Chicken Nuggets w/ Soft Pretzel Rod, or Veggie Burger

Pizza Station: Cheese Pizza or Pepperoni Pizza

Grab & Go: Sunbutter & Jelly

Fruit: Fresh Apple, Orange Slices, Fruit of the Day, or 100% Fruit Juice

Vegetable: Baked Fries, Fresh Broccoli, Cucumber Slices, Baby Carrots, & Vegetable of the Day

Milk: 1% White Milk, Skim Chocolate, Skim Strawberry

Pricing:

Lunch - \$2.80

A la Carte items – Additional charge

Lunch Meals:

Lunch meals include ½ cup fruit and/or vegetable, and choice of Chocolate or 1% Milk. Daily Fruit & Veggie options include Apples, Oranges, Baby Carrots, Cucumbers, and many more!

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Downingtown Middle school menu

Week of September 25th, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

pizza		spinach & mushroom pizza	buffalo chicken pizza	bbq roast vegetable pizza	taco pizza
grill	No	roast turkey & red pepper melt	jerk chicken w/ a pineapple slaw	bbq chicken cheesesteak	french toast sticks w/ sausage & tots
feature	School For	sloppy joe	pasta marinara w/ sausage & peppers	roast beef & cheese on a brioche	buffalo chicken quesadilla
sandwich / wrap	September 26 th 2022		tuna & provolone hoagie (Italian seasoned tuna, provolone cheese & roasted red peppers on a long roll)		
Salad /bowl		buffalo chick pea salad (roasted garbanzo beans w/ buffalo sauce, romaine lettuce, cucumbers, carrots, grape tomatoes & cheddar cheese,)			

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