

# Rawlins Middle School

## September Lunch

2022

Monday

Tuesday

Wednesday

Thursday

Friday

**Please remember meals are no longer free to all students for the 2022-2023 School Year. Be prepared to put money into your students meal account. The Free & Reduced Price Applications are now available at [crb1.net/meals](http://crb1.net/meals)**

5 **No School Today**  
**HAPPY LABOR DAY**

6 Spaghetti Bowl  
Bread Stick  
Salad Bar  
Fresh Pear  
Chocolate Milk  
White Milk

7 Mandarin Orange  
Chicken  
Rice  
Salad Bar  
Fortune Cookie  
Canned Fruit  
Chocolate Milk  
White Milk

8 Cheese Burger  
Crinkle Fries  
Salad Bar  
Frozen Juice Cup  
Chocolate Milk  
White Milk

9 Chicken Salad Wrap  
Salad Bar  
Green Beans  
Chilled Fruit  
Chocolate Milk  
White Milk

12 Po' Boy Chicken  
Sandwich  
Salad Bar  
Variety Fresh Veggie  
Canned Fruit  
Yogurt Cup  
Chocolate Milk  
White Milk

13 Sloppy Joe  
Salad Bar  
Green Beans  
Cheese Stick  
Fresh Fruit  
Chocolate Milk  
White Milk

14 Chicken Alfredo  
Steamed Broccoli  
Salad Bar  
Chilled Fruit  
Chocolate Milk  
White Milk

15 Nachos  
Corn Chips  
Salad Bar  
Refried Beans  
Fresh Veggie  
Fresh Fruit  
Chocolate Milk  
White Milk

16 Cheese Stuffed  
Breadsticks  
Fresh Cauliflower  
Salad Bar  
Fresh Fruit  
Chocolate Milk  
White Milk

19 **No School Today**  
**Professional Development**

20 Breaded Pork Patty  
Mashed Potatoes &  
Gravy  
Salad Bar  
Fresh Fruit  
Graham Snack  
Chocolate Milk  
White Milk

21 Teriyaki Chicken  
Rice  
Salad Bar  
Variety Fresh Veggie  
Canned Fruit  
Chocolate Milk  
White Milk

22 Beef Taco  
Refried Beans  
Salad Bar  
Fresh Pear  
Chocolate Milk  
White Milk

23 Mac & Cheese Bowl  
Salad Bar  
Dinner Roll  
Fresh Fruit  
Chocolate Milk  
White Milk

26 Cheeseburger Mac  
Bread Stick  
Salad Bar  
Fresh Fruit  
Chocolate Milk  
White Milk

27 Deli Sub  
Chips  
Salad Bar  
Baked Beans  
Fresh Fruit  
Chocolate Milk  
White Milk

28 Chicken Fried Rice  
Veggie Egg Roll  
Salad Bar  
Chilled Fruit  
Chocolate Milk  
White Milk

29 Pork Patty Melt  
Sweet Potato Tots  
Salad Bar  
Chilled Fruit  
Chocolate Milk  
White Milk

30 Drumstick  
Potato Wedges  
Salad Bar  
Fresh Fruit  
Yogurt Cup  
Chocolate Milk  
White Milk

**This institution is an equal opportunity provider.**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**A variety of condiments available where applicable.**

**Service Times**

**6th Grade**

**Monday - Thursday** 11:18 AM to 11:48 AM

**Friday** 10:57 AM to 11:27 AM

**7th Grade**

**Monday - Friday** 12:04 PM to 12:34 PM

**Friday** 11:27 AM to 11:56 AM

**8th Grade**

**Monday - Thursday** 12:50 PM to 1:20 PM

**Friday** 11:56 AM to 12:25 PM