

What to do if you think you have been sexually assaulted

1. Ensure the victim is at a safe location away from the perpetrator. If not, take them to a safe, secure, and confidential location.
2. If a threat to the victim's **immediate** safety exists or a child (less than 18 yrs. of age), contact law enforcement **911** or local police as soon as possible.
3. If the victim is in need of medical care or decides to have a medical forensic examination, escort or have a staff member escort the victim to:
Resolute Emergency Department or call 830-500-6666. Nurses are on call to perform a medical evaluation and collect evidence if needed.

OR

Contact Crisis Center of Comal County (24/7)- (800) 434-8013

Other important numbers:

- a. The Children's Advocacy Center of Comal County- (830) 626-2543
- b. New Braunfels Police- 830-221-4560
- c. Comal County Sheriff- 830-609-3921
- d. Texas Department of Family and Protective Services- 1-800-252-5400



The Sexual Assault Response Team of Comal County
P.O. Box 312231
New Braunfels, TX 78131
www.sowhealthy.com

Other Tips:

- **All victims have the following option to report to law enforcement or to have a non-report. In both instances the victim can and should have a forensic medical exam (if assault is within 120 hours of report for adults and 96 hours for children) Please do not contact law enforcement (unless victim is a child 18 yrs. and younger) until the victim has been briefed on her/his reporting options.**
- **Contact a Crisis Advocate as soon as possible after the victim has made disclosure, regardless of reporting options.**
- **Other than safety and health related questions, try to refrain from asking the victim for details about the incident.**
 - **Show interest in what the victim says and ask what you can do to help her/him.**
 - **Be sensitive**
 - **Try to understand but DO NOT tell victim "it'll be ok".**
 - **Remind them it is not their fault**
 - **Encourage patient not to void, have anything to eat/drink, and not to take a shower or wash up until seen by a forensic nurse.**
- **A Medical Forensic Examination is a way to preserve physical evidence and provide a complete medical examination including STI prophylaxis medication/testing and pregnancy prevention and can be completed at Resolute Hospital by a forensic nurse.**