

SEPTEMBER | 2022



We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain changes. Free & Reduced meal applications are available all year at www.payschoolscentral.com. Approved applications may receive additional benefits

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Funnel Cake 43 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	2 Pop Tart 76 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk
5 No School	6 Cinnamon Roll 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	7 Glazed Donut 29 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	8 Mini Pancakes 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	9 Pop Tart 76 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk
12 Banana Bread 45 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	13 Soft Cinnamon Pretzel Stick 30 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	14 French Toast Mini 37 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk 2 Hour Delay	15 Funnel Cake 43 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	16 Pop Tart 76 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk
19 Chocolate Chip Muffin 33 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	20 Cinnamon Roll 40 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	21 Glazed Donut 29 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	22 Mini Pancakes 36 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	23 Pop Tart 76 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk
26 Banana Bread 45 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	27 Soft Cinnamon Pretzel Stick 30 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	28 No School Staff Professional Development Day	29 Funnel Cake 43 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk	30 Pop Tart 76 Or 2 nd Choice Applesauce Cup 17 100% Juice Milk

The USDA No Charge Meal Waiver has expired. Please note that unless you have submitted a new 2022-2023 Free & Reduced Meal Application & been notified of approval, your student will be charged for their meal.

**Meal Cost:
Breakfast:**

Paid Students \$1.00
Approved Free & Reduced Students- No Charge

Charge policy: No charging allowed at breakfast.

Breakfast is available daily. Students are to come directly to the cafeteria from the bus.

Carb Counts: Milk-White 13/Chocolate 19/ Strawberry 19
Juice- Apple & Orange Juice 14 / Grape Juice 19

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