

## CLEAR SPRINGS HIGH SCHOOL

# Guidance & Counseling

2022-2023

## Clear Springs High School Mission Statement



The mission of Clear Springs High School, the beacon of innovative learning, is to cultivate self-direction, confidence, and commitment to excellence by instilling uncompromising character, a strong work ethic, and meaningful relationships.

## Student Guidance and Counseling Services

The CSHS Guidance and Counseling Team welcomes you to the 2022-2023 school year! Our first priority is our students. We readily make ourselves available to students in need of guidance and counseling throughout the school day. To ensure all students are well-served with the time and attention they deserve, **we ask that parents/guardians make an appointment** with their student's counselor to allow adequate scheduling and preparation.

We are committed to providing our students with a comprehensive guidance and counseling program to include:

**Guidance curriculum** to assist students with the development of essential core values and self-management/social skills needed to enhance their personal-social, educational, and career growth. Topics included are:

- Bullying Prevention
- Character Education/CCISD Core Values
- Personal Safety
- Cultural Diversity
- Healthy Relationships/Dating Violence
- Drug and Alcohol Awareness
- Suicide Prevention
- Youth Mental Health

**Responsive services** to intervene on behalf of those students whose immediate personal concerns or problems put their continued personal-social, career, and/or educational development at risk.

**Individual planning** to guide all students as they plan, monitor, and manage their own educational, career, and personal-social development.

**System support** to link faculty, staff, parents, and community members in promoting the educational, career, personal, and social development of students.

## CSHS Guidance & Counseling Team

Students with Last Name	Counselor
<b>A and Programs</b>	Kristi Gann krgann@ccisd.net 281-284-1428
<b>B-Fo</b>	Valerie Strickland vstrickland@ccisd.net 281-284-1342
<b>Fr-LI</b>	Angela Alksne alksne@ccisd.net 281-284-1344
<b>Lo-Ri</b>	Iraima Lopez-Bauer ilopezba@ccisd.net 281-284-1345
<b>Ro-Z</b>	Tracie Knutson tknutson@ccisd.net 281-284-1348
<b>Student Support Counselors</b>	Dedra Etzel detzel@ccisd.net 281-284-1452 Karen Grayson kgrayson@ccisd.net 281-284-1484
<b>Counseling Interns</b>	Kristen Cevallos kcevallos@ccisd.net Danyale Antley dantley@ccisd.net
<b>College &amp; Career Specialist</b>	Natalie Nysten nnylen@ccisd.net 281-284-1397
<b>Communities in Schools Coordinator</b>	Linda Deckert ldeckert@ccisd.net 281-284-1346
<b>Lead Counselor &amp; Director of College Counseling</b>	Denise Cottenoir dcottenoir@ccisd.net 281-284-1340

# Personal Counseling for ALL Students

School Counselors are available to assist students with a wide range of personal concerns including such areas as social, family, emotional, mental health, or substance abuse. A student may request to visit the school counselor's office and parents may request resources from a counselor.

A student who wishes to meet with a school counselor about personal concerns should request to visit the school counselor's office **by filling out an online form in the Student Support Counselor course or the CSHS Counseling Corner course in itsLearning.**

If a parent is concerned about their child's mental or emotional health, please call the CSHS Counseling Office at 281-284-1341 and ask to speak with a school counselor for a list of resources that may be of assistance.

**Student Support Groups** — In order to meet the personal needs of students, school counselors may also offer support groups on a recurring basis. The support groups meet during the school day for approximately 45 minutes per week. The class time in which groups meet rotates so students do not miss any class more than once every nine weeks. These groups are intended to provide a safe, confidential, and supportive setting for the students to discuss concerns and practice behaviors that will support growth and development.

*If a parent/guardian does not want their student to participate in a support group, written documentation of denial of services will need to be provided to the school counselor.*

**Counseling Practicum/Intern** — We are excited to have Ms. Kristen Cevallos and Mrs. Danyale Antley sup-

port our campus as Counseling Practicum/Intern Students. University of Houston, Clear Lake and Lamar University trains individuals to be school counselors and licensed professional counselors. As part of this training, counselor practicum/intern students work to support the Texas Comprehensive Counseling Program at our campus. If Ms. Cevallos or Mrs. Antley is going to work with your student on a regular basis, an additional consent from will be sent home. Ms. Cevallos will be supported by Mrs. Karen Grayson, Student Support Counselor at Clear Springs High School and her professor from University of Houston, Clear Lake. Mrs. Antley will be supported by Mrs. Valerie Strickland, High School Counselor and her professor from Lamar University.

**SCHOOL COUNSELOR**  
I'LL BE THERE FOR YOU

## Virtual Counseling

Virtual Counseling support may occur throughout the school year with students during a change in the CCISD COVID-19 protocol. Virtual counseling supports may include: itsLearning messaging/chat, video conferencing, guidance lessons in coordination with your stu-

dent's teacher or support groups via Teams, etc. If a counselor wants to schedule a Teams meeting with a student, the counselor will first contact the parent to gain permission as well as review the limits of confidentiality.




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*For more information about the CSHS Counseling Program and Curriculum, parents can make an appointment to review and discuss materials by calling the CSHS Counseling Office at 281-284-1341.*

# CCISD Core Values & Social-Emotional Learning (SEL) Curriculum



## CCISD Core Values

CCISD has six core values, or standards of behavior, that we have adopted from the Character Counts 6 Pillars. Clear Springs integrates these core values daily into their school community, not only modeling but teaching students how to demonstrate these values.

The CCISD Core Values are:

- ◆ **Trustworthiness** – Act with honesty in all that you do
- ◆ **Respect** – Value yourself and others
- ◆ **Responsibility** – Own your choices
- ◆ **Fairness** – Play by the rules and consider the needs of others
- ◆ **Caring** – Be kind to others
- ◆ **Citizenship** – Work to improve your school, community, and country

## Character Strong

Clear Springs High School integrates the *Character Strong* curricula with the CCISD Core Values to teach Social Emotional Learning and Character at the same time. CSHS integrates SEL competencies into their school community through explicit teaching and modeling of skills.

*Character Strong* Develops:

- ◆ **Respect**
- ◆ **Commitment**
- ◆ **Honesty**
- ◆ **Kindness**
- ◆ **Forgiveness**
- ◆ **Patience**
- ◆ **Humility**
- ◆ **Selflessness**



CCISD Social and Emotional Learning (SEL) Timeline 2022 – 2023

Month	STANDARD OF BEHAVIOR	SEL CURRICULUM + EXPLICIT TEACHING AND MODELING OF SKILLS		
	CCISD CORE VALUES	LEADER IN ME HABITS	PURPOSEFULL PEOPLE TRAITS	CHARACTER STRONG TRAITS
August	TRRFCC	Overview of Habits	Creativity	Overview of Traits
September	Respect	Be Proactive	Respect	Respect
October	Responsibility	Begin with the End in Mind	Responsibility	Commitment
November	Citizenship	Put First Things First	Gratitude	Humility
December	TRRFCC	Overview of Habits	Courage	Overview of Traits
January	Trustworthiness	Think Win-Win	Honesty	Honesty
February	Caring	Seek First to Understand, Then Be Understood	Kindness	Kindness
March	Caring	Seek First to Understand, Then Be Understood	Empathy	Forgiveness
April	Fairness	Synergize	Cooperation	Patience
May	TRRFCC	Sharpen the Saw	Perseverance	Selflessness

**Remember:** CORE VALUES = standards of behavior SEL = explicit teaching, modeling, and practicing of the standards of behavior

## College & Career Readiness

We are committed to our Superintendent’s goal of ensuring that every student has a post secondary plan leading to college or a career. To help you prepare for high school and beyond, CCISD offers various informational nights and programs.

District sponsored informational nights include:

- ◆ **CCISD Financial Aid Night**  
September 28, 2022  
CCISD Livestream Event

- ◆ **CCISD College & Career Fair**  
October 26, 2022  
The Education Village (Clear Falls High School)

CCISD offers an array of rigorous Career and Technical Education programs. Some programs lead to certifications before graduation.

These programs are:

- ◆ Automotive Technology
- ◆ Biomedical Science
- ◆ Biotechnology

- ◆ Broadband Communications
- ◆ Certified Nursing Assistant
- ◆ Computer Technician
- ◆ Construction Technology
- ◆ Cosmetology
- ◆ Culinary Arts
- ◆ Metal Manufacturing
- ◆ Pharmacy Technician
- ◆ Registered Dental Assistant



## Getting Connected with Naviance

CCISD is pleased to provide *Naviance Student*, a web-based service designed especially for students and parents. *Naviance* offers a comprehensive website that you and your student can use to help in making decisions about courses, colleges, and careers.

Use your *Naviance Student* account for:

- ◆ **4-Year Planning**—View and manage your high school course planning.

- ◆ **Method Test Prep**—Prepare for the ACT/SAT with this free test preparation.

- ◆ **Achieve Works Assessments** — Investigate interests and options using the grade level specific assessments.

- ◆ **Managing Your Account**— Update your profile, including our parents’/guardians’ email address to they can have their own account.

### NAVIANCE LOGIN INFORMATION

1. Go to: <https://student.naviance.com/clearsprings>
2. Enter User Name & Password
  - ◆ User Name: School ID#
  - ◆ Password: Lunch Pin#

*Remember, parents and students have separate accounts. Parent accounts have different functionality than student accounts.*

**Questions about your account? Contact Mrs. Nylen at [nnylen@ccisd.net](mailto:nnylen@ccisd.net).**

## College & Career Online Resources

Clear Creek ISD  
<https://www.ccisd.net/>

CCISD Guidance & Counseling  
[https://www.ccisd.net/departments/guidance\\_and\\_counseling](https://www.ccisd.net/departments/guidance_and_counseling)

Clear Springs High School  
<https://clearsprings.ccisd.net/>

ACT  
<https://www.act.org/>

Apply Texas  
<https://goapplytexas.org/>

College Board (SAT, PSAT & AP Exams)  
<https://www.collegeboard.org/>

The Common Application  
<https://www.commonapp.org/>

Core Course GPA  
[www.CoreCourseGPA.com](http://www.CoreCourseGPA.com)

FAFSA  
<https://studentaid.ed.gov/sa/fafsa>

Naviance  
<https://student.naviance.com/clearsprings>

NCAA  
<http://www.ncaa.org/>

- CSHS itsLearning Courses
- ◆ College and Career Information
  - ◆ CSHS Counseling Corner
  - ◆ Charger Support Counselors



NAVIANCE STUDENT

