

## Crisis Services and Resource Lines

<b>CommCare Crisis Line and referral line:</b> 1-888-279-8188 <b>Synergy Crisis Line:</b> 816-741-8700 <b>Crisis TEXT Line:</b> TEXT "HOME" TO 741741	<b>Tri-County Mental Health Center-Maple Woods Campus</b> 3100 NE 83 <sup>rd</sup> St., KC, MO 64119 Crisis Support: 816-468-0400. Monday-Friday 8:30 a.m. to 5:00 p.m.
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**\*\*Please note, in case of immediate danger, call 911. Police departments are trained to provide safety to those who are at risk of harm to self or others, whether intentional or nonintentional. Local hospital emergency rooms are equipped to provide immediate safety, assessment, and support for a mental health crisis. No appointment is necessary for an emergency room visit.**

<p><b>Outpatient Therapy Services</b> <b>Tri-County Mental Health Center-Maple Woods Campus</b></p> <ul style="list-style-type: none"><li>● Walk-in Intakes Monday-Friday 8:00am-1:00pm (no appointment necessary)</li><li>● Sliding scale reduced fee, private insurance plans, and Medicare</li><li>● Accepts ALL MO Medicaid plans for children and adults</li><li>● Family/individual/group therapies for children and adults</li><li>● Case management, groups and home-based services for some qualifying consumers</li><li>● <i>Psychiatric and medication services available</i></li></ul> <p><b>Synergy Services 816-587-4100</b></p> <ul style="list-style-type: none"><li>● Sliding scale reduced fee, private insurance plans</li><li>● Accepts most MO Medicaid plans</li><li>● Family and individual therapies for children and adults</li><li>● <i>No psychiatric or medication services</i></li></ul> <p><b>Comprehensive Psychiatric Service 816-453-7473</b></p> <ul style="list-style-type: none"><li>● Accepts private insurance plans and private pay (No Medicaid)</li><li>● <i>Psychiatric and medication services available</i></li></ul> <p><b>Dipoto Counseling Services 816-268-8501</b></p> <ul style="list-style-type: none"><li>● Accepts private insurance plans and private pay (No Medicaid)</li><li>● Family and individual therapies for children and adults</li><li>● <i>No psychiatric or medication services</i></li></ul> <p><b>Metis Counseling 816-399-4204</b></p> <ul style="list-style-type: none"><li>● Accepts some MO Medicaid plans and private insurance plans</li><li>● Children, adolescents, adult, and family counseling</li><li>● <i>No psychiatric or medication services</i></li></ul> <p><b>Lilac Center 816-221-0305</b></p> <ul style="list-style-type: none"><li>● Accepts most private insurances and private pay (No Medicaid)</li><li>● Includes individual, group and family treatment specializing in Dialectical Behavioral Therapy (DBT)</li><li>● <i>Psychiatric and medication services available</i></li></ul> <p><b>Embark Counseling Services 913-257-3161</b></p> <ul style="list-style-type: none"><li>● Accepts most private insurances and private pay (No Medicaid)</li><li>● Family and individual therapies for children and adults</li><li>● <i>No psychiatric or medication services</i></li></ul> <p><b>NOVO Counseling 816-841-7735</b></p> <ul style="list-style-type: none"><li>● Accepts private insurance plans (No Medicaid)</li><li>● Counseling for all ages and families</li><li>● <i>No psychiatric or medication services</i></li></ul>	<p><b>Medication Only Services</b></p> <p><b>Meritas Health Care (NKC)</b> 816-453-6777</p> <p><b>Dr. Michelle Birdsell</b> 816-741-4800</p> <p><b>Dr.'s Mahmood and Fadare</b> 816-505-3311</p> <p><b>Dr. Innocent Anya</b> 816-283-3396</p> <p><b>Dr. Chinnaswamy</b> 816-485-8475</p> <p><b>Patty McCoy, ARNP</b> 816-453-7473</p> <p><b>Adolescent Intensive Outpatient Services (IOP)</b> <b>Signature Behavioral Services</b> 816-691-5103 *Accepts most private insurance and private pay *4 evenings per week, 3 hours per session *Group therapy *Adolescent psychiatric and medication services available</p> <p><b>**IF YOU HAVE PRIVATE INSURANCE, WE RECOMMEND YOU CONTACT YOUR INSURANCE PROVIDER FOR A REFERRAL AND BENEFIT INFORMATION**</b></p>
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