



LUNCH MENU

Week Commencing 19/09/2022

	Monday	Tuesday	PORTUGUESE Wednesday	Thursday	Friday
Starter	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>	<i>Salad Bar</i>
Soup of the day	<i>Homemade Soup</i>				
Bread	<i>Freshly Home Baked Bread daily</i>				
International & Traditional	<i>Roast Gammon & Gravy</i>	<i>Shepherds Pie</i>	<i>Portuguese Aka Peri Peri Chicken</i>	<i>Mac & Cheese</i>	<i>Breaded Cod</i>
Vegetarian	<i>Vegan Risotto</i>	<i>Butternut chick Peas Curry</i>	<i>Vegetarian Feijoada</i>	<i>Bake d Vegan Pasta</i>	<i>Vegan Stew</i>
On the Side	<i>Spicy Wedges Green Beans</i>	<i>Pilaf Rice & Carrots</i>	<i>Peppers Rice & espinafre</i>	<i>Pasta & Crunchy Salad</i>	<i>chips & peas</i>
Cheese / fruits	<i>Continental Cheese and fresh fruit are available every day</i>				
Dessert	<i>Vanilla Cream</i>	<i>Apple & cinnamon</i>	<i>Natilla</i>	<i>Rice pudding cake</i>	<i>Fruit jelly</i>