

Elida HS Lunch **September** 2022

We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain changes.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

September 19	September 20	September 21	September 22	September 23
Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk	Popcorn Chicken Salad Doritos 20 Fruit Choice Fresh Fruit Milk
Spicy Chicken Sandwich 40 Seasoned Corn 24 Refried Beans 31 Fresh Carrots 12 100% Juice Fresh Fruit Milk	Chicken Tender Wrap W/ Lettuce & Cheese 50 Seasoned Corn 24 Fresh Veggies Fresh Fruit Choices Milk	French Toast Sticks 57 Sausage Links 0 Potato Bites 19 Fresh Carrots 12 Strawberry Cup 22 Fresh Fruit Milk	Bacon Cheeseburger Sandwich 27 Green Beans 4 Bulldog Bake 25 Applesauce 22 Fresh Fruit Milk	Jalapeno & Cheddar Sausage On a Bun 28 Assorted Chip Choice 20 Steamed Broccoli 9 Fresh Veggies Fresh Fruit Choices Milk
Nachos W/Meat & Cheese 51 Refried Beans 31 Fresh Carrots 12 100% Juice Fresh Fruit Milk	Pepperoni Calzone 32 Marinara Sauce 3 Seasoned Corn 24 Fresh Veggies Fresh Fruit Choices Milk	French Toast Sticks 57 Sausage Links 0 Potato Bites 19 Fresh Carrots 12 Strawberry Cup 22 Fresh Fruit Milk	Chicken Tenders 16 Green Beans 4 Bulldog Bake 25 Warm Biscuit 24 Applesauce 22 Fresh Fruit Milk	Macaroni & Cheese 27 Steamed Broccoli 9 Fresh Veggies Soft Pretzel Twist 20 Fresh Fruit Choices Milk
Pizza Refried Beans 31 Fresh Carrots 12 100% Juice Fresh Fruit Milk	Pizza Seasoned Corn 24 Fresh Veggies Fresh Fruit Choices Milk	Pizza Potato Bites 19 Fresh Carrots 12 Strawberry Cup 22 Fresh Fruit Milk	Pizza Green Beans 4 Bulldog Bake 25 Applesauce 22 Fresh Fruit Milk	Pizza Steamed Broccoli 9 Fresh Veggies Fresh Fruit Choices Milk

The USDA No Charge Meal Waiver has expired. Please note that unless you have submitted a new 2022-2023 Free & Reduced Meal Application & been notified off approval, your student will be charged for their meal.

Meal Cost:

Lunch: Paid \$285, Reduced \$0.40, Free to those who qualify

Breakfast:

Paid \$1.00

Reduced & Free to those who qualify— No Charge

Online Payment Site & Free & Reduced Application

Location:

payschoolscentral.com

Popcorn Chicken Salad Offered

Daily: Popcorn Chicken, lettuce, cheese & shredded carrots 22
Student may also choose: Frozen Peas 5, Chickpeas 10, Sun Chips 19, Fruit & Milk

Carb counts: White milk 13 / Chocolate milk 19 / Strawberry milk 19

BBQ sauce 5 / Ketchup 2 / Mayo 2 / Syrup 30 / Veggie Dip 2 / S&S Sauce 11 / French Dressing 12 / Italian Dressing 4 / Ranch Dressing 8, Taco sauce 1 / Honey 7.

Banana 27 / Oranges 21 / Whole apple 19 / Grapes 18

Apple & Orange Juice 14 / Grape Juice 19

Breakfast is available daily, students are to come directly to the cafeteria