



# UDAS CHRONICLE

September 2022

For the parents, staff, students, and community of  
New Smyrna Beach High School

Volume 21 / Issue 1



Dear Parents/Guardians:

## #WeAreOneFamily

It has been an amazing opening and this school year is off to a great start. We have placed early emphasis on student safety and school security requiring all students to acquire and maintain an NSBHS photo identification. Each day, students enter through our single point of entry showing their student identification for access to the campus. Please encourage your student to bring their school identification to school daily.

Please contact the school if your student contracts COVID. If your student is sick, please keep them home. Frequent handwashing and/or hand sanitation is strongly encouraged. We need your student in school daily to benefit from the total learning experience. Education, like life, is not a spectator sport – one cannot score from the sidelines. Success goes to those who go after it, not to those who wait and hope for it. There is a saying that *“Anything worth doing is worth doing well.”* As the year progresses, ask your student what their goal is for this year and what your student intends to invest. Students who are in school regularly give themselves the greatest opportunity for academic success.

We are inviting you to work with us in making this school year the best. Despite the challenges, we will do whatever it takes for our students to succeed and graduate. By always working together, we will maintain our school as the best in the district!

This year-and every year-we challenge our students to demand their very best. It is our goal for students to make their legacy one to remember.

Thanks for all you do!

Sincerely,

Timothy Merrick  
Principal



## NSBHS Mission Statement:

Working together with parents, school personnel and community members, New Smyrna Beach High School students will graduate with the knowledge, skills and values necessary to be positive contributors to society.



## Trip

This summer, 23 NSBHS students and their parents traveled throughout Italy, Greece, and Turkey on an 18-day adventure. Together they learned about ancient history, art, music, and culture while learning about locations they'd only ever read about in books or seen in movies. The trip was full of experiences they will never forget, including visiting the Colosseum and Vatican in Rome, attempting to straighten the Leaning Tower of Pisa, dancing with locals in Athens, and cruising through the Mediterranean visiting the Greek Isles.

Students interested in traveling next summer should contact Ms. Berry at [tmberry@volusia.k12.fl.us](mailto:tmberry@volusia.k12.fl.us) or Ms. Everidge at [eaeverid@volusia.k12.fl.us](mailto:eaeverid@volusia.k12.fl.us). We will be visiting Germany, Czech Republic, Poland, Slovakia, and Hungary. Travel through the Iron Curtain and World War II to Gothic cathedrals and ancient cities that are now more vibrant than ever. Berlin mixes historical significance, rich culture and an exciting cosmopolitan energy. Prague, which escaped the bombs of World War II, woos you with old-world charm. And in Krakow and Budapest, two of Europe's most underrated cities, architectural gems await around every corner.

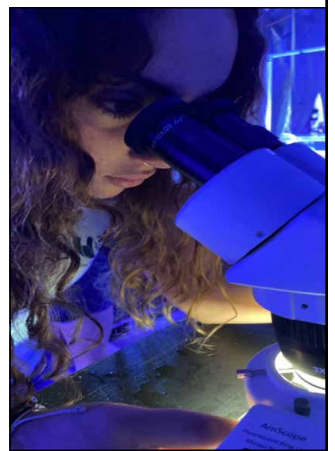
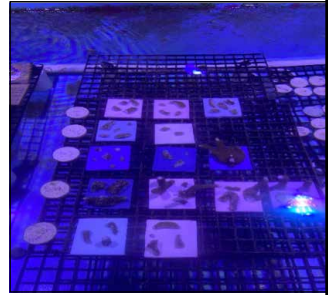
*This is not a school sponsored activity.*

## Coral Rescue Project

The Reef Institute is part of the Coral Rescue Project and focuses on monitoring coral health, oceanic biodiversity, artificial reef architecture, coral propagation and restoration, gene banking of endangered corals, and sustainable reef practices. Their vision is saving the ocean and protecting coral species that build the reefs and act as nursery habitats for many ocean species. According to NOAA, ocean acidification, climate change, and Stony Coral Tissue Loss Disease have left Florida with only 2% of its original coral coverage. The Reef Institute seeks to reverse that damage.

This summer, two of New Smyrna Beach High School's aquaculture students, Jalynn Brown and Emma Wilson participated in an internship at The Reef Institute. They jointly lived in West Palm Beach while working with the institute to study, propagate, and conduct coral research, field work, and aquarium care of a variety of species.

"It was an amazing experience to work with marine biologists in the field and the in lab; and to see how their efforts, and ours, are making a positive impact on marine life and on the entire ocean ecosystem," says Emma Wilson. Jalynn Brown added, "Corals are keystone species. Their health directly affects the health of many species. Having the opportunity to work and learn from scientists who are helping to save the ocean and its species was the opportunity of a lifetime! It helped me to understand the importance of research while also helping me decide the career path I want to pursue."



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## Ag

This summer at McMillion Creek Ranch, New Smyrna Beach High School Ag Students participated in an artificial insemination (AI) demonstration. The goal was for students to see first-hand how AI transfers specific genetics for desirable livestock traits. McMillion Creek Ranch is a local business partner, and they offered our students the opportunity to learn industry techniques that are used worldwide in the livestock industry. In fact, lucrative careers are built on understanding AI methodology for selective livestock breeding. An Artificial Insemination Technician, on average, makes approximately \$73,000. Students were excited to have this unique opportunity!

## Healthy Bites: Southwestern Chicken

### INGREDIENTS

- 1 tablespoon vegetable oil
- 4 skinless, boneless chicken breast halves
- 1 (10 ounce) can diced tomatoes with green chile peppers
- 1 (15 ounce) can black beans, rinsed and drained
- 1 (8.75 ounce) can whole kernel corn, drained
- 1 pinch ground cumin

### INSTRUCTIONS

In a large skillet, heat oil over medium high heat. Brown chicken breasts on both sides. Add tomatoes with green chile peppers, beans and corn. Reduce heat and let simmer for 25 to 30 minutes or until chicken is cooked through and juices run clear. Add a dash of cumin and serve.

Nutrition Facts Per Serving (makes four servings):

310 calories; protein 35g; carbohydrates 27.9g; fat 6.4g; cholesterol 68.4mg; sodium 863.4mg.



For more information on Wellness or to schedule a Wellness Event at your area please contact:

Deia' Goff

Wellness Coordinator

[degoff@volusia.k12.fl.us](mailto:degoff@volusia.k12.fl.us)

386-734-7190 ext. 20302

The virtual newsletter may be found on the Wellness Page

'Cuda Chronicles'  
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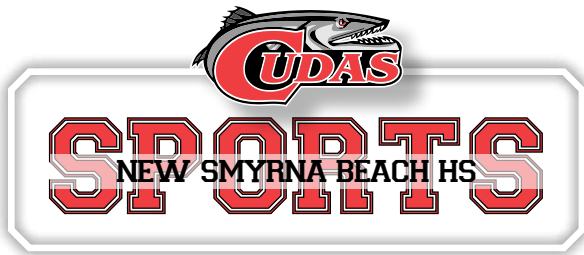
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## 2022 New Smyrna Beach Volleyball Schedule

Date	Opponent	Location	Time	Address
8/18	Alumni/Red + Black	NSB	6	The Tank
8/20	Bishop Kenny Preseason	Bishop Kenny	TBA	1055 Kingman st. Jax
8/23	Fleming Island	NSB	5/6:30	The Tank
8/25	Winter Park	Winter Park	5/6:30	2100 Summerfield Rd
8/30	Viera	Viera	5:30/6:30	6103 Stadium Parkway
9/2-9/3	Nike Tournament of Champions	Wiregrass Ranch	All Day	3021 Sports Coast Way
9/6	Lake Mary	Lake Mary	5/6:30	655 Longwood Lake Mary Rd
9/8	Timber Creek	Timber Creek	5:30/6:30	1001 Avalon Park Blvd
9/13	Spruce Creek	NSB	5:30/6:30	The Tank
9/15	Forest	NSB	5:30/6:30	The Tank
9/16-17	Oviedo JV Tournament	Oviedo	TBA	601 King St
9/20 wk	Five Star Conference Tourn.	TBA	TBA	TBA
9/27	Deland	NSB	5:30/6:30	The Tank
9/29	Winter Springs	NSB Senior Night	5:30/6:30	The Tank
9/30	Spruce/DME Tournament	DME	Fri/Sat	2441 Bellevue Ave Ext.
10/4	Lake Highland Prep	Lake Highland Prep	5/6:30	901 Highland Ave
10/6	Seabreeze	Seabreeze	5/6:30	2700 N Oleander Ave
10/13	Burns @ NSB JV ONLY	NSB	5:30	The Tank
10/15	Matanzas/Burns/Warner JV Onl	DME	TBA	2441 Bellevue Ave
10/17	District Playoff Week	TBA	TBA	TBA



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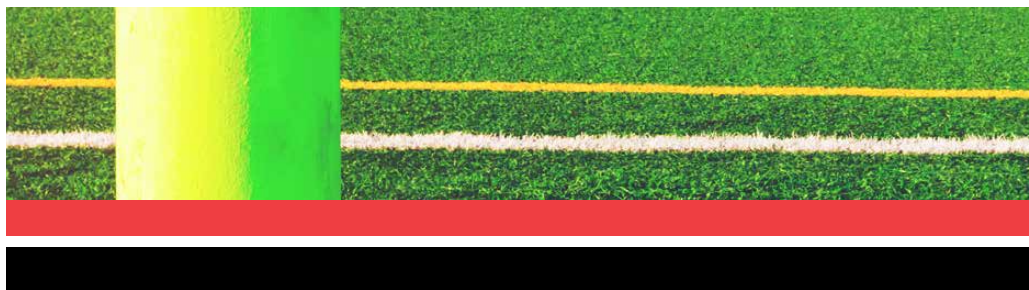
## 2022 JV and Varsity Football Schedule

### VARSITY FOOTBALL

AUG 19	TITUSVILLE, BEACHSIDE	H	
AUG 26	EAST RIVER	H	
SEP 2	ZEPHYRHILLS CHRISTIAN	A	
SEP 8	CENTRAL FLORIDA CHRISTIAN	H	(POP WARNER NIGHT)
SEP 16	CRYSTAL RIVER	A	
SEP 23	BYE		
SEP 30	UNIVERSITY	A	
OCT 7	SUNLAKE	H	(HOMECOMING)
OCT 14	SEBASTIAN RIVER	A	
OCT 21	SPRUCE CREEK	H	
OCT 27	DELAND	H	(POP WARNER NIGHT)
NOV 4	LEON	H	(SENIOR NIGHT)

### JV FOOTBALL

AUG 25	ATLANTIC	H
SEPT 6	PINE RIDGE	H
SEPT 22	SPRUCE CREEK	A
SEPT 29	DELAND	H
OCT 6	MATANZAS	A
OCT 13	TITUSVILLE	H



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*The Mayan women of Flor de Tajonal Pakchen give presentation on their meliponario business*



*The young Mayan girls helping their moms with the bee keeping business*

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## World Languages News

### Cuda Teachers Participate in Global Teacher Leader Institute in Sister City, Campeche México

This summer, eight Florida teachers of CTE and various disciplines participated in the fifth Global Teacher Leader Institute (GTLI), a K-16 professional development program organized and led by the University of Florida Center for Latin American Studies (UF CLAS) and Sister Cities of Volusia. The program is funded by a USDOE International Foreign Language Education (IFLE) grant and aims to help educators integrate global perspectives and experiential learning into Florida classrooms. GTLI participants visited schools and colleges, visited archeological and cultural sites, and learned about Mexico in general. They met with local educators and students and many will continue work with schools through virtual collaborations in the coming academic year.

NSBHS Culinary teacher, Dana Luff, and World History and Spanish teacher, Chris Gellermann, participated in the Global Leader Institute. Chef Luff was able to visit and participate in hands on learning with the culinary program at *El Instituto Campechano*. Ms. Luff participated in further virtual exchange training this summer with a partner teacher from Campeche, México.

Mr. Gellermann, a Volusia County Sister Cities board member, has been involved for several years with teacher exchanges between Volusia County and sister city, Campeche, México. One of his favorite experiences from this Summer's Institute was the visit to the village of Pomuch. This small Mayan community is famous for its customs associated with *el día de los Muertos*. They not only clean and decorate the tombs of their deceased loved ones, but they also clean the bones of the deceased each year as part of the preparation. The bones are kept and in boxes and are visible to visitors as the cemetery vaults are open to the sun and air.

Another fascinating experience was the visit to a group of Mayan women entrepreneurs, *Flor de Tajonal Pakchen*. These women are helping to bring back the stingless Melipona bee that the Mayans traditionally raised. The honey is claimed to have medicinal qualities. After the visit to the *meliponario* the teacher group visited the nearby Mayan ruins of *Santa Rosa Xtampak*.

Ms. Luff and Mr. Gellermann met Tirso Garcia Sandoval in Campeche. He is a Cuda!



*Chef Luff practices flower carving with soap at El Instituto Campechano*

He attended NSBHS in 1995 as a Sister Cities exchange student. He remembers a few teachers very well; coach Keehoe, Sra. Galliano and Mr. Young. Tirso had invited the teacher group to *El Club Náutico* for some beach time after climbing the Mayan ruins of Edzna.

For more information on global professional development opportunities and free resources, please visit <https://www.latam.ufl.edu/outreach/> or reach out to Mary Risner at [mriskner@latam.ufl.edu](mailto:mriskner@latam.ufl.edu) Ms. Luff and Mr. Gellermann would also love to share more information about their experiences and you can contact them through the school.

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Mr. Gellermann  
and Ms. Luff gift  
a Cuda T-shirt  
to Campeche  
program  
coordinator  
Eduardo Aguilar



Entrance to the famous Day of  
the Dead cemetery in Pomuch



Cemetery  
vault in  
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Ms. Luff and  
Mr. Gellermann  
with Campeche  
Cuda alum, Tirso  
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## From the Desk of Your College and Career Resource Counselor

Welcome back, Barracuda's!

I am especially glad to have the opportunity to serve as the College and Career Resource Counselor for New Smyrna Beach High School. Every new school year brings remnants from the past and hopes for the future. While you are gathering your thoughts and ideas for the year ahead, please take time to reflect on your successes and what you've yet to do in your life.

Right now, and throughout the year, know that I am here for you. I will be sharing resources and information to support you in your personal career quest through college and career representatives as well as visits from military recruiters, interest inventories and individual counseling sessions. Check your @vcs2go.net mail for upcoming events! I am committed to supporting you in achieving your hopes for the future.

You are amazing individuals, and I encourage you to ensure that your mind and body is healthy and ready to succeed. I can't wait to hear about all the great things to come!

Kindest regards,

Marla DeLoach Griffin, M.Ed

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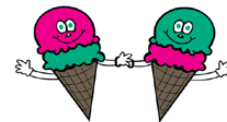
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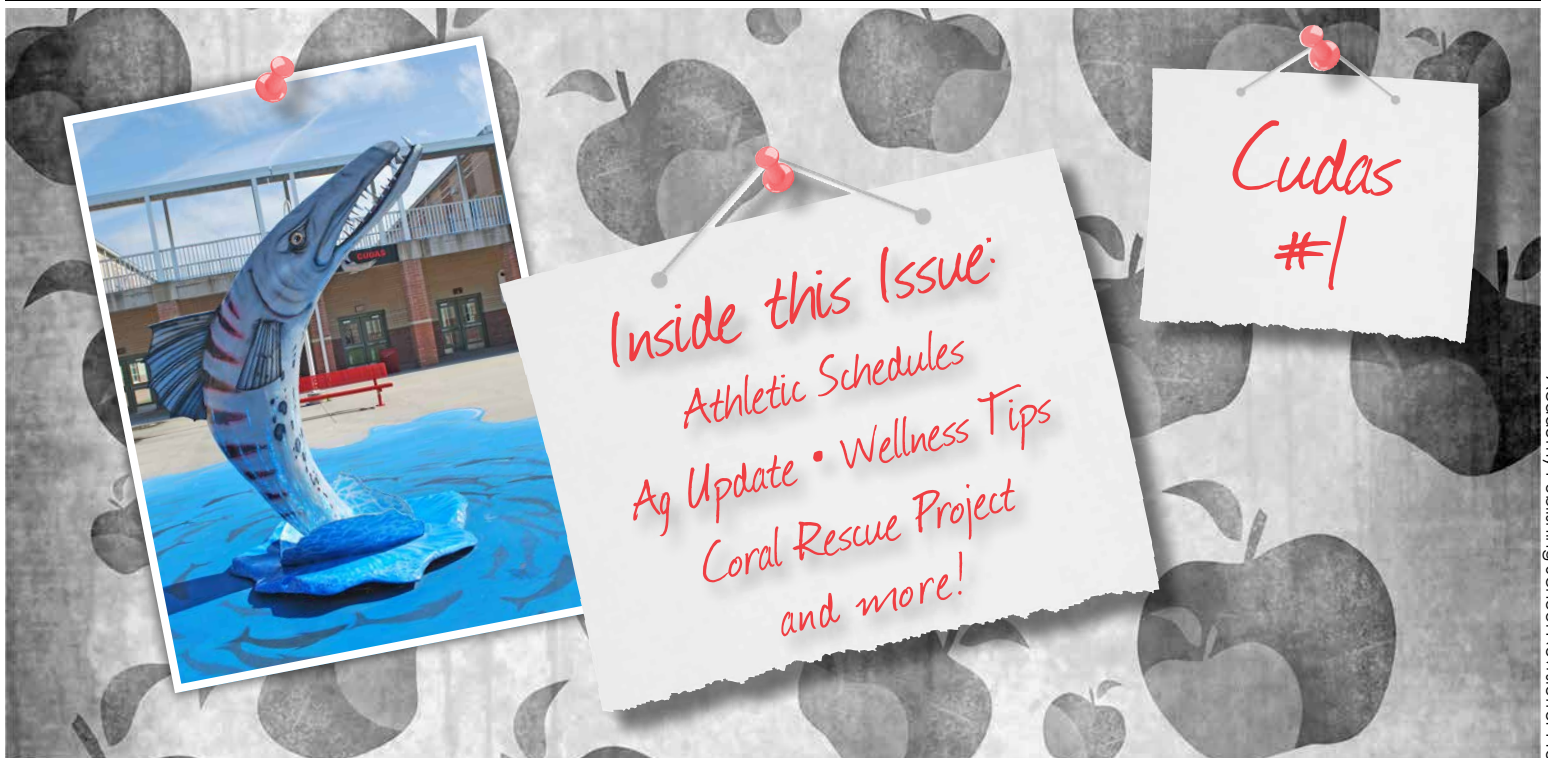


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