JASPER HIGH SCHOO

COURSE: HEALTH EDUCATION
INSTRUCTOR: COACH HALL
CONTACT: rhall@jasper.k12.al.us

COURSE DESCRIPTION/OVERVIEW:

The Grades 9-12 health education course encompasses the eight comprehensive health strands and foc
health-enhancing skills. Health instruction is addressed in a way that allows students to obtain, interpret, an
order to be health-literate, students are encouraged to become self-directed learners while establishing a b
prevention. The maturation of the student, intensity of instruction, and level of integration of content across th
course.

Health instruction leads high school students to understand basic concepts of health literacy. They develop
services for current and future health needs. They also distinguish between positive and negative impacts
health. In addition, students gain knowledge of global environmental issues, learn to administer cardiop
procedures, and gain an understanding of the importance of recognizing, avoiding, a

Other goals for fostering health literacy for students in Grades 9-12 include becoming competent in making
and abuse. Students become informed about factors that impact nutrition decisions and gain knowledge of a
AIDS. They also apply decision-making skills, set goals, and work cooperatively to advocate for h

HEALTH EDUCATION UNIT PLAN (COACH HALL)

WEEK	UNIT	STANDARDS	
1	INTRO TO HEALTH CONSUMER AND COMMUNITY HEALTH	1	SYLLABUS/CLASSR ANALYZE TECHNOLOGY AND ITS I
2	ENVIRONMENTAL HEALTH FAMILY HEALTH	2,3,4,5	GLOBAL ENVIRONMENTAL ISSUES AND RESPONSIBILITIES OF PARENTHOO
3	PERSONAL HEALTH AND SAFETY	6,7	DEMONSTRATE ABILITY TO ADM RESPONSI
4	MENTAL AND EMOTIONAL HEALTH	8,9	IDENTIFY SYMPTONS, TREATME UNDERSTAND HOW SIGNIFICANT L
5	NUTRITION	10	IDENTIFY FACTORS TH DESCRIBE HEALTH CONSEQU
6	PREVENTION AND CONTROL OF DISEASE	11,12,13	MANAGEMENT STRATEGIES FOR PROG
7	SUBSTANCE USE AND ABUSE	14,15,16	FEDERAL AND STATE LAWS IDENTIFY EFFECTS
8			EXPLAIN PHYSIOLOGI SUBSTANC
9	COURSE REVIEW FINAL EXAM	1-16	REVIEW MAT C

L



:uses on the application and mastery of developing
d apply basic health information to their daily lives. In
asic understanding of health promotion and disease
ıe high school curriculum influences the impact of this

skills for accessing health information, products, and
of family, culture, mass media, and technology on
ulmonary resuscitation (CPR) and other first aid
and reporting types of abuse.
health-enhancing decisions regarding substance use
ıcute and chronic health conditions, including HIV and
ıealthy homes, schools, and communities.

DESCRIPTION

:OOM EXPECTATIONS/ INTO ACTIVITIES
NFLUENCE ON CONSUMER HEALTH AND HEALTHCARE
DESCRIBE WAYS TO ADVOCATE FOR A HEALTHY SOCIETY
)D AND COMMON CAUSES FOR DISABILITY AND DEATH
INISTER CPR AND USE AED. RECOGNIZE PERSONAL
IBILTY FOR LIFELONG HEALTH
NT AND MANAGEMENT OF MENTAL HEALTH ISSUES.
IFE EVENTS IMPACT MENTAL AND EMOTIONAL HEALTH
HAT IMPACT NUTRITION INCLUDING MEDIA
JENCES AND TREATMENT OF EATING DISORDERS
ACUTE AND CHRONIC HEALTH ISSUES, PREVENTION
SRESSION OF HIV TO AIDS
REGARDING SALE AND USE OF ILLEGAL DRUGS
ON HEALTH OF CHEMICAL SUBSTANCES
CAL EFFECTS OF CHEMICAL SUBSTANCES
CE ABUSE IN WALKER COUNTY
ERIAL FROM PREVIOUS 8 WEEKS
OMPLETE FINAL EXAM