

EES**Breakfast**

SEPTEMBER | 2022



We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain changes. Free & Reduced meal applications are available all year at www.payschoolscentral.com. Approved applications may receive additional benefits

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| 29 | 30 | 31 | 1 Mini Pancakes 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 2 Warm Cinnamon Toast Crunch Soft Bar 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk |
| 5 No School | 6 Maple Waffles 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 7 Glazed Donut 29 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 8 Chocolate Chip Muffin 28 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 9 Cinnamon Roll 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk |
| 12 Banana Chocolate Chunk Bar 48 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 13 Soft Cinnamon Pretzel Stick 30 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 14 2 Hour Delay No Breakfast Served | 15 Mini French Toast 37 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 16 Warm Cinnamon Toast Crunch Soft Bar 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk |
| 19 Banana Chocolate Chunk Bar 48 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 20 Maple Waffles 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 21 Glazed Donut 29 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 22 Chocolate Chip Muffin 28 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 23 Cinnamon Roll 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk |
| 26 Banana Bread 45 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 27 Soft Cinnamon Pretzel Stick 30 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 28 No School Staff Professional Development Day | 29 Mini Pancakes 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk | 30 Warm Cinnamon Toast Crunch Soft Bar 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk |

The USDA No Charge Meal Waiver has expired. Please note that unless you have submitted a new 2022-2023 Free & Reduced Meal Application & been notified of approval, your student will be charged for their meal.

Meal Cost:**Breakfast:**

Paid Students \$1.00
Approved Free & Reduced Students- No Charge

Charge policy: No charging allowed at breakfast.

Breakfast is available daily except when school is delayed. Students are to come directly to the cafeteria from the bus.

Carb Counts: Milk-White 13/Chocolate 19/ Strawberry 19
Juice- Apple & Orange Juice 14 / Grape Juice 19

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