

# Elida HS Lunch **September** 2022

We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain changes.

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

September 26	September 27	September 28	September 29	September 30
Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	No School Staff Professional Development Day	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk
Scrambled Eggs & Cheese 3 Hash Brown Patties 20 Fresh Carrots 12 Cinnamon Roll 30 100% Juice Milk	Chicken Tender Wrap W/ Lettuce & Cheese 50 Baked Beans 33 Fresh Veggies Fresh Fruit Choices Milk		Bacon Cheeseburger Sandwich 25 Mashed Potatoes 21 Gravy 3 Fresh Carrots 12 Fresh Fruit Choices Milk	Jalapeno & Cheddar Sausage On a Bun 32 Assorted Chip Choice 20 Green Beans 4 Diced Pears 16 Fresh Fruit Milk
Scrambled Eggs & Cheese 3 Hash Brown Patties 20 Fresh Carrots 12 Cinnamon Roll 30 100% Juice Milk	Meatball Sub 39 Mozz Cheese 1 Baked Beans 33 Fresh Veggies Fresh Fruit Choices Milk		Salisbury Steak 3 Mashed Potatoes 21 Gravy 3 Fresh Carrots 12 Biscuit 24 Fresh Fruit Choices Milk	Mozzarella Cheese Sticks 33 Marinara Sauce 6 Chocolate Chip Muffin 28 Green Beans 4 Diced Pears 16 Fresh Fruit Milk
Pizza Hash Brown Patties 20 Fresh Carrots 12 Cinnamon Roll 30 100% Juice Milk	Pizza Baked Beans 33 Fresh Veggies Fresh Fruit Choices Milk		Pizza Mashed Potatoes 21 Gravy 3 Fresh Carrots 12 Biscuit 24 Fresh Fruit Choices Milk	Pizza Green Beans 4 Diced Pears 16 Fresh Fruit Milk

**The USDA No Charge Meal Waiver has expired.** Please note that unless you have submitted a new 2022-2023 Free & Reduced Meal Application & been notified off approval, your student will be charged for their meal.

### Meal Cost:

**Lunch:** Paid \$285, Reduced \$0.40, Free to those who qualify

### Breakfast:

Paid \$1.00

Reduced & Free to those who qualify— No Charge

### Online Payment Site & Free & Reduced Application

#### Location:

[payschoolscentral.com](https://payschoolscentral.com)

### Popcorn Chicken Salad Offered

**Daily:** Popcorn Chicken, lettuce, cheese & shredded carrots 22  
 Student may also choose: Frozen Peas 5, Chickpeas 10, Sun Chips 19, Fruit & Milk

**Carb counts:** White milk 13 / Chocolate milk 19 / Strawberry milk 19

BBQ sauce 5 / Ketchup 2 / Mayo 2 / Syrup 30 / Veggie Dip 2 / S&S Sauce 11 / French Dressing 12 / Italian Dressing 4 / Ranch Dressing 8, Taco sauce 1 / Honey 7.  
 Banana 27 / Oranges 21 / Whole apple 19 / Grapes 18  
 Apple & Orange Juice 14 / Grape Juice 19

Breakfast is available daily, students are to come directly to the cafeteria