

WOODBURN SCHOOL DISTRICT

DESCRIPTION FOR PHYSICAL DEMANDS AND WORK REQUIREMENTS

JOB TITLE : **CLASSROOM TEACHER**

LOCATION: **ELEMENTARY, MIDDLE SCHOOL, HIGH SCHOOL**

ENDURANCE

	HOURS AT ONE TIME											TOTAL HOURS IN A WORK DAY									
	0	1/2	1	2	3	4	5	6	7	8		0	1/2	1	2	3	4	5	6	7	8
SITTING			X											X							
STANDING				X											X						
WALKING			X											X							
DRIVING	X										X										

PHYSICAL

LIFT & CARRY	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
1-10 lbs		X		
11-20 lbs		X		
21-50 lbs		X		
51-75 lbs	X			
76-100 lbs	X			

PUSHING

1-10 lbs		X		
11-20 lbs		X		
21-50 lbs	X			
51-75 lbs	X			
76-100 lbs	X			

PULLING

1-10 lbs		X		
11-20 lbs		X		
21-50 lbs	X			
51-75 lbs	X			
76-100 lbs	X			

ENVIRONMENTAL

INDOORS				X
OUTDOORS		X		
HEAT	X			
COLD	X			
DUSTY	X			
NOISY	X			
OTHER				

MOTIONS	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
BENDING		X		
TWISTING		X		
CROUCHING		X		
KNEELING	X			
CRAWLING	X			
WALK-LEVEL SURFACE			X	
WALK-UNEVEN SURFACE		X		
CLIMB STAIRS		X	X	
CLIMB LADDER	X			
REACH- ABOVE SHOULDER		X		
REPETITIVE-USE OF ARMS		X		
REPETITIVE-USE OF WRIST		X		
REPETITIVE-USE OF HANDS (A)GRASPING (B)SQUEEZING		X		
USING FOOT CONTROL	X			

