

DISTRICT MENTAL HEALTH & WELLNESS

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AGENDA

- Why Mental Health Supports?
- Growth of Services
- Roles & Responsibilities
- Community Resources



WHY MENTAL HEALTH SUPPORTS?

- ❑ Mental Health concerns can affect a person's thinking, behaviors and their emotional state.
- ❑ They can disrupt the persons ability to:
 - ❑ Work or attend school,
 - ❑ Carry out daily activities, and/or
 - ❑ Engage in satisfying relationships
- ❑ 3 out of 4 individuals with a mental illness report they have experienced stigma

Impact

50%



50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.¹

VCS MENTAL HEALTH

Research suggests that students who receive mental health and behavioral supports show:

Increases Self-Image & Resiliency Skills

Improve Students' Sense of Connectedness & Well-Being

Academic Improvement

Decrease Emotional Distress



VCS
Mental
Wellness

Linking Healthy Minds for a Positive Future



GROWTH FOR THE DISTRICT MENTAL HEALTH TEAM

Secondary Expansion

VCS MENTAL HEALTH

- Modeled after the CDC's Whole School, Whole Community, Whole Child' framework
- Part of the Office of Student Services
- Multiple mental health crisis response teams
- Consists of school social workers, mental health clinicians and substance abuse professionals



CDC's Whole School, Whole Community, Whole Child framework

VCS MENTAL HEALTH SUPPORT

- Currently total of 28 clinicians throughout the district
- Respond to all schools, including Charter and Alternative Education
- Aid students, families, schools and staff





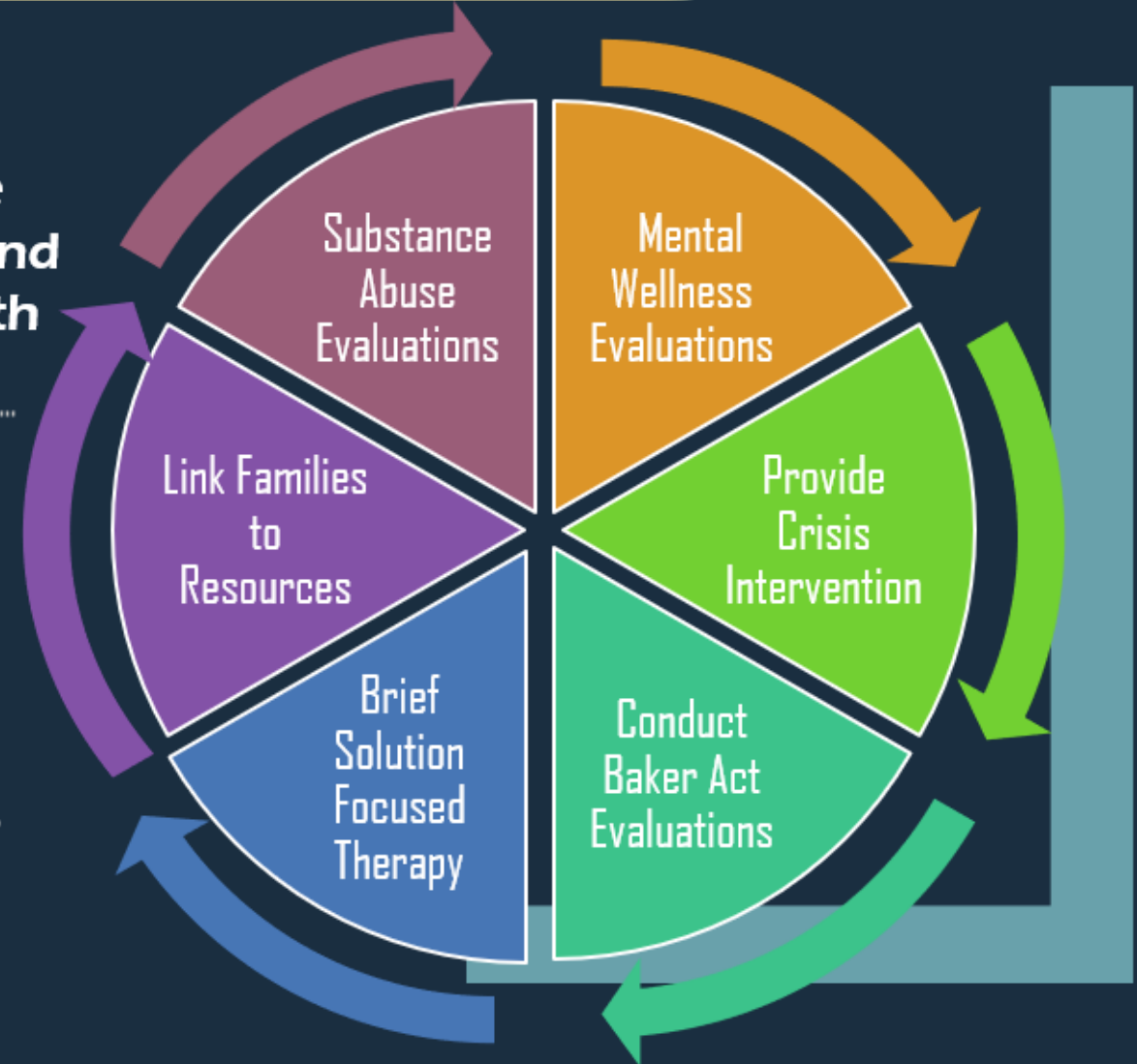
ROLES & RESPONSIBILITIES

MENTAL HEALTH TEAMS

Provide therapeutic counseling services to students and families using eclectic and age-appropriate interventions and therapies.

Provide Substance Abuse Evaluations and connect families with services.

CRISIS COUNSELING AND RESPONSE SERVICES



COMMUNITY RESOURCES

ADDITIONAL LOCAL RESOURCES

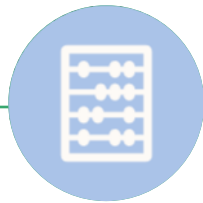
- Medicaid & Florida KidCare
- Link with School Social Works
- Collaborate with other School Resource Liaisons
- Referral for Outpatient Services
- Community Interdisciplinary Staffing

COMMUNITY-BASED AGENCIES

- ADAPT
- Children's Home Society (CHS)
- Chrysalis
- Devereux
- ESP Case Management
- Halifax Behavioral Services (HBS)
- IMPOWER
- Kinder Konsulting
- SMA Healthcare



HOW WE ASSIST



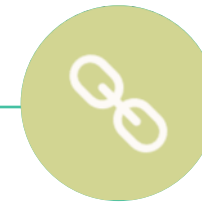
TRAININGS

- Faculty/Staff trainings
- Re-Entry Support Meetings
- Referral Process
- Youth Mental Health First Aid



OUTREACH

- Individual & Group Services
- Community Care Coordination
- Parenting Support



EVENTS

- Open Houses
- Information Nights/FACT Fairs
- SAC/PTA
- School Requests

THANK YOU

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