

Too Sick for School and COVID Guidance

Thank you for notifying the school that your student isn't feeling well. Keeping students' home when they are too sick for school protects other students and staff from potential illness. Please visit <https://www.lwsd.org/programs-and-services/health-services/too-sick-for-school> for additional information and non-COVID medical conditions which may require your student to stay home from school.



If your student has tested positive for COVID-19, please report here:
<https://forms.office.com/r/x1VYHRwsMu>

COVID-like symptoms

Students and staff who have symptoms of COVID-19 are **required** to stay home and should get tested and/or see a health care provider. Follow the WA DOH [COVID-19 Symptom and Exposure Flowchart for Schools](#). If your student shows any of the following symptoms at school, it is necessary to pick them up as soon as possible.

- Fever of 100.4 or above
- Chills
- Shortness of breath or difficulty breathing
- Muscle pain or body aches
- Cough
- Loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Headache
- Sore throat
- Fatigue

Contact your medical provider if your student is experiencing any other symptoms that are concerning to you.

COVID Testing

People with COVID-19 symptoms should stay home until they have the results of their testing.

- **Positive Results:** Isolate at home. **If your student has tested positive for COVID-19, please report here:**
<https://forms.office.com/r/x1VYHRwsMu>
- **Negative Results:** If your student has COVID-like symptoms and receives a negative test result, they may return to school 24 hours after fever has resolved (without medication) and symptoms have significantly improved. If symptoms persist, retest every 24–48 hours through at least five days after symptoms started.
- **Not Tested:** Individuals with COVID-19 symptoms that do not get tested or do not see a health care provider to receive an alternative diagnosis should follow the same isolation guidance as individuals who test positive for COVID-19.

For COVID testing resources and additional information, please visit: <https://www.lwsd.org/pathway-forward/testing>.